



*The Ohio Commission  
on Minority Health*

**2014 MINORITY  
HEALTH MONTH  
CALENDAR OF EVENTS**  
*a 30-day wellness  
campaign*

**Good Health  
Begins With You!®**



# “APRIL IS MINORITY HEALTH MONTH”

## MINORITY HEALTH MONTH BACKGROUND :

Minority Health Month (MHM) was created in Ohio in April 1989. The first celebration featured 81 community initiated events. We were elated, since our goal was for one event to be conducted each day “throughout Ohio”. Minority Health Month was designed to be a 30-day inclusive, high visibility wellness campaign.

The month has grown to over a hundred events planned and executed by community based agencies and organizations. The creativity of these initiatives has been extraordinary.

In 2000, MHM became a national celebration.

The five goals established for the month, from inception, remain valid today. Those goals are to:

- provide crucial information to allow individuals to practice disease prevention;
- promote healthy lifestyles;
- showcase the providers of grassroots healthcare resources and information;
- highlight the disparate health conditions between Ohio’s minority and non minority populations; and
- to gain additional support for on-going efforts to improve minority health year round.



*March 27, 2014*

Official State of Ohio Kick-Off  
**2014 Health Expo & Award Ceremony  
for Minority Health Month**

9:00am - 2:00pm  
Health information, screening, and ethnic edutainment will be available. Awards will be presented to awardees from all across the state of Ohio

77 S. HIGH ST., 3RD FLOOR LOBBY - COLUMBUS

**Sponsored By:**  
Ohio Commission on Minority Health  
(614) 466-4000

*March 29, 2014*

Official Youngstown Kick-Off  
**Youngstown Citywide Minority Health  
Month Expo**

8:00am - 1:00pm  
This event will feature Dr. Darrel Lynn Grace who will speak on preventive health practices. Fitness demonstrations will be conducted to Kick-off Youngstown's "Lets Move Campaign." Health screenings will be conducted by The Black Nurses Association.

ARLINGTON HEIGHTS RECREATION CENTER  
801 PARK AVE. – YOUNGSTOWN

**Sponsored By:**  
Youngstown City Health District  
(330) 743-3333 Ext 238

*March 29, 2014*

Official Dayton Kick-Off  
**2014 Minority Health Month Kick-Off  
Celebration**

10:00am - 2:00pm  
The 2014 Kick-off will feature free health screenings including cholesterol, blood pressure, blood glucose, confidential HIV screenings, health education sessions, and health exhibits with information on services and community resources.

DR. CHRALES R. DREW HEALTH CENTER  
1323 W. THIRD ST. – DAYTON

**Sponsored By:**  
Public Health Dayton & Montgomery County  
(937) 225-4962

*April 1, 2014*

Official Summit County Kick-Off  
**Oral Health Day**

9:00am - 3:00pm  
This event will raise awareness about oral health in the minority population in Summit County. Toothbrushes, dental floss and toothpaste will be distributed to attendees. Oral health/cancer screenings, oral prophylaxis and referrals will be provided.

INTERNATIONAL INSTITUTE OF AKRON  
207 E. TALLMADGE AVE. – AKRON

**Sponsored By:**  
Summit County Public Health  
(330) 926-5764

*April 2, 2014*

**Healthy Neighbors Awareness Day**

10:00am - 2:00pm  
This event will focus on nutrition, education and physical activities. Participants will receive blood pressure, blood sugar, cholesterol and pregnancy test screenings conducted by registered nurses.

MERCY FAMILY CARE CTR.  
2213 FRANKLIN AVE. – TOLEDO

**Sponsored By:**  
Mercy St. Vincent Medical Center  
(419) 251-2360

*April 3, 2014*

**Infant Mortality Prevention**

9:00am - 10:30am  
This event will provide infant mortality prevention information to service agencies, government/non-government agencies, and the general public. Participants will receive electronic materials to share with their clientele.

ERIE COUNTY HEALTH DEPARTMENT  
420 SUPERIOR ST. - SANDUSKY

**Sponsored By:**  
Erie County Health Department  
(419) 626-5623

*April 3, 2014*

**"How to Avoid Diabetes and Other  
Chronic Weight-Related Diseases"**

6:00pm– 8:00pm  
This event will include a lecture by a physician on how to avoid Diabetes, and a cooking demonstration by a licensed dietician on the types and quantities of food that should be consumed by individuals who are at high-risk of contracting these diseases.

B.I.C. BUILDING  
261 MECHANIC ST. – CHILLICOTHE

**Sponsored By:**  
Ross County Community Action Commission, Inc.  
(740) 702-7222

*April 3, 2014*

**W.O.W. Series for Minority Health  
Month**

6:00pm - 7:00pm  
Working on Weight (WOW) Loss is a 30 Day Program starting on Thursday April 3rd from 6-7pm devoted to measuring weight loss goals and progress. The expected outcome is a minimum of 10lbs lost in 4 weeks with guidance on proper nutrition and exercise. WOW participants would also participate in the 21 Day Wellness Pledge.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE  
1739 BURROUGHS DR. – DAYTON

**Sponsored By:**  
American Fitness Health & Wellness Institute  
(937) 275-3770

*April 4, 2014*

**Creation Stations**

6:00pm - 8:00pm  
This event will allow participants to sample fresh fruit and vegetables in a workshop based on "Choose My Plate". In addition, a healthy recipe contest will be sponsored for elementary students at a celebratory event called Creation Stations.

SUMMA CENTER FOR HEALTH EQUITY  
1493 S. HAWKINS ST. - AKRON

**Sponsored by:**  
Summa Center for Health Equity at New Seasons  
(330) 865-5365

*April 4, 2014*

**Girls Circle – 24/7 Guys**

7:00pm - 10:00pm

Girls Circle is a program for girls that will address healthy life styles, physical fitness, hygiene, and building self-esteem.

24/7 Guys is a program dealing with violence, bullying, choosing alternatives in sports, fitness, and running.

CAMP CARL

8054 CALVIN RD. – RAVENNA

**Sponsored By:**

Community Outreach Positive Alternative Training (COPAT)  
(330) 327-6554

*April 4, 2014*

**Urban Ounce of Prevention Minority Health Fair**

10:00am - 4:00pm

This event will focus on immediate and long term health care needs of Akron's underserved minority populations by providing health screenings, and navigating Medicaid eligibility under the new Affordable Care Act.

AMERICAN RED CROSS

501 W. MARKET ST. – AKRON

**Sponsored By:**

Urban Ounce of Prevention Services, Inc.  
(330) 535-6131

*April 4, 2014*

**Community Health Awareness**

11:30am - 3:30pm

This event will provide clients and staff with information about minority health, healthy eating, exercise, and family planning.

THE JOB CENTER

1040 E. TALLMADGE AVE. – AKRON

**Sponsored By:**

Summit County Public Health  
(330) 926-5764



*April 5, 2014*

**Be a Heart Hero: Learn Anytime CPR**

10:00 am - 12:00 pm

Mercy Medical Center will offer a quality, interactive program on hypertension and basic CPR skills to the residents located in the vicinity of the hospital's medical home, located in the heart of the minority, at risk population in northeast Canton.

MERCY PRIMARY CARE AT SAINT PAUL SQUARE MEDICAL HOME COMMUNITY HEALTH EDUCATION ROOM 1459 SUPERIOR AVE. - CANTON

**Sponsored By:**

Mercy Medical Center  
(330) 588 4892

*April 5, 2014*

**Community Health Fair**

10:00am - 2:00pm

This event will provide information and speakers on cancer, cardiovascular diseases, diabetes, and other health issues affecting the minority community.

YWCA WARREN

375 N. PARK AVE. - WARREN

**Sponsored By:**

YWCA Warren  
(330) 373- 1010

*April 5, 2014*

**Health and Safety Fair**

10:00am - 4:00pm

The Ohio Hispanic Coalition will work with local partners to offer health education presentations and screenings, including eye exams and blood pressure.

PLAZA TAPATIA

4233 SHOPPERS LN. - COLUMBUS

**Sponsored By:**

Ohio Hispanic Coalition  
(614) 840-9934

**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

*April 5, 2014*

**Health Forum on Healthy Living**

11:00 am - 2:00pm

A panel of four doctors will discuss the four diseases most prominently affecting the minority community. The diseases are: cancer, hypertension, substance abuse and diabetes. A consultant on stress management will discuss how stress contributes to these diseases.

GAINES UNITED METHODIST CHURCH

5707 MADISON RD. - CINCINNATI

**Sponsored By:**

Gaines United Methodist Church  
(513)271-9096

*April 5, 2014*

**Girls Circle – 24/7 Guys**

9:00am - 4:00pm

Girls Circle is a program for girls that will address healthy life styles, physical fitness, hygiene, and building self-esteem.

24/7 Guys is a program for boys dealing with violence, bullying, choosing alternatives in sports, fitness and running.

CAMP CARL

8054 CALVIN RD. – RAVENNA

**Sponsored By:**

Community Outreach Positive Alternative Training (COPAT)  
(330) 327-6554

*April 5, 2014*

Official Toledo Kick-Off

**Minority Health Month Kick-Off**

9:00am -11:00am

A fitness expert will discuss the importance of fitness and weight management, followed by an exercise demonstration that can be adopted by people of all ages and fitness levels. The second annual Million Healthy Steps Challenge will begin.

LUCAS COUNTY, MOTT BRANCH LIBRARY 1085 DORR ST. – TOLEDO

**Sponsored By:**

Lucas County Regional Health District  
(419) 259-5230

*April 5, 2014*

**Official Columbus Kick-Off  
Minority Health Month Kick-Off Event  
2014**

10:00am - 2:00pm  
A two day community health education event that focuses on nutrition and physical activity through interactive activities.

GLADDEN COMMUNITY HOUSE  
183 HAWKES AVE. – COLUMBUS

**Sponsored By:**  
Office of Minority Health at Columbus Public Health Department and the Minority Health Advisory Committee  
(614) 645-7335

*April 5, 2014*

**Urban Ounce of Prevention Minority Health Fair**

9:00am - 5:00pm  
The event will focus on immediate and long term health care needs of Akron's underserved minority populations by providing health screenings, and navigating Medicaid eligibility under the new Affordable Care Act.

AMERICAN RED CROSS  
501 W. MARKET ST. – AKRON

**Sponsored By:**  
Urban Ounce of Prevention Services, Inc.  
(330) 535-6131

*April 5, 2014*

**Asian Health Day – Health Screening**

7:00am - 12:00pm  
This event will focus on health screenings for cholesterol, blood pressure, and glucose (10 hour fasting required), a heel scan for osteoporosis, BMI, and an oral cancer/dental screening.

HANMI COVENANT PRESBYTERIAN CHURCH  
3225 MARKWAY RD. – TOLEDO

**Sponsored By:**  
Asian Resource Center  
(419) 537-8779

*April 5, 2014*

**Prescription Drug Misuse/Abuse Prevention Workshop**

10:00am -12:00pm  
To increase the health awareness among Asian communities, this workshop will be a half day interactive workshop for Asian community leaders about how to prevent the misuse of prescription drugs.

ASIAN AMERICAN COMMUNITY SERVICES (AACS)  
4700 REED RD. SUITE B. – UPPER ARLINGTON

**Sponsored By:**  
Asian American Community Services  
(614) 220-4023 Ext 224

*April 5, 2014*

**Living a Healthy Lifestyle**

10:00am -2:00pm  
This event will feature health screenings, exhibits, cooking demonstrations, a Zumba demonstration and other health information to help participants achieve a healthy lifestyle!

LEE ROAD BAPTIST CHURCH  
3970 LEE RD. – CLEVELAND

**Sponsored By:**  
William E. Sanders Family Life Center  
(216) 751-2688

*April 5, 2014*

**Official Cleveland Kick-Off  
A Healthier You!**

10:00am - 2:00pm  
This event is a community health education program complete with health screenings (cholesterol, BMI, blood pressure, and glucose), health assessments, cooking demonstrations, multicultural physical activity exercises and stress management techniques. The event will feature a public health expert who will interact with participants, educate and empower participants to live healthier lifestyles.

THE LANGSTON HUGHES EDUCATION CENTER  
2390 EAST 79TH ST. – CLEVELAND

**Sponsored By:**  
Cleveland Department of Public Health – Office of Minority Health  
(216) 664-3052

*April 5, 2014*

**Let's be Good Stewards of Our Children: Child Sexual Abuse Prevention**

11:00am – 2:30pm  
New and young moms, age 15-35, will learn the facts about the problem of child sexual abuse. Speakers will talk about prevention and signs of sexual abuse so that parents might intervene and be able to react responsibly. Door prizes will be given to the first 15 guests.

COLUMBUS HUMANITIES AND TECHNOLOGY  
1333 MORSE RD.- COLUMBUS

**Sponsored By:**  
Teen Start Program  
(614) 261-1200

*April 5, 2014*

**21 Day Wellness Pledge for Minority Health Month**

11:00am -1:00pm  
Commit to Health for at least 21 Days in April! Participants will commit to eating 5-9 servings of fruits and vegetables, and exercising a minimum of 5 times per week. Participants will get a certificate of completion at the end of the 21 day pledge.

INSPIRATION CHURCH  
2900 PHILADELPHIA DR. – DAYTON

**Sponsored By:**  
American Fitness Health & Wellness Institute  
(937) 275-3770

*April 5, 2014*

**Prevention, Control and Management of Diabetes**

1:00pm - 3:30pm  
Participants will learn about prevention, control and management of diabetes. In addition, they will learn about diabetes meal planning and healthy eating.

DAYTON KOREAN GRACE CHURCH  
2661 HARSHMAN RD. – DAYTON

**Sponsored By:**  
Dayton Area Korean Association  
(937) 667-0230

*April 5, 2014*

**M.O.V.E. (Making Opportunities for Vigorous Exercise)**

1:00pm-4:00pm  
Interactive exhibitions of activities to include drill teams, martial arts, and line dancing. Sampling of healthy snacks/meals and enrollment in community sponsored activities that will increase physical activity will take place.

DAKOTA CENTER  
33 BARNETT ST. – DAYTON

**Sponsored By:**  
Community Action Partnership of the Greater Dayton Area  
(937) 228-8961

*April 5, 2014*

**East End Community Health Fair (Feria Latino de salud comunataria)**

10:00am - 2:00pm  
This health fair includes free health screenings and health education workshops. Topics include navigating the health care system and the Affordable Care Act. Spanish interpreters will be available.

EAST BRANCH DAYTON METRO LIBRARY  
2008 WYOMING ST. – DAYTON

**Sponsored By:**  
Public Health – Dayton & Montgomery County  
(937) 225-4962

*April 6, 2014*

**Health Fair for Minorities**

2:30pm - 6:00pm  
This event is focused towards children and young adults of Asian, African, and Arab communities to create awareness about healthy living. Lectures on nutrition, exercise and diabetes will be delivered.

25900 CHARDON RD. - RICHMOND HEIGHTS

**Sponsored By:**  
Salaam Cleveland  
(216) 644-2477

*April 6, 2014*

**Open Session of Workout Style Street Dance**

3:00pm - 5:00pm  
Participants at the Cleveland Contemporary Chinese Culture Association Sunday Chinese School will have a parent workout featuring street dances. The session will be open to public. The target audience is minority women, age 30-65. Tips will be provided to help participants exercise properly, for the prevention of hypertension, cardiovascular diseases, and diabetes.

SOLON HIGH SCHOOL,  
(front door of main gym)  
33600 INWOOD RD. – SOLON

**Sponsored By:**  
Cleveland Contemporary Chinese Culture Association (CCCCA)  
(440) 519-8895

*April 7, 2014*

**Asian Health Day – Stomach Cancer Presentation**

12:30pm - 1:30pm  
A presentation on Stomach Cancer: to include symptoms, causes, diagnosis and treatment.

ASIAN SENIOR CENTER AT HIGHLAND PARK SHELTER HOUSE  
1865 FINCH ST. – TOLEDO

**Sponsored By:**  
Asian Resource Center  
(419) 936-2866

*April 8, 2014*

**“Exercise, Stress Management and the health effects of Drugs/Alcohol”**

6:30pm - 8:30pm  
The event will include a Zumba exercise demonstration; a lecture by a Licensed Independent Chemical Dependency Counselor on the effects of drug, tobacco and excessive alcohol use; and a medication and stress management session conducted by a professional clinical counselor.

CHILLICOTHE/ROSS COUNTY PUBLIC LIBRARY ANNEX  
140 S. PAINT ST. – CHILLICOTHE

**Sponsored By:**  
Ross County Community Action Commission, Inc.  
(740) 702-7222

*April 9, 2014*

**Substance Abuse and Violence Education**

10:00am - 11:00am  
Participants in YWCA Warren’s T.E.A.M. (Teaching, Educating, Advising, and Mentoring) program will educate 3<sup>rd</sup> graders about the risks of substance abuse and violence through songs and skills.

JEFFERSON K-8 SCHOOL  
1543 TOD AVE., SW – WARREN

**Sponsored By:**  
YWCA of Warren  
(330) 373-1010

*April 9, 2014*

**Healthy Seniors Expo**

1:00pm - 4:00pm  
Participate and learn about healthy eating and active living for individuals of all ability levels, at any age. Learn about local wellness programs, how to grow a window garden and healthy ways to cook what you grow.

SAFERSTEIN TOWERS I AMHA  
525 DIAGONAL RD. – AKRON

**Sponsored By:**  
Summit County Minority Health Roundtable  
(330) 762-9371

*April 9, 2014*

**Campaña de Concientización y Prevención del VIH**

12:00pm - 3:00pm  
HIV Awareness and Prevention will feature premier of a locally produced video along with HIV specialists’ presentation.

TOLEDO LUCAS COUNTY SOUTH BRANCH LIBRARY  
1736 BROADWAY ST. - TOLEDO

**Sponsored By:**  
Nuestra Gente Community Projects, Inc.  
(419) 283-0581



*April 9, 2014*

**Family Fun Night**

6:30pm - 9:30pm

A two day community health education event that focuses on nutrition and physical activity through interactive activities.

J. ASHBURN  
85 S. HAWKES AVE. – COLUMBUS

**Sponsored By:**  
Office of Minority Health at Columbus Public Health Department and the Minority Health Advisory Committee (614) 645-7335

*April 9, 2014*

**Be Healthy, Be Active! A Workshop for Youth**

3:30pm - 5:30pm

This event will discuss the importance of being healthy and active. Educational sessions will focus on eating nutritious food, maintaining a healthy weight and exercising. A Zumba session will be included.

CHANEY HIGH SCHOOL  
731 S. HAZELWOOD AVE. – YOUNGSTOWN

**Sponsored By:**  
YWCA of Youngstown (330) 746-6361

*April 9, 2014*

**Health & Nutrition Seminar/Free Blood Pressure Screenings**

9:00am – 1:00pm

Participants will learn to prepare snacks that are appetizing, economical, healthy and easy to prepare. Some participants will complete a food diary, detailing meals and snacks for one week then return for follow up following MHM 2014. Screenings will be provided by registered nurses from Bayada Nurses.

MURTIS TAYLOR HUMAN SERVICES SYSTEM FAMILY CENTER  
13411 UNION AVE. – CLEVELAND

**Sponsored By:**  
Murtis Taylor Human Services System (216) 283-4400 x2362

*April 9, 2014*

**Healthy Neighbors Awareness Day**

10:00am - 2:00pm

This program is focused on nutrition, education and physical activity. Participants will receive blood pressure, blood sugar, cholesterol and pregnancy test screenings by registered nurses.

MERCY GANDY CLINIC  
2200 JEFFERSON AVE. – TOLEDO

**Sponsored By:**  
Mercy St. Vincent Medical Center (419) 251-1300

*April 9, 2014*

**“Obtaining and Maintaining Good Health”**

4:00pm - 6:30pm

This event will be a forum discussion relating to family and women’s health issues with recommended options on how to remain in a state of good health.

ZION BAPTIST CHURCH  
630 GLENWOOD ST. – CINCINNATI

**Sponsored By:**  
Zion Baptist Church (513) 751-8608

*April 10, 2014*

**Substance Abuse and Violence Education**

10:00am -11:00am

Participants in YWCA Warren’s T.E.A.M. (Teaching, Educating, Advising, and Mentoring) program will educate 3<sup>rd</sup> graders about the risks of substance abuse and violence through songs and skits.

LINCOLN K-8 SCHOOL  
2253 ATLANTIC ST. - NE- WARREN

**Sponsored By:**  
YWCA of Warren (330) 373-1010

*April 10, 2014*

**Woman’s Talk Show**

6:30pm - 8:00pm

The show’s hosts Carletta Williams, F.N.P. and news anchor Shelby Zarotney will discuss: The 3 A’s “Speak Up” about: Alzheimer’s, AIDS, and Asthma. A demonstration will be provided by Tae Kwon Do Academy on women’s safety and exercise.

EASTERN GATEWAY COMMUNITY COLLEGE LECTURE HALL RM 2100,  
4000 SUNSET BLVD. - STEUBENVILLE

**Sponsored By:**  
Urban Mission Ministries (740) 264-5591

*April 11, 2014*

**Community Forum-Montgomery County-Community Health Improvement Plan**

8:00am - 11:00am

A community engagement forum to share local health data, the Montgomery County Community Health Improvement Plan, and provide ethnic coalitions and the community an opportunity for feedback.

THE REIBOLD BUILDING  
117 SOUTH MAIN ST. 2<sup>ND</sup> FLOOR - DAYTON

**Sponsored By:**  
Public Health- Dayton & Montgomery County (937) 225-4962

*April 11, 2014*

**Healthy Teens, Healthy Tomorrow: Teen Summit**

9:00am - 2:00pm

This educational program is intended to empower minority teens with information on organ donation and healthy lifestyle choices outside of the classroom. The Summit has breakout sessions on: nutrition & wellness, body & kidney health (diabetes and hypertension included), organ/tissue donation & transplantation and safety, as well as a general session with panel discussion that encapsulates these topics.

CUYAHOGA COMMUNITY COLLEGE EASTERN CAMPUS  
4250 RICHMOND RD. - HIGHLAND HTS.

**Sponsored By:**  
Kidney Foundation of Ohio, Inc. (216) 771-2700

*April 11, 2014*

**Fighting Substance Abuse Among Ohio Latinos**

10:00am - 2:00pm

This half-day event will focus on data regarding resources and strategies for combating substance abuse among Ohio Latinos. Attendees will include social service providers. Spanish-friendly.

VERN RIFFE CENTER FOR GOVERNMENT AND THE ARTS  
77 S. HIGH ST. 31<sup>ST</sup> FLOOR - COLUMBUS

**Sponsored By:**

Ohio Commission on Hispanic Latino Affairs (614) 466-8333

*April 11, 2014*

**How Our Eating Habits Affect Our Health**

5:30pm - 8:30pm

This event will focus on healthy eating habits, food preparation, and nutrition. The activity will be led by a registered dietitian. A guest speaker will speak about his personal 100 pound weight loss and maintenance.

CHRIST TEMPLE-THE VILLA  
3060 DURRELL AVE. - CINCINNATI

**Sponsored By:**

Cincinnati Human Relations Commission  
(513) 352-2498

*April 12, 2014*

**Healthy Cooking – Making Substitutions**

10:00am - 2:00pm

Healthy cooking contest and healthy lifestyles education program. Contestants will be given recipes and ingredients and asked to substitute one or more with healthier ingredients. Health topics discussed will include: obesity, diabetes, cardiovascular illness, and cancer.

FILM FOUNDATION MINISTRY  
241 JEFFERSON AVE. – RAVENNA

**Sponsored By:**

Community Outreach Positive Alternative Training (COPAT)  
(330) 297-5933

*April 12, 2014*

**Nutrition Knowledge and Wellness**

10:00am - 11:00am

A Registered Licensed Dietician will educate participants on the importance of nutrition and healthy eating. Participants will engage in an interactive demonstration on nutrition and the benefits of eating healthy.

BLACKBURN RECREATION CENTER  
263 CARPENTER ST. – COLUMBUS

**Sponsored By:**

Columbus Area Integrated Health Services, Inc.  
(614) 645-7670

*April 12, 2014*

**Family Health Expo**

10:00am - 12:30pm

This event is a family expo which will include vendors, a cooking demonstration by a licensed dietician, and a public health speaker. A variety of family movement programs will include jump roping, walking, exercising and the use of technology such as a dance program with a Wii gaming system. This event will promote good family health and provide an opportunity for families to eat healthy together.

MOUNTAIN OF THE LORD CHURCH  
1477 COPLEY RD. – AKRON

**Sponsored By:**

Charisma Community Connection  
(330) 873-9793

*April 12, 2014*

**Family Health Eggtravaganza**

10:00am - 2:00pm

The community will engage in an Easter egg hunt for ages two to twelve accompanied by a parent or guardian at the Boys & Girls Club. Blood pressures and health risk assessments will be conducted. Registered Dieticians will be on hand demonstrating healthy meal preparations. Family fitness activities will also be provided.

BOYS & GIRLS CLUB  
2105 OAK HILL AVE. – YOUNGSTOWN

**Sponsored By:**

Youngstown City Health District  
(330) 743-3333 Ext.238

*April 12, 2014*

**Hip Hop Family Fitness**

11:00am - 12:00pm

A Certified Fitness Instructor will provide a Hip Hop Zumba workout, which will emphasize the importance of fitness in a fun manner appropriate for all family members, with an emphasis on the understanding of the importance of fitness.

BLACKBURN RECREATION CENTER  
263 CARPENTER ST. – COLUMBUS

**Sponsored By:**

Columbus Area Integrated Health Services, Inc.  
(614) 645-7670

*April 12, 2014*

**Exercise Your Way to Health**

11:00am Registration

12:00pm - 3:30pm

Participants will walk with a doctor to exercise your way to health. Free pedometers will be distributed to the first 50 participants.

Every 30 minutes a new session begins.

DAYTON MALL  
2700 MIAMISBURG CENTERVILLE RD. – DAYTON

**Sponsored By:**

Reach Out of Montgomery County  
(937) 258-2000

*April 12, 2014*

**CARDIOFEST 2014**

7:30am Registration

8:00am - 2:30pm

Cardiofest 2014 includes a variety of festive cardiovascular activities, over 20 informational booths and screenings. Health speakers will discuss a variety of wellness issues.

KROC CENTER  
1000 N. KEOWEE AVE. - DAYTON

**Sponsored By:**

American Fitness Health & Wellness Institute  
(937) 275-3770

*April 12, 2014*

**Health Fair/Prevention of Coronary Arterial and Awareness of Diabetes**

9:00am - 1:30pm

The event will include glucose screenings, blood pressure checks, and a question and answer session with primary care physicians. In the afternoon, an educational lecture by Dr. Helen Kwon will take place on Dietary/Hypertension and Kidney/Liver Diseases.

KOREAN CENTRAL PRESBYTERIAN CHURCH (KCPC)  
8220 BRECKSVILLE RD.-  
BRECKSVILLE

**Sponsored By:**  
Korean Central Presbyterian Church  
(440) 838-1066

*April 12, 2014*

**How Our Eating Habits Affect Our Health**

10:00am - 1:00pm

This activity will be led by a professional fitness trainer who will teach the group

high and low impact exercises to maintain a healthy weight.

CHRIST TEMPLE-THE VILLA  
3060 DURRELL AVE. - CINCINNATI

**Sponsored By:**  
Cincinnati Human Relations Commission  
(513) 352-3237

*April 12, 2014*

**Feria Latina de Salud Comunitaria (Latino Community Health Fair)**

10:00am - 2:00pm

This event features a community health fair with free health screenings (blood pressure, blood glucose, confidential HIV), and workshops on child car seat safety, domestic relations, and diabetes. Spanish medical interpreters will be available.

ST. PAUL UNITED METHODIST CHURCH  
101 HUFFMAN ST.- DAYTON

**Sponsored By:**  
Public Health- Dayton & Montgomery County  
(937) 225-4962

*April 12, 2014*

**Women's Health Day**

10:30am - 3:30pm

This event will feature Mammograms by appointment only (individuals must meet eligibility requirements), interactive exercise demonstrations, presentations on healthy relationships and BP screenings will also be conducted.

US TOGETHER  
2940 NOBEL ROAD ST. 1-  
CLEVELAND HTS.

**Sponsored by:**  
Asian Services In Action, Inc.  
(216) 881-0330

*April 12, 2014*

**You Are Invited to Get Healthy**

11:00am - 3:00pm

This health event will feature a seminar on women's health and a seminar on men's health. Health screenings for blood pressure, weight, BMI, and glucose will be provided by UC Health. Participate in a two mile walk to get you motivated and moving.

GAINES UNITED METHODIST CHURCH  
5707 MADISON RD. - CINCINNATI

**Sponsored By:**  
Gaines United Methodist Church  
(513) 271-9096

*April 12, 2014*

**Consumer Empowerment Workshop**

10:00am-2:00pm

The Office of Minority Health at Columbus Public Health will feature workshops. Workshops are designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well-being.

LOVE ZION BAPTIST CHURCH  
1459 MADISON AVE. - COLUMBUS

**Sponsored By:**  
Office of Minority Health at Columbus Public Health  
(614) 645-7335

**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

*April 12, 2014*

**Prevention, Control, and Management of Hypertension**

1:00pm - 4:45pm

Participants will learn about prevention, control, management of hypertension, and the importance of physical activities in managing and controlling hypertension.

DAYTON KOREAN GRACE CHURCH  
2661 HARSHMAN RD. - DAYTON

**Sponsored By:**  
Dayton Area Korean Association  
(937) 667-0230

*April 12, 2014*

**2014 Spring Health Fair**

10:00am - 2:00pm

The health fair will include free screenings, including glucose, cholesterol, blood pressure, pap smear, mammogram, prostate, hearing, vision, and dental. Educational materials will be available in English and Spanish on various health topics, and substance abuse programs.

ROBERTS ACADEMY  
1702 GRAND AVE. - CINCINNATI

**Sponsored By:**  
Santa Maria Community Services  
(513) 557-2700 ext. 207

*April 13, 2014*

**Health Fair/Prevention of Coronary Arterial and Awareness of Diabetes**

1:30pm - 3:30pm

This event will cover glucose screening, blood pressure screenings, and Q/A consulting session with primary care physicians and specialists.

KOREAN CENTRAL PRESBYTERIAN CHURCH (KCPC)  
8220 BRECKSVILLE RD. -  
BRECKSVILLE

**Sponsored By:**  
Korean Central Presbyterian Church  
(440) 838-1066



*April 13, 2014*

**Open Session of Workout Style Street Dance**

3:00pm - 5:00pm

Participants at the Cleveland Contemporary Chinese Culture Association Sunday Chinese School will have a parent workout featuring street dances. The session will be open to public. The target audience is minority women, age 30-65. Tips will be provided to help participants exercise properly, for the prevention of hypertension, cardiovascular diseases, and diabetes.

SOLON HIGH SCHOOL  
FRONT DOOR OF MAIN GYM  
33600 INWOOD RD. - SOLON

**Sponsored By:**

Cleveland Contemporary Chinese Culture Association (CCCCA)  
(440) 519-8895

*April 14, 2014*

**Substance Abuse and Violence Education**

10:00am - 11:00am

Participants in YWCA Warren's T.E.A.M. (Teaching, Educating, Advising, and Mentoring) program will educate third graders about the risks of substance abuse and violence through songs and skills.

MCGUFFEY K-8 SCHOOL  
3465 TOD AVE. NW - WARREN

**Sponsored By:**

YWCA of Warren  
(330) 373-1010

*April 15, 2014*

**Substance Abuse and Violence Education**

10:00am - 11:00am

Participants in YWCA Warren's T.E.A.M. (Teaching, Educating, Advising, and Mentoring) program will educate third graders about the risks of substance abuse and violence through songs and skills.

WILLARD K-8 SCHOOL  
2020 WILLARD AVE. SE - WARREN

**Sponsored By:**

YWCA of Warren  
(330) 373-1010

*April 16, 2014*

**Latino Community Forum**

9:30am-11:30pm

The Office of Minority Health at Columbus Public Health will feature a forum. The forums is designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well-being.

GUADALUPE CENTER  
441 INDUSTRY DR. - COLUMBUS

**Sponsored By:**

Office of Minority Health at Columbus Public Health  
(614) 645-7335

*April 16, 2014*

**Health Screenings: Know Your Numbers**

9:00am - 2:00pm

This event will feature health screenings for blood pressure, cholesterol, and blood sugar. General health and community resource information will be available to participants.

COMMUNITY ACTION PARTNERSHIP  
719 S. MAIN ST. - DAYTON

**Sponsored By:**

Community Action Partnership of the Greater Dayton Area  
(937) 341-5000

*April 16, 2014*

**Family Wellness Carnival**

4:00pm - 7:00pm

This event allows participants to enjoy a fun-filled interactive family event with ideas and activities that highlight how small daily changes can make a big impact on improving overall health. There will be reflexology, informational health booths, and live demonstrations, all in a carnival atmosphere.

WILLIAM PATRICK DAY CHILD CARE AND HEAD START CENTER  
2421 COMMUNITY COLLEGE AVE. - CLEVELAND

**Sponsored By:**

Council for Economic Opportunities in Greater Cleveland  
(216) 696-9077 or (216) 736-2934

*April 16, 2014*

**Nutrition on the Go**

6:00pm - 8:00pm

This event will feature a dietitian who will discuss economical and healthy meal planning, a taste test of healthy foods and give away prizes from raffles as incentives.

CHAGRIN FALLS PARK  
7060 WOODLAND AVE. - CHAGRIN FALLS

**Sponsored By:**

Family and Community Services, Inc.  
(440) 247-6030

*April 17, 2014*

**Organ Donation Education and Registration**

7:00am - 5:00pm

This event is designed to raise awareness about organ donation and to increase donor registration in the minority community. Free bus tickets will be offered in exchange for organ donor registration.

METRO TRANSIT  
631 SOUTH BROADWAY ST. - AKRON

**Sponsored By:**

Summit County Public Health  
(330) 926-5764

*April 17, 2014*

**Public Health's Role in the Affordable Care Act**

9:00am - 4:00pm

This event will feature Dr. Darrel Lynn Grace who will speak on preventive health practices. Fitness demonstrations will be conducted to Kick-off Youngstown's "Let's Move Campaign." Health screenings will be conducted by The Black Nurses Association. The "Million Hearts Campaign" will address the role of preventative health services to improve population-based health outcomes.

STAMBAUGH CHARTER ACADEMY  
2420 DONALD AVE. - YOUNGSTOWN

**Sponsored By:**

Youngstown City Health District  
(330) 743-3333 ext. 238

*April 17, 2014*

**Elementary School Health Fair**

12:30pm - 2:30pm

The event targets children, preschool through sixth grade, who will visit information/activity stations of local health agencies and college academic programs to learn about healthy lifestyles and disease prevention.

JAMES SINGER ACTIVITY CENTER  
831 MATTHEWS ST. - ZANESVILLE

**Sponsored By:**

Zane State College Foundation  
(740) 452-5463

*April 18, 2014*

**Organ Donation Education and Registration**

7:00am - 5:00pm

This event will raise awareness about organ donation and increase donor registration in the minority community. Free bus tickets will be offered in exchange for organ donor registration.

METRO TRANSIT  
631 SOUTH BROADWAY ST. - AKRON

**Sponsored By:**

Summit County Public Health  
(330) 926-5764

*April 18, 2014*

**Exercise Your Way to Health**

3:00pm Registration,

Participants will walk with a doctor to exercise your way to health.

LOCATION TBD CONTACT SPONSOR

**Sponsored By:**

Reach Out of Montgomery County  
(937) 258-2000

*April 18, 2014*

**Health Awareness Workshop**

9:00am-12:00pm

The Office of Minority Health at Columbus Public Health will feature a workshop. The workshop is designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well-being.

IMPACT INC.  
700 BRYDEN RD. - COLUMBUS

**Sponsored By:**

Office of Minority Health at Columbus Public Health  
(614) 645-7335

*April 19, 2014*

**Latino Health Fair**

10:00am - 4:00pm

The Ohio Hispanic Coalition will offer health education presentations and screenings, specifically eye exams and blood pressure.

PLAZA TAPATIA  
4233 SHOPPERS LN. - COLUMBUS

**Sponsored By:**

Ohio Hispanic Coalition  
(614) 840 - 9934

*April 19, 2014*

**Men's Health Breakfast**

9:00am - 12:00pm

Wilkes Kinney of the Ohio County, Health Board will facilitate a men's breakfast with a panel of local professionals and survivors of various conditions within the black community. Panelist include: Pastor Michael H. Harrison (diverticulitis), Reverend Maurice Lawson (diabetes), and Pastor Earnest Ellis (stroke).

MT CARMEL COMMUNITY BAPTIST CHURCH  
708 NORTH FIFTH ST. - STEUBENVILLE

**Sponsored By:**

Urban Mission  
(740) 282-8010

**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

*April 19, 2014*

**Minority Health Month Summit**

9:00am - 11:00am

This event is designed to provide a program of minority health presentations related to environmental, systems and policy changes at the local level. The presentation will include updates on the Affordable Care Act and Medicaid Expansion in Lucas County.

EMS TRAINING CENTER  
2127 JEFFERSON AVE. - TOLEDO

**Sponsored By:**

Lucas County Regional Health District  
(419) 213-4095

*April 19, 2014*

**Making Healthy Choices**

9:00am - 2:00pm

This event features a health fair offering screenings for diabetes, blood pressure, weight, and vision; women's health and men's health discussions including obesity; HIV/AIDS counseling; activities for children and nutritional and cooking demonstrations.

ZION BAPTIST CHURCH  
630 GLENWOOD ST. - CINCINNATI

**Sponsored By:**

Zion Baptist Church  
(513)751-8608

*April 19, 2014*

**Learning to Play the Old Fashion Way**

11:00am-2:00pm

This outdoor event will involve children up to age 18 in a variety of games that require physical activity. Games include basketball, soccer, volleyball, and golf instruction by highly skilled players.

ZION BAPTIST CHURCH  
84 S. CLINTON RD. - CHILLICOTHE

**Sponsored By:**

Ross County Community Action Commission, Inc.  
(740) 775-0343



*April 19, 2014*

**Healthy Eating, Active Living**

11:00am - 3:00pm  
 This event will include a presentation which will instruct participants on how to prevent chronic diseases. Participants will engage in an exercise demonstration based on martial arts, cooking demonstrations using healthy South Asian recipes, and screenings for blood pressure.

INDIAN COMMUNITY CENTER  
 12412 CEDAR ROAD - CLEVELAND

**Sponsored by:**  
 Asian Services In Action, Inc.  
 (216) 881-0330

*April 19, 2014*

**“Soul Food Junkies” - Film Viewing, health screening, and cooking demonstrations**

12:00pm - 4:00pm  
 This event will include physical activity, healthy food sampling, health screening, and a viewing of the film “Soul Food Junkies”. The film examines soul food traditions and its relevance to black cultural identity.

EAST CLEVELAND LIBRARY  
 14101 EUCLID AVE. – EAST CLEVELAND

**Sponsored By:**  
 Cleveland Department of Public Health – Office of Minority Health  
 (216) 664-3052

*April 20, 2014*

**Health Fair for Minorities**

2:00pm - 5:00pm  
 While focused on Minority Health the event is open for all, and will consist of three one hour lectures by an oncologist, cardiologist, and a lecture on domestic violence.

THE ISLAMIC SOCIETY OF AKRON AND KENT  
 152 E. STEELS CORNERS RD. - CUYAHOGA FALLS

**Sponsored By:**  
 Salaam Cleveland  
 (330) 922-9991

*April 21, 2014*

**Safe to Sleep**

10:00am - 2:00pm  
 This event will provide a summary of the “Safe to Sleep” infant mortality prevention program, presented by The Erie County Mobile Health Vehicle and staff.

KROGER  
 508 PERKINS AVE. - SANDUSKY

**Sponsored By:**  
 Erie County Health Department  
 (419) 626-2786

*April 22, 2014*

**Cleveland Clinic Minority Health Center Informational Event**

12:00pm - 2:00pm  
 This event is designed to provide patient education on the prevention of diabetes, hypertension, and prostate cancer in men.

CLEVELAND CLINIC STEPHANIE TUBBS JONES FAMILY HEALTH CENTER  
 13944 EUCLID AVE. - CLEVELAND

**Sponsored By:**  
 The Cleveland Clinic  
 (216) 256-6412

*April 22, 2014*

**Prostate Cancer Screening**

4:30pm - 6:30pm  
 Participants can receive free prostate cancer screening for area men ages 40 and up. Area doctors will be on hand for the physical exam and follow-up services.

TONY TERAMANA CANCER CENTER  
 3200 JOHNSON RD. - STEUBENVILLE

**Sponsored By:**  
 Urban Mission Ministries  
 (740) 264-8700

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*April 23, 2014*

**Nutrition on the Go**

6:00pm - 8:00pm  
 This event will feature a dietitian who will discuss economical and healthy meal planning. A taste test of some items will be available. Raffles will be held for participants as incentives.

KING KENNEDY COMMUNITY CENTER  
 6660 GARFIELD RD. - RAVENNA

**Sponsored By:**  
 Family and Community Services, Inc.  
 (330) 296-5597

*April 23, 2014*

**Safe to Sleep**

10:00am – 2:00pm  
 This event will provide a summary of the “Safe to Sleep” infant mortality prevention program, presented by The Erie County Mobile Health Vehicle and staff.

OHIO JOB AND FAMILY SERVICES  
 221 PARISH ST. - SANDUSKY

**Sponsored By:**  
 Erie County Health Department  
 (419) 626-6781

*April 23, 2014*

**Health & Nutrition Seminar/Free Blood Pressure Screenings**

9:00am - 1:00pm  
 Participants will learn to prepare snacks that are appetizing, economical, healthy and easy to prepare. Some participants will complete a food diary, detailing meals and snacks for one week then return following MHM 2014. Screenings will be provided by registered nurses from Bayada Nurses.

MURTIS TAYLOR HUMAN SERVICES SYSTEM FAMILY CENTER  
 13411 UNION AVE. – CLEVELAND

**Sponsored By:**  
 Murtis Taylor Human Services System  
 (216) 283-4400 Ext.2362

*April 23, 2014*

**Loads of Laundry and Learning**

1:00pm –4:00pm

This event is an opportunity for high risk pregnant women to wash and dry their clothes while learning about healthy eating, oral health, and well-being during pregnancy through health screenings and demonstration.

LAUNDRY EXPRESS  
1136 N BYRNE RD.– TOLEDO

**Sponsored by:**

The Lucas County Initiative to Improve Birth Outcomes (Pathways)  
(419) 536-1999

*April 23, 2014*

**Family Wellness Carnival**

4:00pm - 7:00pm

This event features fun-filled, interactive family play that will provide participants with ideas and activities that highlight how small daily changes can make a big impact on improving their overall health. There will be reflexology, informational health booths and live demonstrations, all in a festive carnival atmosphere.

GEORGE L. FORBES EARLY LEARNING CENTER  
14209 EUCLID AVE. – E.CLEVELAND

**Sponsored By:**

Council for Economic Opportunities in Greater Cleveland  
(216) 541-7878 or  
(216) 696-9077

*April 24, 2014*

**2014 Children’s Health Awareness Day**

1:30pm - 3:00pm

The event will include educational activities focused on health, wellness and disease prevention. Interactive activities will be in place for children to learn about hand washing, oral care, and more.

ACADEMY OF MULTICULTURAL IMMERSION STUDIES  
1908 SEYMOUR AVE. - CINCINNATI

**Sponsored By:**

Santa Maria Community Services  
(513) 557-2700 ext. 207

*April 24, 2014*

**Everyone Can Have A Healthier Lifestyle—Learn How**

8:40am - 10:40am

This event will allow participants in the fourth and fifth grades to move through four stations. These stations will teach dental care, how to avoid infectious diseases, and nutrition. Finally the students will learn how alcohol and tobacco can harm the body.

CASE ELEMENTARY SCHOOL  
1393 WESTVALE AVE. - AKRON

**Sponsored by:**

The University of Akron—Keeping PACE Akron’s Way  
(330) 873-3350

*April 24, 2014*

**Middle School & Community Health Expo**

1:00pm - 4:00pm

This event targets middle school students and community members to interact with health agencies and Zane State College academic program representatives to prevent cancer, cardiovascular, diabetes, infant mortality, and substance abuse.

FAITH UNITED METHODIST CHURCH  
1616 BLUE AVE. – ZANESVILLE

**Sponsored By:**

Zane State College Foundation  
(740) 588-4113

*April 24, 2014*

**12<sup>th</sup> Annual Minority Men’s Health Fair**

5:00pm - 8:30pm

This event is designed to prevent chronic disease and improve access to health care services.

CLEVELAND CLINIC – MAIN CAMPUS GLICKMAN TOWER  
9500 EUCLID AVE. – CLEVELAND

**Sponsored By:**

Cleveland Clinic  
(216) 256-6412

*April 25, 2014*

**Preventing and Addressing Domestic Violence Among Ohio Latinos**

10:00am - 2:00pm

This event will focus on resources and strategies for combating domestic violence among Ohio Latinos. Attendees will include social service providers and community members. Spanish-friendly.

VERN RIFFE CENTER FOR GOVERNMENT AND THE ARTS  
77 SOUTH HIGH ST. 31<sup>ST</sup> FLOOR – COLUMBUS

**Sponsored By:**

Ohio Commission on Hispanic Latino Affairs  
(614) 466 - 8333

*April 25, 2014*

**Hats Off to Health**

11:00am - 1:00pm

This event is for health care professional to discuss diabetes and cardiovascular disease. Senior adults will participate in a fashion show.

FIRST CHURCH OF GOD  
3480 REFUGE RD. – COLUMBUS

**Sponsored By:**

City of Refuge Point of Impact  
(614) 338-8338

*April 25, 2014*

**It’s more than Sadness: The Evolving Issue of Depression**

2:00pm - 4:30pm

This event will be a professional development opportunity to educate healthcare professionals on how to help individuals with kidney disease manage depression. Participants will learn about the impact of psychosocial factors on the outcome of patients with kidney failure.

KIDNEY FOUNDATION OF OHIO OFFICE  
2831 PROSPECT AVE. – CLEVELAND

**Sponsored By:**

Kidney Foundation of Ohio, Inc.  
(216) 771-2700

*April 25, 2014*

**Wellness Works for Women of Color**

6:00pm - 8:30pm

This event will work to help participants increase the quality and longevity of life. Program participants preview "Stress Hurts" featuring diverse women. Participants will share in a sister circle discussion. Free depression screenings and participation incentives will be provided.

GOOD SHEPHERD BAPTIST CHURCH  
1555 EAST HUDSON ST. - COLUMBUS

**Sponsored By:**

The Good Shepherd Baptist Church  
(614) 268-2041

*April 26, 2014*

**Family Health Expo-Screenings**

1:00pm - 4:00pm

This event is a family health fair featuring screenings for diabetes, blood pressure, and cholesterol.

SUMMIT LAKE COMMUNITY CENTER  
380 W. CROSIER ST. - AKRON

**Sponsored By:**

Summit County Public Health/The University of Akron - Keeping PACE Akron's Way  
(330) 926-5764 or (330) 972-6485

*April 26, 2014*

**If Scales Could Speak! Weight-loss 101**

9:30am - 1:00pm

This event will discuss on how healthy weight affects overall health. Educational sessions will focus on nutrition and its relation to diseases, fad diets, weight control, healthy eating habits, and an exercise session. Free chair massages will also be included.

YWCA OF YOUNGSTOWN  
25 W. RAYEN AVE. - YOUNGSTOWN

**Sponsored By:**

YWCA of Youngstown  
(330) 746-6361

*April 26, 2014*

**Faith Works Women's Expo**

9:00am - 2:00pm

This event will include presentations from health care professionals that will present topics on heart disease prevention, nutrition, and exercise.

FIRST CHURCH OF GOD  
3480 REFUGEE RD. - COLUMBUS

**Sponsored By:**

City of Refuge Point of Impact  
(614) 338-8338

*April 26, 2014*

**A Holistic Celebration of Healthy Lifestyle Choices**

9:00am - 3:00pm

This event will have a Holistic approach. Participants will focus on their mental, physical, spiritual, and emotional health. Interactive activities will include yoga, Zumba, healthy food demonstrations relaxation training and child crafts.

THE GOOD SHEPHERD BAPTIST CHURCH  
1555 EAST HUDSON ST. - COLUMBUS

**Sponsored By:**

The Good Shepherd Baptist Church  
(614) 268-2041

*April 26, 2014*

**Somali Community Forum**

2:00pm-4:00pm

This event will feature a community forum. The Office of Minority Health at Columbus Public Health will provide forums, designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well-being.

SOMALI COMMUNITY ASSOCIATION OF OHIO  
3422 CLEVELAND AVE. - COLUMBUS

**Sponsored By:**

Office of Minority Health at Columbus Public Health  
(614) 645-7335

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*April 26, 2014*

**Nutrition and Hypertension**

10:00am - 11:00am

This event will include a nutritional presentation by a Registered Licensed Certified Nutritionist focusing on nutrition and hypertension to assist with understanding and prevention through healthy eating and exercise.

BLACKBURN RECREATION CENTER  
263 CARPENTER ST. - COLUMBUS

**Sponsored By:**

Columbus Area Integrated Health Services, Inc.  
(614) 645 -7670

*April 26, 2014*

**Community Health Walk**

10:00am - 12:00pm

This event will feature a two mile walk and health exhibits. The walk starts promptly at 10:00am, followed by light snack foods. Participants will receive information on healthy diets and exercise. Advanced registration is required to get a free pedometer and water bottle.

METRO PARK GARFIELD HEIGHTS RESERVATION (OLD BIRCH PICNIC AREA)  
11350 BROADWAY AVE. - GARFIELD HEIGHTS

**Sponsored By:**

Williams E. Sanders Family Life Center  
(216) 214-8794

*April 26, 2014*

**Be a Heart Hero: Learn Anytime CPR**

10:00am - 12:00pm

This event will feature a quality, interactive program on hypertension and basic CPR skills.

SHERRICK ROAD CHURCH OF GOD  
1121 SHERRICK RD. SE. - CANTON

**Sponsored by:**

Mercy Medical Center  
(330) 456-1165

*April 26, 2014***Asian Health Fair 2014**

10:00am - 2:00pm

This event features health promotion and prevention information with a target audience of Asian Americans in Central Ohio. Participants will engage/learn about screenings, diabetes, hepatitis B, hearing, vision, hypertension, cholesterol, diet and exercise, and violence prevention.

BETHEL UNITED METHODIST CHURCH  
1220 BETHEL RD. - COLUMBUS

**Sponsored by:**

Asian American Community Services  
614) 220-4023 ext. 224

*April 26, 2014***Let's Be Good Stewards of Our Children:  
Child Sexual Abuse Prevention**

11:00am - 2:30pm

This event will allow new and young moms ages 15-35 to come and learn the facts about the problem of child sexual abuse, types, and situations. Guest speakers will discuss prevention and signs of sexual abuse so that participants will learn to intervene and act responsibly. In addition door prizes will be given to the first 15 guests.

GREATER LOVE MISSIONARY BAPTIST CHURCH  
3630 E. 116<sup>TH</sup> ST.- CLEVELAND

**Sponsored by:**

Teen Start Program  
(216) 752-9658

*April 26, 2014***Fun Family Skate**

1:00pm - 4:00pm

This event will allow Prevention staff from the MECCA-Project to accompany 50 members to take part in "Family Skate" at USA East Skating. Participants will learn to engage in having fun while getting healthy and fit.

USA EAST SKATING RINK  
3362 REFUGEE RD. - COLUMBUS

**Sponsored by:**

Columbus Area Integrated Health Services, Inc.  
(614) 239-7202

*April 26, 2014***University Hospital East's  
Community Health Day**

9:00am - 2:00pm

This event will offer free health screenings and medical evaluations. Screenings offered includes: breast and prostate, hearing, dental, vision, glucose, cholesterol, BMI, lung function, podiatry and sports physicals. More than 50 local health and human service agencies are also on hand to provide information.

CAREPOINT EAST  
543 TAYLOR AVE. - COLUMBUS

**Sponsored by:**

Ohio State University Wexner Medical Center  
(614) 293-2563

*April 26, 2014***Healthy Families Expo**

1:00pm - 4:00pm

Participants will learn about healthy eating and active living in their neighborhood. This event features a workshop on infant mortality and discussing what can be done as a community to address it. Participants will learn to grow a family container garden and healthy ways to prepare what they grow.

SUMMIT LAKE COMMUNITY CENTER  
380 W. CROSIER ST. - AKRON

**Sponsored by:**

Summit County Minority Health Roundtable  
(330) 375-2826

*April 27, 2014***Campana de Concientización y Prevención del VIH**

9:00am - 2:30pm

This event for HIV Awareness and Prevention will feature a premier of a locally produced video along with an HIV specialists' presentation.

SAINT PETER AND PAUL CHURCH  
738 S. SAINT CLAIR ST. - TOLEDO

**Sponsored by:**

Nuestra Gente Community Projects, Inc.  
(419) 283-0581

*April 27, 2014***Gospel Health Sunday**

12:30pm - 2:30pm

This event will include a speaker focused on the total person, the spirit, the soul, and the body. After the presentation and stretching, a community health walk will take place. Participants will receive non-invasive screenings, such as blood pressure and body fat analysis. Finally there will be a demonstration on how to prepare a health snack.

MOUNTAIN OF THE LORD CHURCH  
1477 COPLEY RD. - AKRON

**Sponsored by:**

Charisma Community Collection  
(330) 873-9793

*April 28, 2014***Safe to Sleep**

10:00am - 2:00pm

This event will provide a summary of the "Safe to Sleep" infant mortality prevention program, presented by The Erie County Mobile Health Vehicle and staff.

OHIO DEPARTMENT OF JOB AND FAMILY SERVICES  
221 PARISH ST. - SANDUSKY

**Sponsored By:**

Erie County Health Department  
(419) 626-6781

*April 29, 2014***Behavior Change and Cultural Competent Care**

1:00pm - 4:00pm

This event will feature a seminar for healthcare providers on how to provide culturally relevant, engaging and inspiring guidance for minority members at risk for diabetes.

NEOMED  
4209 ROUTE 44 ST.- ROOTSTOWN

**Sponsored by:**

Summa Center for Health Equity at New Seasons  
(330) 865-5365

*April 29, 2014*

**Senior Citizen Health Expo**

3:00pm - 6:00pm

This event will feature informational tables from local health agencies and pharmacies. Blood pressure checks will be performed by a resident Licensed Practical Nurse. Door prizes and entertainment will be provided.

KENNEDY BUILDING  
815 NORHT 6<sup>TH</sup> AVE. -  
STEUENVILLE

**Sponsored By:**

Urban Mission Ministries  
(740) 282-0994 EXT. 30

*April 30, 2014*

**Safe to Sleep**

10:00am - 2:00pm

This event will provide a summary of the "Safe to Sleep" infant mortality prevention program, presented by The Erie County Mobile Health Vehicle and staff.

ERIE COUNTY HEALTH  
DEPARTMENT  
420 SUPERIOR ST. - SANDUSKY  
(419) 626-5623

**Sponsored By:**

Erie County Health Department  
(419) 626-5623

*April 30, 2014*

**Loads of Laundry and Learning**

1:00pm –4:00pm

This event is an opportunity for high risk pregnant women to wash and dry their cloths while learning about healthy eating, oral health, and well-being during pregnancy through health screenings and demonstration.

LAUNDRY EXPRESS  
1559 W. SYLVANIA AVE. – TOLEDO

**Sponsored by:**

The Lucas County Initiative to Improve Birth Outcomes (Pathways)  
(419) 476-9129

## LOCAL OFFICES OF MINORITY HEALTH

**Akron**

Summit County Office of Minority Health  
Summit County Health District  
1100 Graham Road Circle  
Stow, Ohio 44224

Monique Harris  
330-926-5764

**Cleveland**

Cleveland Office of Minority Health  
Cleveland Department of Public Health  
75 Erieview Plaza  
Cleveland, Ohio 44114

Candace Smith  
216-664-3052

**Columbus**

Columbus Office of Minority Health  
Columbus Public Health  
240 Parsons Ave  
Columbus, Ohio 43215

Ryan E. Johnson, MPH  
Program Director  
614-645-7335

**Dayton**

Dayton Council on Health Equity  
Public Health-Dayton & Montgomery County  
117 South Main Street  
Dayton, Ohio 45422

Cheryl C. Scroggins  
Community Coordinator for Health Equity  
937-225-4962

**Toledo**

Toledo Lucas County Commission  
on Minority Health  
Toledo-Lucas County Health Department  
635 North Erie Street  
Toledo, Ohio 43604

Dennis Hicks  
419-213-4095

**Youngstown**

Youngstown Office of Minority Health  
Youngstown City Health District  
345 Oak Hill Avenue, Suite 200  
Youngstown, Ohio 44502

Felicia M. Alexander, Director  
330-743-3333 ext. 238

**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the telephone number listed for verification of events.

# “APRIL IS MINORITY HEALTH MONTH”

2014 MINORITY HEALTH MONTH NATIONAL THEME:

**PREVENTION IS POWER:  
TAKING ACTION FOR HEALTH EQUITY**

**A statewide call to action to:**

Practice the activities and programs that arose from the

[United States Department of Health and Human Services Action  
Plan to Reduce Racial and Ethnic Disparities](#)

*and the*

[National Stakeholders Strategy for Achieving Health Equality](#)

*and the*

[Toolkit for Community Action](#)  
which will build a Healthier Ohio!

**Good Health Begins With You! ®**

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State Senator Edna Brown, Vice Chair, Toledo  
Cora Munoz, PhD, RN, Secretary, Worthington

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John McCarthy, Director, Ohio Department of Medicaid  
Charles Modlin, MD, Cleveland  
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State Representative Roland Winburn

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*Fiscal Specialist*

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*Executive Assistant*

Thometta Cozart-Brooks, MPH, MBA  
*Directors of Health Promotion & Education Fellow*

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Jamie Carmichael  
Ohio Department of Jobs and  
Family Services

Jamoya Cox, BA and  
Mary Miller  
Ohio Department of Mental  
Health and Addiction Services

Tamara Hairston and  
Mosenece Thomas  
Ohio Department of  
Developmental Disabilities

Jill Jackson  
Ohio Department of Education

Carol E. Ware  
Ohio Department of Medicaid

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*Senior - Franklin University*

Cerise Clarke  
*Senior - The Ohio State University*

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*PHD Candidate - Otterbein University*

## **CONTRACT STAFF:**

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The 2014 Minority Health Calendar of Events was made possible through hours of timeless work from our distinguished grantees. We would like to thank you so much.

Akron Regional Hospital Association  
American Fitness Health & Wellness Institute  
Asian American Community Services  
Asian Resource Center  
Charisma Community Connection  
Cincinnati Human Relations Commission  
City of Refuge Point of Impact  
Cleveland Contemporary Chinese Culture Assn.  
Cleveland Department of Health  
Columbus Area Integrated Services  
Columbus Public Health  
Community Action Partnership of the Greater Dayton Area  
Community Outreach Positive Alternative Trg.  
Council for Economic Opportunity in Greater Cleveland  
Dayton Area Korean Association  
Erie County Health Department  
Family and Community Services, Inc.  
Gaines United Methodist Church  
Kidney Foundation of Ohio, Inc.  
Korean Central Presbyterian Church  
Lucas County Regional Health District

Mercy Medical Center  
Mercy St. Vincent Medical Center  
Murtis Taylor Human Services System  
Neustra Gente Community Projects, Inc.  
Ohio Commission on Hispanic/Latino Affairs  
Ohio Hispanic Coalition  
Public Health- Dayton & Montgomery County  
Reach Out of Montgomery County  
Ross County Community Action  
Salaam Cleveland  
Santa Maria Community Services  
Summit County Combined General Health Dist.  
Teen Start, Inc.  
The Cleveland Clinic Office of Sponsored Research and Programs  
The Good Shepherd Baptist Church  
Urban Mission Ministries/ NCDC  
Urban Ounce of Prevention Services, Inc.  
William E. Sanders Family Life Center  
YMCA of Youngstown  
Youngstown City Health District  
YWCA Warren  
Zane State College Foundation

# The Ohio Commission on Minority Health

*Good Health  
Begins With You!®*



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