



**The Ohio Commission
on Minority Health
Celebrates 30 Years of
Service**

*“Bridging Health Equity Across
Communities”*

2017 MINORITY HEALTH MONTH
CALENDAR OF EVENTS
A 30-Day Wellness Campaign



**Good Health
Begins With You!**

“APRIL IS MINORITY HEALTH MONTH”

MINORITY HEALTH MONTH BACKGROUND :

Minority Health Month (MHM) was created in Ohio in April 1989. The first celebration featured 81 community initiated events. We were elated, since our goal was for one event to be conducted each day throughout Ohio. Minority Health Month was designed to be a 30-day inclusive, high visibility, wellness campaign.

In 2000, MHM became a national celebration.

The five goals established for the month, from inception, remain valid today. Those goals are to:

- provide crucial information to allow individuals to practice disease prevention;
- promote healthy lifestyles;
- showcase the providers of grassroots healthcare resources and information;
- highlight the disparate health conditions between Ohio’s minority and non minority populations; and
- to gain additional support for on-going efforts to improve minority health year round.

Today, the month has grown to over 100 events planned and executed by community based agencies and organizations. The creativity of these initiatives has been extraordinary.

While the month long wellness campaign focuses on health promotion and disease prevention among minority populations, **all events are free and open to the public.**



March 28, 2017

**Official State of Ohio Kick-Off
2017 Health Expo & Award Ceremony
for Minority Health Month**

9:00am - 2:00pm
Health information, screening, and ethnic edutainment will be available. Awards will be presented to outgoing board member and recognition of the "unsung heroes" of minority health in the state of Ohio.

77 S. HIGH ST., 3RD & 5TH FLOORS
COLUMBUS

Sponsored By:
Ohio Commission of Minority Health
(614) 466-4000

April 1, 2017

**2017 Minority Health Month Kick-Off
Celebration—Lucas County Regional
Health District Local Office of
Minority Health**

9:00am-3:00pm
The TOMH will present a Minority Health Month Kickoff. The event is free and open to all ages. Various health department services available. Walk-in services include physicals for both youth and adults, dental exams, eye exams, hearing exams, and immunizations.

SCOTT HIGH SCHOOL
2400 COLLINGWOOD BLVD-TOLEDO
(419) 213-4095

Sponsored By:
Lucas County Regional Health District
Toledo Local Office on Minority Health
(419) 213-4095

April 1, 2017

**2017 Minority Health Month Kick-Off
Event –Columbus Public Health
Local Office of Minority Health**

10:00am-2:00pm
One day community health education event in partnership with the Westside Community Health Advisory Committee, CareSource, Columbus Public Health-LGBTQ, OSU, DADDs, Lifeline of Ohio, Nationwide Children's Hospital and Office of Minority Health at Columbus Public Health.

COLUMBUS PUBLIC HEALTH
AUDITORIUM
240 PARSON AVE.-COLUMBUS
614-645-7335

Sponsored By:
Columbus Public Health Local Office of
Minority Health
(614) 645-7335

April 1, 2017

**2017 Minority Health Month Kick-Off
Summit County Combined General
Health District Local Office of
Minority Health Family Health Expo**

1:00pm-6:00pm
To raise awareness about health issues affecting racial and ethnic minorities. Information related to community resources will be presented. Health screenings and activities will take place.

UNITED BAPTIST CHURCH
1007 S. HAWKINS AVE.- AKRON
(330)836-0185

Sponsored By:
Summit County Combined General
Health District Local Office on
Minority Health
(330) 812-3902

April 1, 2017

**Cleveland Office of Minority Health
Get Healthy, Stay Healthy, Get
Moving**

12:00pm-4:00pm
A health awareness and screening event targeting African Americans to include blood pressure, cholesterol, diabetes, and prostate screenings, mammograms, weight, and BMI Measurements, and lead testing.

J. GLEN SMITH HEALTH CENTER
11100 ST. CLAIR AVE.-CLEVELAND
(216) 249-3600

Sponsored By:
Cleveland Department of Public Health
Local Office on Minority Health
(216) 664-3052



April 1, 2017

Autism Outreach Workshop

10:00am-12:00pm
Workshop to promote autism awareness. Learn about tactical practices and strategies for managing Autism. Bring the children! They will enjoy a basketball camp.

NEW COVENANT BELIEVERS' CHURCH
3400 KOHR BLVD.-COLUMBUS
(614) 475-1678

Sponsored By:
Emerging Autism Solutions
(614) 975-5582

April 1, 2017

**3rd Annual Stop the Violence 5K
Walk/Run**

11:00am-1:00pm
The purpose of this event is to address violent crimes and the growing concern for police brutality toward minority populations and systematic racism as a minority health disparity. This event will incorporate a sidewalk health fair for families and MHM giveaways.

STEUBENVILLE MUNICIPAL BUILDING
115 SOUTH 3RD STREET
STEUBENVILLE
(740) 282-8010

Sponsored By:
Urban Mission Ministries
(740) 282-8010 ext. 210

April 2, 2017

**Common Cancer Risks Among Asian
Populations**

2:15pm-4:15pm
Minority (Asian) cancer risk and life style, Colorectal cancer and stomach cancer, cervical cancer, and liver cancer presented by Dr. Sheng Liu, MD.

SOLON HIGH SCHOOL
33600 INWOOD RD.- SOLON
(440) 223-3838

Sponsored By:
Cleveland Contemporary Chinese
Culture Association
(440) 223-3838

April 2, 2017

Korean Community Health Fair

2:00pm-5:00pm

A minority health fair event to include glucose testing in partnership with Central Ohio Diabetes Association, Body Mass Index (BMI), Asthma and COPD in partnership with Central Ohio Breathing Association and Hepatitis B screening in partnership with Ohio Asian American Health Coalition.

KOREAN CHURCH
2825 SOUFFER RD.-COLUMBUS
(614) 366-8214

Sponsored By:
Ohio Asian American Health Coalition
614-366-8214

April 4, 2017

“FIT TO FAT” 21 Days of Wellness Pledge

6:30pm-8:00pm

What is the “Fit to Fat” 21 Days of Wellness Pledge? Commit to Health for at least 21 days in April and “Working on Weight Loss”. Commit to 5-9 servings of fruits and vegetables and exercise at least 5 times per week.

ABUNDANT SEASON ANOINTED
MINISTRIES INTERNATIONAL
643 TROY ST. - DAYTON
(937) 275-3770

Sponsored By:
American Fitness Health & Wellness
Institute
(937) 275-3770

April 4, 2017

Tomando Control de su Salud Talleres/Workshops

9:30am-12:00pm

Tomando Control de su Salud consists of 6 interactive Spanish-language classes for self-management of chronic illnesses. Participants learn lifestyle choices and symptom management to stay on top of their illness.

EL CENTRO DE SERVICIOS
SOCIALES
2800 PEARL AVE.- LORAIN
(440) 277-5327

Sponsored by:
El Centro de Servicios Sociales
(440) 277-8235 ext. 7014

April 4, 2017

21 Day Wellness Challenge

5:30pm-6:30pm

Make your health a priority this year! Take a pledge in easy daily activities and receive a “Get Fit Kit” and Wellness Journal.

COMMUNITY ACTION PARTNERSHIP
719 S. MAIN ST.-DAYTON
(937) 341-5000

Sponsored By:
Community Action Partnership of the
Greater Dayton Area
(937) 341-5000 ext. 134

April 4, 2017

Diabetes Education Program

8:00am-3:00pm

Students in health classes at the school will learn about diabetes, and its prevention through interactive learning activities including healthy food demonstration and exercise.

SHAKER HEIGHTS HIGH SCHOOL
15911 ALDERSYDE DR.
SHAKER HEIGHTS
(216) 970-9751

Sponsored By:
University Hospital Case Medical Center
(216) 970-9751

April 4, 2017

Prayer Fit Tuesdays Cardio Classes

6:30pm-8:00pm

Free cardiovascular conditioning classes to kick off new exercise habits using inspirational messages and prayer for encouragement to a healthier life.

AMERICAN FITNESS HEALTH &
WELLNESS INSTITUTE
643 TROY ST., SUITE A-DAYTON
(937) 275-3770

Sponsored By:
American Fitness Health & Wellness
Institute
(937) 275-3770



April 5, 2017

Teen C.O.R.E. (Create Opportunities for Recreation & Healthy Eating)

5:00pm-8:00pm

Youth to Youth teens host a fun night open to all 8th-12th graders! Teen C.O.R.E. will make great food and learn how food and drink choices can positively impact our health every day.

YOUTH TO YOUTH BUILDING
1420 FIELDS AVE. - COLUMBUS
(614) 224-4506

Sponsored By:
CompDrug, Inc.
(614) 586-7963

April 5, 2017

Building Stronger and Healthier Families

4:00pm-7:00pm

A fun, festive, interactive family event with activities that highlight how small daily changes make a big impact on improving overall health. Aerobic activities, informational health booths and MORE.

OUTHWAITE COMMUNITY CENTER
2452 EAST 46TH ST.-CLEVELAND
(216) 361-9799 OR (216) 696-9077
EXT. 251

Sponsored by:
Council for Economic Opportunities
in Greater Cleveland
(216) 696-9077 ext. 251

April 5, 2017

The Gus Johnson Community Foundation Women’s Health Fair

7:00pm-9:00pm

A health fair that will include vendors, door prizes and giveaways. Screenings which include but not limited to blood pressure and cholesterol. Healthy cooking demonstration by a licensed dietitian, speakers on mental health and infant mortality.

THE GUS JOHNSON COMMUNITY
CENTER
1015 S. HAWKINS AVE.-AKRON
(330) 836-8067

Sponsored by:
The Gus Johnson Community
Foundation
(330) 836-8067

April 5, 2017

Diabetes Education Program

8:00am-3:00pm
Students in health classes at John Hay High School will learn about diabetes and its prevention through interactive learning activities including healthy food demonstration and exercise.

JOHN HAY HIGH SCHOOL
2075 STOKES BLVD.-CLEVELAND
(216) 970-9751

Sponsored by:
University Hospital Case Medical Center
(216) 970-9751

April 6, 2017

Tomando Control de su Salud Talleres/ Workshops

9:30am-12:00pm
Tomando Control de su Salud consists of 6 interactive Spanish-language classes for self-management of chronic illnesses. Participants learn lifestyle choices and symptom management to stay on top of their illness.

EL CENTRO DE SERVICIOS SOCIALES
2800 PEARL AVE.-LORAIN
(440) 277-5327

Sponsored By:
El Centro de Servicios Sociales
(440) 277-8235 ext. 7014

April 6, 2017

Erie County Community Health Center: Your Connection to Good Health

5:00pm-7:00pm
For community members who would like to learn more about the quality medical, dental and behavioral health services available to people of all ages. Meet our staff, tour the facility, ask questions and participate in door prize drawings. Refreshments provided.

ERIE COUNTY HEALTH DEPARTMENT
420 SUPERIOR ST.-SANDUSKY
(419) 626-5623

Sponsored By:
Erie County Health Department
(419) 626-5623 ext. 172

April 6, 2017

Healthy Senior Expo.

8:00am-12:00pm
The Senior Expo will focus on health issues affecting racial and ethnic minority seniors in the community. Organizations will provide discussions, resources, and activities promoting healthy lifestyles.

Jewish Family Services of Akron
750 WHITE POND DR.-AKRON
(330) 867-3388

Sponsored by::
Summit County Combined General Health District Office of Minority Health
(330) 812-3902

April 7, 2017

Alcohol, Tobacco, Other Drugs and Violence Awareness Event

4:30pm-6:00pm
Community for New Direction will facilitate an event that will educate 11 to 18 year olds on the harms and dangers of substance abuse and violence.

COMMUNITY FOR NEW DIRECTION
993 E. MAIN ST. - COLUMBUS
614-272-1464

Sponsored By:
Community for New Direction
(614) 272-1464

April 7, 2017

Heart Healthy Eating

5:30pm-8:00pm
A speakers' forum that focuses on mitigating chronic illnesses by promoting lifestyle changes through healthy eating. Information will be provided that focuses on nutrition, understanding labels on food and healthy food preparation.

HARVARD COMMUNITY SERVICES CENTER
18240 HARVARD AVE.- CLEVELAND
(216) 991-8585

Sponsored By:
Harvard Community Services Center
(216) 991-8585

April 7, 2017

Heart Healthy Eats for the Valley

5:30pm-7:30pm
Free cooking demonstrations with instructions on creating flavorful meals to reduce the risk of heart attacks and strokes. Participants will be provided with fresh produce and recipes to take home.

ONE HEALTH OHIO COMMUNITY MEDICAL AND DENTAL CENTER
726 WICK AVE.- YOUNGSTOWN
(330) 747-9951

Sponsored by:
Hope Community Services
(330) 261-6104

April 7, 2017

Diabetes Education Program

8:00am-3:00pm
Students in health classes at Catholic Central High School will learn about diabetes and prevention through interactive learning activities including healthy food demonstration and exercise.

CATHOLIC CENTRAL HIGH SCHOOL
6550 BAXTER AVE.- CLEVELAND
(216) 970-9751

Sponsored by:
University Hospital Case Medical Center
(216) 970-9751

April 8, 2017

2017 Minority Health Month Kick-Off Public Health-Dayton & Montgomery County Local Office of Minority Health Month

9:00am-12:00pm
The 2017 Kick-off will feature health education sessions, free health screenings, and partner exhibits of available health services and community resources.

NEON THEATRE
130 E. FIFTH ST.- DAYTON
(937) 225-4962

Sponsored By:
Public Health-Dayton & Montgomery County Local Office of Minority Health
(937) 225-4962

April 8, 2017

2017 Minority Health Month Kick-Off Celebration Youngstown City Health District Local Office of Minority Health

11:00am-3:00pm
 Citywide Baby Shower & Health Fair
 The Stroller Stroll will begin at 11:30am. Health Screenings (BMI & Bone Density) will be provided by our partners Mercy Health, YCHD will provide Blood Pressure Screening.

ARLINGTON HEIGHTS RECREATION CENTER
 801 OTIS ST.-YOUNGSTOWN
 (330) 747-3290

Sponsored By:
 Youngstown Local Office of Minority Health
 (330) 743-3333 ext. 238

April 8, 2017

Healthy Relationship Workshop

10:00am-12:00pm
 To develop awareness of healthy relationship and prevent dating violence/ domestic violence, we will talk about aspects of healthy/unhealthy relationships, dating violence and effective communications skills.

TREE OF LIFE CONFERENCE CENTER
 5000 ARLINGTON CENTER BLVD,
 COLUMBUS
 (614) 586-1924

Sponsored by:
 Asian American Community Services
 (614) 220-4023 ext. 224



April 8, 2017

Autism Outreach Workshop

10:00am-12:00pm
 Workshop to promote autism awareness. Learn about tactical practices and strategies for managing Autism. Free and Open to the public. Bring the children! They will enjoy a basketball camp.

NEW COVENANT BELIVERS' CHURCH
 3400 KOHR BLVD.-COLUMBUS
 (614) 475-1678

Sponsored By:
 Emerging Autism Solutions
 (614) 975-5582

April 8, 2017

TOMH Minority Health Summit

10:00am-2:00pm
 This event will feature presentations for youth and adults to promote healthy lifestyles. The Health Summit will frame itself around the idea that healthy behaviors prevent diseases. Health promotion presentations will be available throughout the event.

ROBINSON ELEMENTARY SCHOOL
 1075 HORACE ST.-TOLEDO
 (419) 213-4095

Sponsored By:
 Lucas County Regional Health District
 Local Office of Minority Health
 (419) 213-4095

April 8, 2017

Chronic Disease Prevention for Family and Friends of Dialysis Patients

1:00pm-3:00pm
 Friends and families of dialysis patients are invited to attend a workshop to hear from experts on making positive lifestyle changes to prevent chronic disease that lead to organ failure.

FAIRHILL PARTNERS
 12200 FAIRHILL RD.-CLEVELAND
 (216) 421-1350

Sponsored By:
 MOTTEP of Cleveland
 (216) 229-6170 ext. 137

April 8, 2017

Get Your Green On with Container Gardening

10:00am-12:00pm
 Bring the kids and create your own spring container garden. Growing fresh food saves money, is healthier, and celebrates nature. All supplies provided including transporting your garden home. SPACE IS LIMITED

MONTGOMERY COUNTY CHILD DEVELOPMENT CENTER
 OLIVE HILLS
 7505 BRONSON ST.- DAYTON
 (937) 835-3429

Sponsored By:
 Reachout of Montgomery County
 (937) 258-2000

April 8, 2017

Getting Your Health In Order Series

10:00am-2:00pm
 Jump Start Kick Off: Health screening to include Mammogram, Prostate, A1c, lipid profile, blood pressure, height and weight, alcohol, HIV, dental, hearing, and vision.

COMMUNITY MATTERS
 2104 ST.MICHAEL ST.-CINCINNATI
 (513) 244-2214

Sponsored By:
 The Union Foundation
 (513) 885-6187

April 8, 2017

Asian Health Day-Health Screening Event

7:00am-12:30pm
 Health Screenings for blood pressure, cholesterol, glucose (10 hr. fasting required) heel scan for osteoporosis, BMI and Oral Cancer/Dental Screenings.

ALL NATIONS COMMUNITY CHURCH
 5260 HILL AVE.- TOLEDO
 (419) 535-5553

Sponsored by:
 Asian Resource Center
 (419) 297-7542

April 8, 2017

Get Fit & Healthy Conference

12:00p.m-4:30pm
 Neighborhood Ministries will host a special conference for girls ages 10-18. Healthy living workshops, food demonstrations, Double Dutch contest, and incentives for participants will be included.

NEIGHBORHOOD MINISTRIES
 ROCKFORD VILLAGE COMMUNITY CENTER
 14208 DOGWOOD LANE
 YOUNGSTOWN
 (330) 744-1446

Sponsored By:
 Neighborhood Ministries

April 8, 2017

Our Lives Matter: 8 Dimensions of Wellness for African American Moms

11:00am-3:00pm
 Workshops designed for new and expectant African American mothers. The trainings provide critical information to ensure the health and happiness of both mother and baby. Participants will receive free diapers and referrals for free baby bed.

BETHANY BAPTIST CHURCH
 A. WILSON WOOD FELLOWSHIP HALL
 959 BULEN AVE.- COLUMBUS
 (614) 253-2190

Sponsored By:
 Multiethnic Advocates for Cultural Competence, Inc. (MACC)
 (614) 221-7841

April 8, 2017

Healthy Start to a Healthy Life

1:00pm-3:00pm
 Pregnant moms/moms will be educated on the benefits of breastfeeding and will participate in an interactive technology audience response system that allows them to respond to educational questions.

CINCINNATI-HAMILTON COUNTY COMMUNITY ACTION AGENCY
 1470 LANGDON FARM RD.
 CINCINNATI
 (513) 569-1840

Sponsored By:
 Breastfeeding Outreach for Our Beautiful Sisters
 (513) 452-6627

April 9, 2017

Public Awareness Seminar on Common Cancer Risks Among Asian Population

2:15pm-4:15pm
 Early detection of cervical cancer and liver cancer in minority (Asian) population by screening, Mr. Daniel Ruth, Speaker

SOLON HIGH SCHOOL
 33600 INWOOD RD.-SOLON
 (440) 223-3838

Sponsored By:
 Cleveland Contemporary Chinese Culture Association
 (440) 223-3838

April 9, 2017

2017 Spring Health Fair

12:30pm-3:30pm
 This event will offer free screenings, including glucose, cholesterol, blood pressure, mammograms, prostate, hearing, pregnancy test, and HIV. Educational materials will be in English and Spanish.

PRICE HILL RECREATION CENTER
 959 HAWTHORNE AVE.
 CINCINNATI
 (513) 557-2700

Sponsored By:
 Santa Maria Community Services
 (513) 557-2700 ext. 207

April 10, 2017

Diabetes Education Program

8:00am-3:00pm
 Students in health classes at Shaker Heights High School will learn about diabetes and prevention through interactive learning activities including healthy food demonstration and exercise. This is a continuation of the Diabetes Education Program started the previous week.

SHAKER HEIGHTS HIGH SCHOOL
 15911 ALDERSYDE DR.
 SHAKER HEIGHTS
 (216) 970-9751

Sponsored By:
 University Hospitals Case Medical Center
 (216) 970-9751

April 10, 2017

Getting Your Health in Order Series

6:00pm-8:00pm
 Session One: 1) Faith-Introduction to the Daniel Plan, Gaining Self Confidence to make positive lifestyle changes: 2) Food Practice choosing real vs. processed foods to experience good nutrition.

COMMUNITY MATTERS
 3RD FLOOR CLASSROOM
 2104 ST. MICHAEL ST.-CINCINNATI
 (513) 244-2214

Sponsored By:
 The Union Foundation
 (513) 885-6187

April 10, 2017

Asian Health Day

12:30pm-1:30pm
 A presentation on "Thyroid cancer. Signs, symptoms, and treatment.

ASIAN SENIOR CENTER
 HIGHLAND PARK SHELTER HOUSE
 1865 FINCH ST.-TOLEDO
 (419) 936-2866

Sponsored By:
 (419) 297-7542

April 11, 2017

Tomando Control de su Salud Talleres/Workshops

9:30am-12:00pm
Tomando Control de su Salud consists of 6 interactive Spanish-language classes for self-management of chronic illnesses. Participants learn lifestyle choices and symptom management to stay on top of their illness.

EL CENTRO DE Servicios Sociales
2800 Pearl Ave.- Lorain
(440) 277-5327

Sponsored By:
El Centro de Servicios Sociales
(440) 277-8235 ext. 7014

April 11, 2017

Organ Donor Drive

8:00am-12:00pm
This is a collaborative event with Life-Banc held at the Metro Transit Station to register potential organ donors. Bus passes will be distributed to newly registered individuals and verified registered donors.

METRO REGIONAL TRANSIT AUTHORITY
631 S. BROADWAY ST.- AKRON
(330) 762-0341

Sponsored By:
Summit County Combined General Health District Local Office on Minority Health
(330) 812-3902

April 11, 2017

Diabetes Education Program

8:00am-3:00pm
Students in health classes at John Hay High School will learn about diabetes and prevention through interactive learning activities including healthy food demonstration and exercise. This is a continuation of the Diabetes Education program started the previous week.

JOHN HAY HIGH SCHOOL
2075 STOKES BLVD.- CLEVELAND
(216) 970-9751

Sponsored By:
University Hospitals Case Medical Center
(216) 970-9751

April 11, 2017

Step Up to Diabetes

11:00am
Workshops and forums are designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well being.

COLUMBUS PUBLIC HEALTH OFFICE OF MINORITY HEALTH
240 PARSONS AVE.-COLUMBUS
(614) 645-7336

Sponsored By:
Columbus Public Health Office of Minority Health
(614) 645-7335

April 12, 2017

Alcohol, Tobacco, Other Drugs and Violence Awareness Event

4:30pm-6:00pm
Community for New Direction will facilitate an event that will educate 11 to 18 year olds on the harms and dangers of substance abuse and violence.

COMMUNITY FOR NEW DIRECTION
993 E. MAIN ST.-COLUMBUS
(614) 272-1464

Sponsored By:
Community for New Direction
(614) 272-1484

April 12, 2017

Overcoming the Challenges of Addiction

4:00pm-6:30pm
This event will be a forum including a lecture and discussion related to coping with the effects of addiction if it is drugs; alcohol; food, or gambling.

ZION BAPTIST CHURCH
630 GLENWOOD AVE.-CINCINNATI
(513) 751-8608

Sponsored By:
Zion Baptist Church
(513) 751-8608

April 12, 2017

Heart Healthy Eats for the Valley

5:30pm-7:30pm
Free cooking demonstrations with instructions on creating flavorful meals to reduce the risk of heart attacks and strokes. Participants will be provided with fresh produce and recipes to take home.

ONE HEALTH OHIO COMMUNITY MEDICAL AND DENTAL CENTER
726 WICK AVE.- YOUNGSTOWN
(330) 747-9551

Sponsored By:
Hope Community Services
(330) 261-6104

April 12, 2017

Building Stronger and Healthier Families

4:00pm-7:00pm
A fun, festive, interactive family event with activities that highlight how small daily changes make a big impact on improving overall health. Aerobic activities, informational health booths and MORE.

WILLARD HEAD START CENTER
2220 W. 95TH ST.- CLEVELAND
(216) 651-0981

Sponsored By:
Council for Economic Opportunities in Greater Cleveland
(216) 696-9077 ext. 251

April 12, 2017

Teen C.O.R.E. (Create Opportunities for Recreation & Healthy Eating)

5:00pm-8:00pm
All Central Ohio 8th-12th graders are invited for a fun hip hop dance & fitness class with renowned instructor Mike Nicholson. No dance experience necessary, this is for Everyone!

YOUTH TO YOUTH BUILDING
1420 FIELDS AVE.-COLUMBUS
(614) 224-4506

Sponsored By:
CompDrug dba Youth to Youth
(614) 586-7963

April 12, 2017

We Need the Village: Help Us Save the Babies

5:30pm-7:30pm

Too many babies are dying before their first birthday! This includes a high number of black infants. We must solve this heart-breaking health problem! Please come and share your thoughts and get information about saving babies!

CENTRAL STATE UNIVERSITY
DAYTON CAMPUS
840 GERMANTOWN ST.-DAYTON
(937) 225-4962

Sponsored By:
Public Health - Dayton & Montgomery County
(937) 225-4962

April 12, 2017

Diabetes Education Program

8:00am-3:00pm

Students in health classes at Catholic Central High School will learn about diabetes and prevention through interactive learning activities including healthy food demonstration and exercise. This is a continuation of the Diabetes Education Program started the previous week.

CATHOLIC CENTRAL HIGH SCHOOL
6550 BAXTER AVE.- CLEVELAND
(216) 970-9751

Sponsored By:
University Hospitals Case Medical Center
(216) 970-9751

April 12, 2017

The Gus Johnson Community Foundation Men's Health Fair

7:00pm-9:00pm

Health fair that will include vendors, door prizes and giveaways. Screenings will include but not be limited to blood pressure and cholesterol. A healthy cooking demonstration by a licensed dietitian, a speaker from a mental health agency and a speaker addressing infant mortality.

GUS JOHNSON COMMUNITY CENTER
1015 S. HAWKINS AVE.- AKRON
(330) 836-8067

Sponsored By:
Gus Johnson Community Foundation
(330) 836-8067

April 13, 2017

Can We Talk-Community Mental Health Forum

6:00pm-8:00pm

This forum will educate members of the African-American community and their families along with the broader community about the effects of depression, stress and trauma on their personal health and well-being.

SUNLIGHT VILLAGE INC.
3320 WEST THIRD ST.- DAYTON
(937) 640-1679

Sponsored By:
Antioch University Midwest
(937) 640-1679

April 13, 2017

Take Action for Better Health!

2:00pm-5:00pm

This free event will educate the minority community about the major health issues of infant mortality, diabetes, hypertension, cancer and the resources available to address them. Free screenings, cooking demo samples, and fun family activities.

REACH OPPORTUNITY CENTER
SUMMIT LAKE
390 CROSIER ST.- AKRON
(330) 344-2462

Sponsored By:
Cleveland Clinic Akron General
(330) 344-7101

April 13, 2017

Tai Chi Open House

9:30am-11:30am

Residents of the Toledo central city will be invited to see tai chi demonstrations, experience min-classes, receive information on the health benefits of tai chi, and receive invitations to free 12-week classes.

MONROE STREET NEIGHBORHOOD CENTER
3613 MONROE ST.- TOLEDO
(419) 473-1167

Sponsored By:
Monroe Street Neighborhood Center
(419) 473-1157

April 13, 2017

Oral Health Day

9:00am-3:00pm

Oral Health Day will focus on the oral health of refugees and the uninsured. Dental services and education will be provided at no cost. Oral health kits will be distributed to attendees.

SUMMIT COUNTY PUBLIC HEALTH
1867 W. MARKET ST.- AKRON
(330) 923-4891

Sponsored By:
Summit County Combined General Health District Local Office on Minority Health
(330) 812-3902

April 13, 2017

Minority Health Conference "Reducing Infant Mortality in Mahoning County"

8:30am-3:30pm

This conference will look at the efforts of the MY Babies First Coalition and where we are in improving the Mahoning County's rate of infant mortality. Noted area speakers in the field of maternal & child health will facilitate.

Tabernacle Baptist Church
707 Tabernacle Blvd.-Youngstown
(330) 747-9624

Sponsored By:
Youngstown Office on Minority Health

April 14, 2017

Kids Health Spectacular

4:00pm-7:00pm

The Kids Health Spectacular will be divided into two chronological sections, focusing on nutrition and fitness. The nutrition hands-on demonstration by a registered dietitian. Fitness with a Zumba instructor, both transferring skills to youth through engagement.

CHAGRIN FALLS PARK COMMUNITY CENTER GELLEIN GYMNASIUM
7060 WOODLAND AVE.
CHAGRIN FALLS
(440) 247-6030

Sponsored By:
Chagrin Falls Park Community Center
(440) 247-6030

April 15, 2017

Hepatitis B Education and Screening

10:00am-1:00pm
ASIA will distribute multilingual risk assessments and educational material about Hepatitis B and perform Hepatitis B screening via blood draws (or schedule a hepatitis B blood draw screening appointment at ASIA-ICHC).

STERLING RECREATION CENTER
1380 E. 32ND ST.-CLEVELAND
(216) 881-0330

Sponsored By:
Asian Services in Action, Inc.
(216) 881-0330 ext. 8813

April 15, 2017

Office of Minority Health Workshops and Forums

10:00am-2:00pm
The Office of Minority Health at Columbus Public Health workshops and forums are designed to engage the community in dialogue about their understanding of the importance of taking personal Responsibility for their health and well being.

COLUMBUS PUBLIC HEALTH
240 PARSONS AVE.-COLUMBUS
(614) 645-7335

Sponsored By:
Office of Minority Health at Columbus Public Health
(614) 645-7335

April 15, 2017

Healthy Eating for Healthy Living

12:00pm-2:00pm
Modifications to cooking/diet that make food more healthy will be demonstrated, tasted for review and discussed. All participants receive a cookbook of healthy diet options!

COLLEGE HILL COMMUNITY CHURCH, PCUSA
1547 PHILADELPHIA DR.-DAYTON
(937) 278-4203

Sponsored By:
Dayton Urban Ministry Center
(937) 278-4203

April 15, 2017

Love & Basketball

12:00pm-4:00pm
3-on-3 basketball tournament with a tie in educational component. The education will focus on cardiovascular and sexual health.

CLEVELAND GLENVILLE RECREATION CENTER
680 E. 113TH ST.- CLEVELAND
(216) 664-2516

Sponsored By:
Famicos Foundation
(216) 791-6476 ext. 269

April 15, 2017

Prairie Township Free Produce Market

9:00am-11:00am
This free produce market will have a Registered Dietitian on hand to conduct a bi-lingual healthy food demo (with interpreter) and provide nutritional guidance based on MYPLATE guidelines.

PRAIRIE TOWNSHIP FIRE DEPARTMENT
123 INAH AVE.- COLUMBUS
(614) 878-4571

Sponsored By:
Franklin County Public Health
(614) 525-4919

April 15, 2017

Ross County CAC Fitness Challenge

10:00am-1:00pm
Youth ages 9-18 will compete against the clock by doing as many sit-ups, push-ups and shuttle runs as they can in 1 minute. A special activity will be available for children ages 3-8.

CHILLICOTHE CITY PARK
34 S. PAINT ST.- CHILLICOTHE
(740) 702-7222

Sponsored By:
Ross County Community Action, Inc.
(740) 702-7222

April 15, 2017

Health Fair/Cardiovascular Day

9:00am-3:00pm
This is a collaborative event where the House of the Lord will have a health fair and the Office of Minority Health will focus on cardiovascular awareness by teaching Hands Only CPR, exercise techniques and distribute recipes to promote a healthy heart.

HOUSE OF THE LORD
1650 Diagonal Rd.- AKRON
(330) 864-9073

Sponsored By:
Summit County Combined General Health District Local Office of Minority Health

April 15, 2017

Men's Health Luncheon

12:00pm-2:00pm
This event will encourage healthier eating habits and address various health disparities affecting minority males. This event serves as a precursor for the Men's Free Prostate Screening.

STEUBENVILLE HIGH SCHOOL COMMONS
420 NORTH 4TH ST.- STEUBENVILLE
(740) 282-9741

Sponsored By:
Urban Mission Ministries
(740) 282-8010 ext. 210

April 15, 2017

Prescription For a Healthy Life Style

11:00am-2:00pm
Community Health Walk will start at the William E. Sanders Family Life Center to Chagrin Blvd., Shaker Heights. This route is approximately 2.5 miles. There will be health information regarding diet and exercise, pedometer and water bottles for the walkers.

WILLIAM E. SANDERS FAMILY LIFE CENTER
2949 LEE RD.- CLEVELAND
(216) 751-2688

Sponsored By:
William E. Sanders Family Life Center
(216) 751-2688

April 17, 2017

Fitness & Nutrition on the Go!

6:00pm-8:00pm

Adults will have his/her own food set-up station for hands-on meal preparation transferring skills. Yoga instructor leading physical workshop and explain how regular yoga can improve health. A Dietitian will oversee healthy food alternatives.

CHAGRIN FALLS PARK COMMUNITY CENTER GELLEIN GYMNASIUM
7060 WOODLAND AVE.
CHAGRIN FALLS
(440) 247-6030

Sponsored By:

Chagrin Falls Park Community Center
(440) 247-6030

April 17, 2017

Getting Your Health In Order Series

6:00pm-8:00pm

Session Two: 1) Fitness-Strengthening Your Body. Finding ways to get motivated and finding movement that is enjoyable. 2) Focus-Learn steps to improve your focus..

COMMUNITY MATTERS
3RD FLOOR CLASSROOM
2104 ST. MICHAEL ST.- CINCINNATI
(513) 244-2214

Sponsored By:

The Union Foundation
(513) 885-6187

April 18, 2017

Program #2-High Risk Pregnancy and Breast Feeding

12:00pm-200pm

This forum will educate and raise community awareness on the current infant mortality crisis in the West Dayton African-American community and within the state of Ohio, and provide prevention and intervention strategies on how to support mothers and families, to improve pregnancy, positive outcomes and save the *lives* of babies.

SUNLIGHT VILLAGE, INC.
3320 WEST THIRD ST.-DAYTON
(937) 640-1679

Sponsored By:

Antioch University Midwest
9937) 769-1836

April 18, 2017

Do's & Don'ts to Herbs and Dietary Supplements

6:30-8:00pm

This seminar will teach the attendee about the proper "do's and don'ts" regarding the latest research on herbs and supplements and prescribed medications.

Prayer Fit Tuesdays Cardio Classes

6:30pm-8:00pm

Free cardiovascular conditioning classes to kick off new exercise habits using inspirational messages and prayer for encouragement to a healthier life.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE
643 TROY ST., SUITE A, DAYTON
(937) 275-3770

Sponsored By:

American Fitness Health & Wellness Institute
(937) 275-3770

April 18, 2017

Silent Killer—Is it You? Undetectable Diabetes

11:00am-1:30pm

The American Diabetes Association will partner with Cincinnati Human Relations Commission to educate individuals on how to identify symptoms, treatment plans, and proper eating for those with diabetes or at risk per their family history. A fitness trainer will also provide demonstration on low impact exercise.

OVER THE RHINE RECREATION CENTER
1715 REPUBLIC ST.- CINCINNATI
(513) 381-1893

Sponsored By:

Cincinnati Human Relations Commission
(513) 352-2498



April 18, 2017

Tomando Control de su Salud Talleres/Workshops

9:30am-12:00pm

Tomando Control de su Salud consist of 6 interactive Spanish-language classes for self-management of chronic illnesses. Participants learn lifestyle choices and symptom management to stay on top of their illness.

EL CENTRO DE SERVICIOS SOCIALES
2800 PEARL AVE.- LORAIN
(440) 277-5327

Sponsored By:

El Centro de Servicios Sociales
(440) 277-8235 ext 7014

April 19, 2017

Food Pantry—First Baptist Church

10:00am-3:00pm

To raise awareness on health issues affecting racial and ethnic minorities. Information related to Summit County Public Health programs will be distributed.

FIRST BAPTIST CHURCH
1670 SHATTO AVE., AKRON
(330) 867-2121

Sponsored By:

Summit County Combined Health District Local Office on Minority Health
(330) 926-5764

April 20, 2017

Children's Health Awareness Day

9:00am-11:00am

Event will include educational activities focused on health and wellness and disease prevention. Interactive activities for children to learn about hand washing, oral care, and more.

HOLY FAMILY SCHOOL
3001 PRICE AVE.- CINCINNATI
(513) 557-2700 EXT 207

Sponsored By:

Santa Maria Community Services
(513)557-2700 ext. 207

April 20, 2017

Silent Killer—Is it You? Undetectable Diabetes

11:00am-1:30pm
The American Diabetes Association will partner with Cincinnati Human Relations Commission to educate individuals on how to identify symptoms, treatment plans, and proper eating for those with diabetes or at risk per their family history. A fitness trainer will also provide demonstrations on low impact exercise.

OVER THE RHINE RECREATION CENTER
1715 REPUBLIC ST.-CINCINNATI
(513) 381-1893

Sponsored By:
Cincinnati Human Relations Commission
(513) 352-2498

April 20, 2017

Tomando Control de su Salud Talleres/Workshops

9:30am-12:00pm
Tomando Control de su Salud consists of 6 interactive Spanish-language classes for self-management of chronic illnesses. Participants learn lifestyle choices and symptom management to stay on top of their illness.

EL CENTRO DE SERVICIOS SOCIALES
2800 PEARL AVE.- LORAIN
(440) 277-5327

Sponsored By:
El Centro de Servicios Sociales
(440) 277-8235 ext. 7014

April 21, 2017

Drug Abuse & Opiate Epidemic

1:00pm-4:00pm
The workshop will educate Latino leaders about the current trends, prevention methods and available community resources to fight drug and opiate abuse.

OUR LADY OF GUADALUPE CENTER
441 INDUSTRY CENTER DRIVE
COLUMBUS
(614) 274-0109

Sponsored By:
Ohio Commission on Hispanic/Latino Affairs
(614) 728-8345

April 21, 2017

“Someone Saved My Life Tonight” - An Encore Performance”

7:00pm-9:00pm
A play based on the life of Sal Perez, Senior Pastor at Victory Outreach Tucson and nationally acclaimed recording artist. A talk back will follow on the principles of recovery, healing and spirituality. A Public Awareness event will disseminate information on Cancer, Diabetes, Cardiovascular Diseases (primarily Hypertension), Infant Mortality, Substance Abuse, and Violence.

COMMUNITY OF FAITH ASSEMBLY
5949 ENGEL RD.- CLEVELAND
(216) 883-5036

Sponsored By:
Cleveland Treatment Center
(216) 861-4246

April 22, 2017

Erie County Community Health Center: Your Connection to Good Health

11:00am-1:00pm
For community members who would like to learn more about the quality medical, dental and behavioral health services available to people of all ages. Meet our staff, tour the facility, ask questions and participate in door prize drawings. Refreshments provided.

ERIE COUNTY HEALTH DEPARTMENT
420 SUPERIOR ST.- SANDUSKY
(419) 626-5623

Sponsored By:
Erie County Health Department
(419) 626-5623 ext. 172

April 22, 2017

Cardio Nation 2017

7:30am-1:00pm
What is Cardio Nation 2017? Cardio Nation is an expansion of Cardiofest, festive cardiovascular activities, indoors, outdoors, a nation of stations, booths, screenings, speakers on wellness issues (cancer, obesity, heart disease, finances, body image, family violence, and diabetes).

ABUNDANT SEASON ANOINTED MINISTRIES INTERNATIONAL
643 TROY ST.- DAYTON
(937) 275-3770

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770

April 22, 2017

Get Fit & Healthy Conference

12:00pm-4:00pm
Neighborhood Ministries will host a special conference for girls ages 10-18. Healthy living workshops, a food demonstration, Double Dutch contest and incentives for participants will be included.

YOUNGSTOWN WEST SIDE COMMUNITY CENTER
304 MATTA AVE.-YOUNGSTOWN
(330) 799-9382

Sponsored By:
Neighborhood Ministries
(330) 755-8696

April 22, 2017

Strike a Note Against Violence

10:00am-2:00pm
Discover and tapping into the artistic talents to redirect violent behavior and emotions through visual art, dramatic arts, creative writing, drum circles, poetry, and other activities using music.

ASSOCIATED NEIGHBORHOOD CENTER/MCGUFFEY CENTER
1649 JACOBS RD.- YOUNGSTOWN
(330) 744-4377

Sponsored By:
Associated Neighborhood Center McGuffey Centre
(330) 744-4377

April 22, 2017

Healthy Start to a Healthy Life

1:00pm-3:00pm
Pregnant moms will be educated on the benefits of breastfeeding, learn how to successfully breastfeed and understand the importance of breastfeeding and infant mortality prevention to SIDS. Moms will participate in an interactive technology audience response system that allows each participant to feel included in the learning process.

CINCINNATI-HAMILTON COUNTY COMMUNITY ACTION AGENCY
1470 LANGDON FARM RD.
CINCINNATI
(513) 569-1840

Sponsored By:
Breastfeeding Outreach for Our Beautiful Sisters-BOOBS

April 22, 2017

Health Fair and Walking Promotion Event

10:00am-1:00pm

This fair will promote health in an informal setting that encourages social interaction. We will promote a nearby walking route, other glucose testing, and on-site mammography screening.

DOCTORS HOSPITAL WEST
PARKING LOT
5100 W. BOARD ST.-COLUMBUS
(614) 544-1000

Sponsored By:
Franklin County Public Health
(614) 525-4919

April 22, 2017

Health Fair/Prevention of Coronary Disease and Awareness of Diabetes

9:00am-2:00pm

Screening blood tests, blood pressure measurement, Question and Answer session with consulting physicians and medical lecture by Dr. Soon Park regarding Coronary Arterial Disease.

KOREAN CENTRAL
PRESBYTERIAN CHURCH
8220 BRECKSVILLE RD.
BRECKSVILLE
(440) 838-1066

Sponsored By:
Korean Central Presbyterian Church
(419) 202-0335

April 22, 2017

Chronic Disease Prevention for Family and Friends of Dialysis Patients

1:00pm-3:00pm

Healthy screenings, healthy snack demonstrations and physical activity targeting friends and families of dialysis patients.

FAIRHILL PARTNERS
12200 FAIRHILL RD.- CLEVELAND
(216) 421-1350

Sponsored By:
MOTTEP of Cleveland
(216) 229-6170 ext. 137

April 2A2, 2017

Our Lives Matter: 8 Dimensions of Wellness for African American Moms

11:00am-3:00pm

Workshops designed for new and expectant African-American mothers. The trainings provide critical information to ensure the health and happiness of both mother and baby. Participants will receive free diapers and referrals for free baby bed.

BETHANY BAPTIST CHURCH
A WILSON WOOD FELLOWSHIP HALL
959 BULEN AVE.- COLUMBUS
(614) 253-2190

Sponsored By:
Multiethnic Advocates for Cultural Competence, Inc. (MACC)
(614) 221-7841

April 22, 2017

Health Information Program

9:00am-12:00pm

Health information program to discuss topics on hypertension, diabetes and stroke. The health professional experts from University Hospital and University Hospital Case Medical Center. This will be a half day workshop and open to the general public.

OLIVET HOUSING AND COMMUNITY DEVELOPMENT CORPORATION
8819 QUINCY AVE., CLEVELAND
(216) 721-3585

Sponsored By:
Olivet Housing Community Development Corporation
(216) 256-6939

April 22, 2017

Get your Greens on with Container Gardening

10:00am-12:00pm

Bring the kids and create your own spring container garden. Growing fresh food saves money, is healthier, and celebrates nature. All supplies provided including transporting your garden home. Space are limited.

KIMMEL FIRE STATION
1525 KIMMEL LANE -DAYTON
(937) 258-2000

Sponsored By:
Reachout of Montgomery County
(937) 258-2000

April 22, 2017

Ross County CAC Health Fair

10:00am-2:00pm

Free health screenings such as blood pressure, BMI and breast cancer will be provided by local health care facilities. Physician referrals will be available to individuals with abnormal results. Exercise and fitness information will also be provided.

CARVER COMMUNITY CENTER
165 WEST FOURTH ST.
CHILLICOTHE
(740) 702-7222

Sponsored By:
Ross County Community Action, Inc.
(740) 702-7222

April 22, 2017

Management of Mental health in African American Community

9:00am-2:00pm

This event will be a health fair which will include a lecture and discussion informing the attendees the importance of proper diagnosis and treatment in managing mental illness.

ZION BAPTIST CHURCH
630 GLENWOOD AVE., CINCINNATI
(513) 751-8608

Sponsored By:
Zion Baptist Church
(513) 751-8608

April 23, 2017

Health Fair/Prevention of Coronary Disease and Awareness of Diabetes

1:00pm-3:00pm

Screening blood tests; blood pressure measurement; and question and answer session with consulting physicians.

KOREAN CENTRAL PRESBYTERIAN CHURCH
8220 BRECKSVILLE RD.,
BRECKSVILLE
(440) 838-1066

Sponsored By:
Korean Central Presbyterian Church
(419) 202-0335

April 24, 2017

Zumba Gold Open House

10:30am-12:30pm
Residents of the Toledo central city will be invited to see Zumba Gold demonstrations, experience mini-classes, receive information on the health benefits of Zumba Gold, and receive invitations to free classes.

MONROE STREET NEIGHBORHOOD CENTER
3613 MONROE ST.- TOLEDO
(419) 473-1167

Sponsored By:
Monroe Street Neighborhood Center
(419) 473-1167

April 24, 2017

Getting Your Health in Order Series

6:00pm-8:00pm
Session Three: Renewal and Encouragement. Obtain the key to long-term sustainable change.

COMMUNITY MATTERS
3RD FLOOR CLASSROOM
2104 ST. MICHAEL ST.- CINCINNATI
(513) 244-2214

Sponsored By:
The Union Foundation
(513) 885-6187

April 25, 2017

Prayer Fit Tuesdays Cardio Classes

6:30pm –8:00pm
Free cardiovascular conditioning classes to kick off new exercise habits using inspirational messages and prayer for encouragement to a healthier life.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE
643 TROY ST., SUITE A
DAYTON
(937) 275-3770

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770

April 25, 2017

Tomando Control de su Salud Talleres/Workshops

9:30am-12:00pm
Tomando Control de su Salud consists of 6 interactive Spanish-language Classes for self-management of chronic illnesses. Participants learn lifestyle choices and symptom management to stay on top of their illness.

EL CENTRO DE SERVICIOS SOCIALES
2800 PEARL AVE.- LORAIN
(440) 277-5327

Sponsored By:
El Centro de Servicios Sociales
(440) 277-8235 ext. 7014

April 26, 2017

Community Conversation about Health Disparities

8:30am-10:30am
This event will raise awareness about health disparities and explore impact strategies. Includes a presentation by Public Health-Dayton & Montgomery County and small group discussions about individual and collective opportunities to make a difference.

CENTRAL STATE UNIVERSITY WEST
840 GERMANTOWN ST.- DAYTON
(937) 224-4278

Sponsored By:
Community Action Partnership of the Greater Dayton Area
(937) 341-5000 ext. 134

April 27, 2017

Help & Health Over Heroin & Opiates

6:30pm-8:00pm
This seminar will inform the community of the dangers, signs, and symptoms of heroin and opiate abuse and where to turn to get help, to improve health to triumph away from this growing trend in Montgomery County.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE
643 TROY ST.- DAYTON
(937) 275-3770

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770

April 27, 2017

Pump Up the Heart, Down the Blood Pressure

11:00am-2:00pm
Increase awareness of cardiovascular disease through educational sessions. Blood Pressure screening will be conducted and health related information and give-ways. Low impact and chair based exercises classes will be offered to participants.

ASSOCIATED NEIGHBORHOOD CENTER
MCGUFFEY CENTRE
1649 JACOBS RD.- YOUNGSTOWN
(330) 744-4377

Sponsored By:
Associated Neighborhood Center
McGuffey Center
(330) 744-4377

April 27, 2017

Built to Win: Drink Smart

5:00pm-6:30pm
Students and their families will participate in a workshop where participants will participate in hands-on smoothie making stations using fruits and vegetables. Students will be able to identify 3 or 4 smoothie combinations from fruits and vegetables.

BOYS & GIRLS CLUB OF DAYTON
1828 W. STEWART ST.- DAYTON
(937) 262-8377

Sponsored By:
Boys & Girls Club of Dayton
(937) 262-8377

April 27, 2017

Akron Minority Health Outreach Project: Take Action for Better Health

3:00pm-6:00pm
This free event will educate the minority community about the major health issues of infant mortality, diabetes, hypertension, cancer, and the resources available to address them. Free screenings, cooking demonstration samples and fun family activities.

MASON PARK COMMUNITY CENTER
700 E. EXCHANGE ST.- AKRON
(330) 344-2462

Sponsored By:
Cleveland Clinic Akron General
(330) 344-7101

April 27, 2017

Comprando Rico y Sano Taller Shopping Healthy and Delicious Workshop

9:30am-12:00pm

Comprando Rico y Sano is a Spanish-language, culturally appropriate family nutrition workshop. Participants learn about the MyPlate model and explore the grocery store to complete a healthy eating challenge.

EL CENTRO DE SERVICIOS SOCIALES
2800 PEARL AVE.-LORAIN
(440) 277-5327

Sponsored By:

El Centro de Servicios Sociales
(440) 277-8235 ext. 7014

April 27, 2017

H2Co Violence Intervention Program

6:00pm-8:00pm

The goal of the H2Co Violence Prevention Summit is to provide an enriching and culturally competent training and networking opportunity for youth, volunteers and professionals working toward the prevention of violence and other destructive behaviors as well as integrating such prevention efforts with local community leaders.

LEADERSPARK, INC.
1336 E. MAIN ST.- COLUMBUS
(614) 323-8911

Sponsored By:

LeaderSpark, Inc.
(614) 323-8911

April 27, 2017

Men's Free Prostate Screenings

4:30pm-6:30pm

This is an annual event that is free to minority men. Doctors will administer Prostate Screening Blood Test/Physical Exams and refer or provide follow up services for participants who require it.

TONY TERAMANA CANCER CENTER
3204 JOHNSON RD.- STEUBENVILLE
(740) 264-8700

Sponsored By:

Urban Mission Ministries
(740) 282-8010 ext. 210

April 27, 2017

Community 1st Birthday Celebration

12:00pm-3:00pm

The Community 1st Birthday celebration will provide resources for moms and baby's to foster development. There will be lead screening test for children. Exercise and movement activities.

WICK RECREATION CENTER
WICK PARK
260 PARK AVE.-YOUNGSTOWN
(330) 747-0237

Sponsored By:

Youngstown Office on Minority Health
(330)743-3333 ext. 238

April 27, 2017

Women's Free Mammogram & Pap Screenings

4:30pm-6:30pm

This is an annual event that is free to minority women who do not have health insurance. Doctors will administer physical exams and refer or provide follow up services for participants who require it.

TRINITY MEDICAL CENTER EAST
1 ROSS PARK,- STEUBENVILLE
(740) 282-8010

Sponsored By:

Urban Mission Ministries
(740) 282-8010



April 28, 2017

21 Day Wellness Challenge

5:30pm-6:30pm

Make your health a priority this year! Take a pledge to participate in easy daily activities and receive a "Get Fit Kit" and Wellness Journal. Certificate awarded upon completion. Pre-registration required.

COMMUNITY ACTION PARTNERSHIP
719 S. MAIN ST.-DAYTON
(937) 341-5000

Sponsored By:

Community Action Partnership of the Greater Dayton Area
(937) 341-5000 ext. 134

April 28, 2017

"Cardiovascular and Diabetes Risk in Asians"

3:00pm-5:00pm

This event will focus on health awareness and prevention of Cardiovascular disease and Diabetes. Invited guest speakers will be medical and nutrition experts that understand Asian communities and their dietary practices. They will be using Cultural Competence Constructs to Understand Food Practices and Provide Diabetes Care and Education.

DUBLIN ENTREPRENEURIAL CENTER
565 METRO PLACE S., SUITE 300
DUBLIN
(614) 989-2429

Sponsored By:

Ohio Asian American Health Coalition
(614) 366-8214

April 28, 2017

Performing Arts/Cultural Night with Affordable Care Act Outreach

6:00pm-9:00pm

Asian American Pacific Islanders performing arts/cultural night which will include Affordable Care Act Outreach and Education along with family-friendly, health-focused activities, all while highlighting AAPI performing arts and culture.

ASIAN SERVICES IN ACTION, INC.
730 CARROL ST.- AKRON
(330) 535-3263

Sponsored By:

Asian Services in Action, Inc.
(330) 535-5304 ext. 5304

April 28, 2017

Celebrity Chef Cook Off

5:30pm-8:00pm

Celebrity Chefs prepare foods we love to eat cooked in a healthier way during the forum. Samples of food prepared will be given to participants with recipes and preparation tips.

HARVARD COMMUNITY SERVICES CENTER
18240 HARVARD AVE.- CLEVELAND
(216) 991-8585

Sponsored By:

Harvard Community Services Center
(216) 991-8585

April 28, 2017

Built to Win: Family Fun Day

5:00pm-7:00pm

Families participate in fun obstacle courses as a demonstration of simple ways to exercise while having fun. Participants receive a take-home pedometer to track their daily fitness activity.

BOYS & GIRLS CLUB OF DAYTON
1828 W. STEWART ST.- DAYTON
(937) 262-8377

Sponsored By:

Boys & Girls Club of Dayton
(937) 262-8377

April 28, 2017

How to Navigate the American Health System

1:00pm-4:00pm

The workshop will cover the utilization of services, knowing your rights, the importance of preventive care and checks-ups.

OUR LADY OF GUADALUPE CENTER
441 INDUSTRY DR.- COLUMBUS
(614) 274-0109

Sponsored By:

Ohio Commission on Hispanic/Latino Affairs
(614) 728-8345

April 29, 2017

Get Healthy, Stay Healthy, Get Moving

12:00pm-4:00pm

A health awareness and screening event targeting Latino Americans, to include blood pressure, cholesterol, diabetes and prostate screening, mammograms, weight and BMI measurements and lead testing. Healthy movement, culturally specific food demonstrations and produce distribution will be offered to community residents. Vendors will address local issues such as substance abuse, domestic violence and infant mortality.

THOMAS F. MCCAFFERTY HEALTH CENTER
4242 LORAIN AVE.- CLEVELAND
(216) 957-4848

Sponsored By:

Cleveland Department of Public Health
(216) 664-3052

April 29, 2017

Colon Cancer Awareness Workshop

10:00am-12:00pm

We will provide general information about how to maintain healthy colon, health nutrition and exercise practice. Colon cancer is one of the leading causes of death in Asian communities. The workshop will be 120 minutes, 90 minutes presentation and 30 minutes Q&A and a tour of an inflatable colon exhibit.

TREE OF LIFE CONFERENCE CENTER
5000 ARLINGTON CENTER BLVD.,
DUBLIN
(614) 586-1824

Sponsored By:

Asian American Community Services
(614) 220-4023 ext. 224

April 29, 2017

Dance for Life Workshop

10:00am-2:00pm

This even is designed to introduce different styles of dance as a form of exercise. There will be a total of three (3) dance sessions interchanging with health discussions on the following topics: Stress, what is Stress & Stress Management; Obesity & Weight Management; and Mental Health.

HARDING MIDDLE SCHOOL GYMNASIUM
2002 SUNSET BLVD.,
STEUBENVILLE
(740) 282-3481

Sponsored By:

Urban Mission Ministries
(740) 282-8010 ext. 210

April 29, 2017

Annual Community Health Walk

10:00am-12:00pm

Community Health Walk will start at the William E. Sanders Family Life Center. The route is approximately 2.5 miles. There will be health information regarding diet and exercise. Pedometer and water bottles for the walker.

WILLIAM E. SANDERS FAMILY LIFE CENTER
3949 LEE RD.- CLEVELAND
(216) 751-2688

Sponsored By:

William E. Sanders Family Life Center
(216) 751-2688



Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the telephone number listed for verification of events.

April 29, 2017

Walk for Wellness & Resource Fair

11:00am-3:00pm

A community walk down the main artery of Glenville followed by a resource fair at the Glenville recreation center. This event is aimed at inspiring residents to become more active to improve overall wellness.

CLEVELAND GLENVILLE RECREATION CENTER
680 E. 113TH ST.- CLEVELAND
(216) 664-2516

Sponsored By:
Famicos Foundation
(216) 791-6476 ext. 269

April 29, 2017

H2CO Violence Prevention Summit

12:00pm-4:00pm

Speak UP! Informs and educates about observable warning signs (written, spoken, photographed, in video) that are often present in behavior that could lead to someone hurting themselves or others as well as educates individuals on how to safely and anonymously report potential threats. Additionally, the program provides tools on how best to promote and reinforce Speak Up!

LEADERSPARK, INC.
1336 E. MAIN ST.- COLUMBUS
(614) 442-7899

Sponsored By:
LeaderSpark, Inc.
(614) 442-7899

April 29, 2017

Community Forum: Building Coalition Capacity to Address Issues

10:00am-2:00pm

A facilitated workshop with community leaders, neighborhood associations, priority boards, other community coalitions and the public, to build community capacity to address issues that impact health, quality of life and premature death.

GOODWILL EASTER SEALS MIAMI VALLEY
660 S. MAIN ST.- DAYTON
(937) 225-4962

Sponsored By:
Public Health—Dayton & Montgomery County
(937) 225-4962

April 29, 2017

The Olivet Health and Education Institute: Healthy Cooking Demonstration

9:00am-12:00pm

Olivet Housing and Community Development Corporation in partnership with Olivet Institutional Baptist Church and the Greater Cleveland Food Bank will host a cooking demonstration that is open to the community. A chef will prepare healthy and delicious meals using fresh produce from the Greater Cleveland Food Bar.

OLIVET HOUSING AND COMMUNITY DEVELOPMENT CORPORATION
8819 QUINCY AVE.- CLEVELAND
(216) 721-3585

Sponsored By:
Olivet Housing and Community Dev. Corp.
(216) 256-6939

April 29, 2017

Community Affair for Healthy Living

10:00am-3:00pm

Informational fair to educate on the diseases affecting this community, assess attitudes toward health and offer options for improving health. A list of area health activities and groups available.

DAKOTA CENTER
33 BARNETT ST.- DAYTON
(937) 225-4962

Sponsored By:
Dayton Urban Ministry Center
(937) 278-4203



Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the telephone number listed for verification of events.

LOCAL OFFICES OF MINORITY HEALTH

Akron

Summit County Office of Minority Health
Summit County Health District
1867 West Market St.
Akron, Ohio 44313

Patrice Sirmons
Program Director
330-812-3902

Cleveland

Cleveland Office of Minority Health
Cleveland Department of Public Health
75 Erieview Plaza
Cleveland, Ohio 44114

Frances Mills,
Director
216-664-4369

Columbus

Columbus Office of Minority Health
Columbus Public Health
240 Parsons Ave
Columbus, Ohio 43215

Ryan E. Johnson
Program Director
614-645-7335

Dayton

Dayton Council on Health Equity
Public Health-Dayton & Montgomery County
117 South Main Street
Dayton, Ohio 45422

Cheryl C. Scroggins
Community Coordinator for Health Equity
937-225-4962

Toledo

Toledo Lucas County Commission
of Minority Health
Toledo-Lucas County Health Department
635 North Erie Street
Toledo, Ohio 43604

Barbara Gunning
419-213-2882

Youngstown

Youngstown Office of Minority Health
Youngstown City Health District
345 Oak Hill Avenue, Suite 200
Youngstown, Ohio 44502

Leigh Greene Colvin
Director
330-743-3333 ext. 238

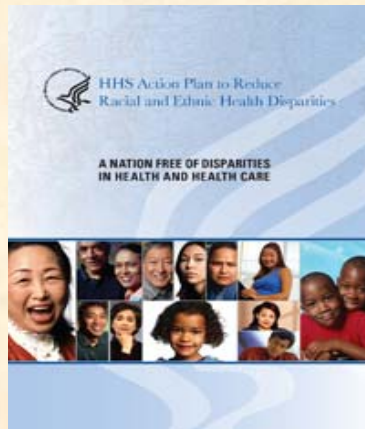
2017 MINORITY HEALTH MONTH NATIONAL THEME:



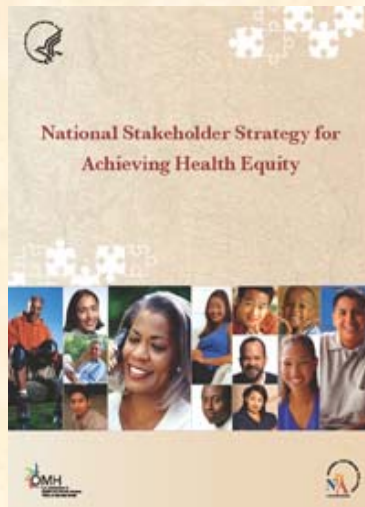
THIS THEME REFLECTS OMH'S CONTINUOUS AND COLLECTIVE EFFORTS TO INCREASE MOMENTUM TOWARD ACHIEVING A NATION FREE OF DISPARITIES IN HEALTH AND HEALTH CARE.

**A STATEWIDE CALL TO ACTION TO:
PRACTICE THE ACTIVITIES AND PROGRAMS THAT AROSE FROM THE
UNITED STATES HEALTH DEPARTMENT OF HEALTH AND HUMAN SERVICES
ACTION
PLAN TO REDUCE RACIAL AND ETHNIC DISPARITIES**

**[HTTP://MINORITYHEALTH.HHS.GOV/NPA/FILES/PLANS/HHS/
HHS PLAN COMPLETE.PDF](http://minorityhealth.hhs.gov/npa/files/plans/hhs/hhs_plan_complete.pdf)**

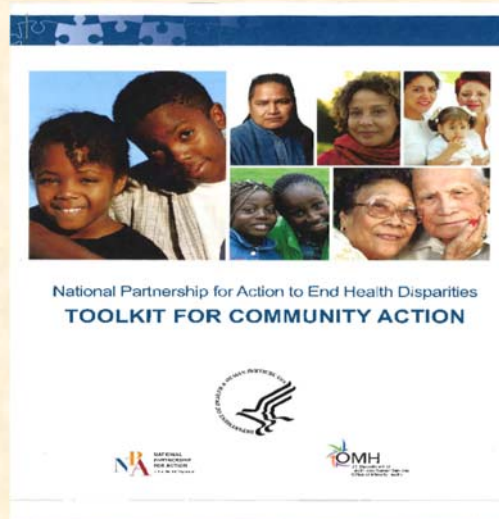


**AND THE
NATIONAL STAKEHOLDERS STRATEGY FOR ACHIEVING HEALTH EQUITY
[HTTP://DHHS.NE.GOV/PUBLICHEALTH/DOCUMENTS/NATIONAL%
20STAKEHOLDER%20STRATEGY.PDF](http://dhhs.ne.gov/publichealth/documents/national%20stakeholder%20strategy.pdf)**



**A STATEWIDE CALL TO ACTION TO:
PRACTICE THE ACTIVITIES AND PROGRAMS THAT AROSE FROM THE
[HTTP://MINORITYHEALTH.HHS.GOV/NPA/FILES/PLANS/TOOLKIT/
NPA TOOLKIT.PDF](http://minorityhealth.hhs.gov/npa/files/plans/toolkit/NPA_Toolkit.pdf)**

**NATIONAL PARTNERSHIP FOR ACTION: TOOLKIT FOR
COMMUNITY ACTION**



**AND THE
OHIO HEALTH DISPARITIES COLLABORATIVE
[HTTP://WWW.OHIOHEALTHDISPARITIESCOLLABORATIVE.ORG](http://www.ohiohealthdisparitiescollaborative.org)**



The 2017 Minority Health Calendar of Events was made possible through hours of timeless work from our distinguished grantees. We thank you so much.

American Fitness Health & Wellness Institute
Antioch University Midwest
Asian American Community Services
Asian Resource Center
Asian Services in Action, Inc.
Associated Neighborhood Center/McGuffey Center
Boys & Girls Club of Dayton
Breastfeeding for Our Beautiful Sisters
Bureau of Drug Abuse, Cleveland Treatment Center
Chagrin Falls Park Community Center
Cincinnati Human Relations Commission
Cleveland Clinic Akron General
Cleveland Contemporary Chinese Culture Assoc.
Cleveland Department of Public Health
Columbus Public Health
Community Action Partnership Dayton
Community for New Direction
CompDrug dba Youth to Youth
Council for Economic Opportunity in Greater Cleveland
Dayton Urban Ministry
East Columbus Development Company
El Centro de Services
Emerging Autism Solutions
Erie County Health Department

Famicos Foundation
Franklin County Public Health
Gus Johnson Community Foundation
Harvard Community Services Center
Hope Community Services
Korean Central Presbyterian Church
LeaderSpark, Inc.
Lucas County Regional Health District
Monroe Street Neighborhood Center
MOTTEP of Greater Cleveland
Multiethnic Advocates for Cultural Competence
Neighborhood Ministries
Ohio Asian American Health Coalition
Ohio Commission on Hispanic/Latino Affairs
Olivet Housing and Community Development Corp.
Public Health – Dayton & Montgomery County
Reachout Montgomery County
Ross County Community Action Commission, Inc.
Santa Maria Community Services
Summit County Combined General Health District
The Union Foundation
University Hospitals Case Medical Center
Urban Mission Ministries / NCDC
William E Sanders Family Life Center
Youngstown City Health District
Zion Baptist Church

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Cora Munoz, PhD, RN, Vice Chair, Worthington
Bhagwan Satiani, MD, MBA, FACS, FACHE, Secretary, Columbus

Commissioners:

Deena Chisolm, PhD, Columbus
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Cynthia Dungey, Director, Ohio Department of Job & Family Services
Richard Hodges, Director, Ohio Department of Health
William Hicks, M.D., Columbus
Mark Law, MD, Newark
John Martin, Director, Ohio Department of Developmental Disabilities
Barbara Sears, Director, Ohio Department of Medicaid
Charles Modlin, MD, Cleveland
Tracy Plouck, Director, Ohio Mental Health and Addiction Services
Paolo DeMaria, Superintendent, Ohio Department of Education
State Senator Cecil Thomas, District 9
State Representative Robert Sprague, District 83
State Representative Emily Sykes, District 34

DEPARTMENT LIAISONS:

Johnnie "Chip" Allen, MPH
Ohio Department of Health

Tiffany Richardson
Ohio Department of Jobs and
Family Services

Jamoya Cox, BA and
Ohio Department of Mental
Health and Addiction Services

Zachary Haughawort
Ohio Department of
Developmental Disabilities

Jill Jackson, Ph.D
Ohio Department of Education

Traci Bell-Thomas
Ohio Department of Medicaid

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Amy Elbaor
Program Specialist

Sandra Owens
Executive Assistant

Evelyn Cleveland
Temporary Staff

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THE OHIO STATE UNIVERSITY

ANTHONY NIXON
THE OHIO STATE UNIVERSITY

KASEY POWERS
THE OHIO STATE UNIVERSITY

GRANT FUNDING OPPORTUNITY

The Ohio Commission on Minority Health announces the availability of the Request for Proposals (RFP) for Minority Health Month 2018. The RFP outlining grant requirements and sign-up for technical assistance sessions will be available on our website on June 7, 2017 at www.mih.ohio.gov or contact the Ohio Commission on Minority health in person at 77 South High Street, 18th Floor in Columbus, Ohio 43215 or by calling (614) 466-4000.

The deadline for submission is 5:00pm on July 21, 2017.

The Ohio Commission on Minority Health

*Good Health
Begins With You!®*



77 S. High Street, 18th Floor
Columbus, Ohio 43215
Telephone: (614) 466-4000
Fax: (614) 752-9049
Website: www.mih.ohio.gov
Email: minhealth@mih.ohio.gov

