



*The Ohio Commission  
on Minority Health*

**2015 MINORITY  
HEALTH MONTH  
CALENDAR OF EVENTS**  
*a 30-day wellness  
campaign*

**Good Health  
Begins With You!®**



# “APRIL IS MINORITY HEALTH MONTH”

## MINORITY HEALTH MONTH BACKGROUND :

Minority Health Month (MHM) was created in Ohio in April 1989. The first celebration featured 81 community initiated events. We were elated, since our goal was for one event to be conducted each day throughout Ohio. Minority Health Month was designed to be a 30-day inclusive, high visibility, wellness campaign.

In 2000, MHM became a national celebration.

The five goals established for the month, from inception, remain valid today. Those goals are to:

- provide crucial information to allow individuals to practice disease prevention;
- promote healthy lifestyles;
- showcase the providers of grassroots healthcare resources and information;
- highlight the disparate health conditions between Ohio's minority and non minority populations; and
- to gain additional support for on-going efforts to improve minority health year round.

Today, the month has grown to over 100 events planned and executed by community based agencies and organizations. The creativity of these initiatives has been extraordinary.



*March 26, 2015*

**Official State of Ohio Kick-Off  
2015 Health Expo & Award Ceremony  
for Minority Health Month**

9:00am - 2:00pm  
Health information, screening, and ethnic edutainment will be available. Awards will be presented to outgoing board members (5) from across the state of Ohio.

77 S. HIGH ST., 5th FLOOR LOBBY - COLUMBUS

**Sponsored By:**  
Ohio Commission on Minority Health  
(614) 466-4000

*March 28, 2015*

**2015 Youngstown Minority Health  
Month Kick-Off Celebration**

10:00am-2:00pm  
The celebration will begin with a 2 mile "stroll" at 10:00am. Members of the community will participate in the family-friendly walk. Strollers welcome. The 2015 kick-off will feature free health screenings including cholesterol, BMI, blood pressure, blood glucose, confidential HIV screening, and healthy snack demonstrations. At noon, the city-wide baby shower will begin and the focus will be on the Infant Mortality. The event will include safe sleep demonstrations and other information on how to keep our babies healthy.

ARLINGTON HEIGHT RECREATION CENTER  
801 PARK AVE. - YOUNGSTOWN

**Sponsored By:**  
Youngstown City Health District-Local Office of Minority Health  
(330) 743-3333 Ext. 238

*April 1, 2015*

**2015 Columbus Minority Health  
Month Kick-Off/Community Conversations Event**

5:00 pm-8:00pm  
A one day community health education event in partnership with the Westside Community Health Advisory Committee, CareSource, CPH LGBTQ. OSU, DADDs, Lifeline of Ohio, Nationwide Children's Hospital, Office of Minority Health at Columbus Public Health focusing on conversations around expanding the definition of minority and moving to a full inclusion.

COLUMBUS PUBLIC HEALTH AUDITORIUM  
240 PARSONS - COLUMBUS

**Sponsored By:**  
Office of Minority Health - Columbus Public Health  
(614) 645-7335

*April 1, 2015*

**2015 Summit County Minority Health  
Month Kick-Off Event**

11:00am-3:00pm  
This event will raise awareness on racial and ethnic health disparities in Summit County by disseminating information on health concerns and providing ways to control and/or prevent illness. The event will provide screenings for cholesterol, diabetes, and blood pressure. While all are welcome the target population for this event will be African American men and women living in Summit County.

OHIO MEANS JOBS CENTER  
1040 E. TALLMADEGA AVE. - AKRON

**Sponsored By:**  
Summit County Combined Health District -Office of Minority Health  
(330) 926-5764

*April 1, 2015*

**2015 Cleveland Minority Health  
Month Kick-Off Celebration**

12:00pm-2:00pm  
A Keynote Public Health expert will inform, educate, and empower participants on the importance of reducing minority health disparities within the local community.

CLEVELAND CITY HALL ROTUNDA  
601 LAKESIDE AVE., -CLEVELAND

**Sponsored By:**  
Cleveland Department of Public Health  
Cleveland Office of Minority Health  
(216) 664-3429

*April 1, 2015*

**2015 Greater Dayton Minority Health  
Month Kick-Off**

10:00am-2:00pm  
The 2015 MHM kick-off will feature health education, free health screenings, and health expo showcasing available community resources and health service.

DR. CHARLES R. DREW HEALTH CENTER  
1323 W. THIRD ST. - DAYTON

**Sponsored By:**  
Public Health- Dayton & Montgomery County-Local Office of Minority Health  
(937) 225-4962

*April 2, 2015*

**2015 Toledo Minority Health Month  
Kick-Off Celebration**

2:00pm-5:00pm  
This event will feature a presentation on how place matters for health disparities, and that healthy behaviors related to nutrition, exercise and smoking cessation are important for counteracting social determinants of health. Free and open to the public.

THAT NEIGHBORHOOD FREE HEALTH CLINIC 306 BUSH STREET CORNER OF BUSH AND SUMMIT ST. - SUMMIT YMCA BUILDING- SUMMIT

**Sponsored By:**  
Lucas County Regional Health District  
Local Office of Minority Health  
(419) 213-4095

*April 2, 2015*

**Know More. Live Better!**

5:30pm-Religious and Community Leader Sessions  
6:00pm -7:00pm  
Take control! Heart disease, Diabetes, stroke, and Alzheimer's are killing the minority community. Learn the warning signs. Have your blood pressure checked. Enter to win prizes and live better!

DAYTON CULTURAL AND RTA TRANSIT CENTER  
40 SOUTH EDWIN C. MOSES BLVD. - DAYTON

**Sponsored By:**  
Alzheimer's Association Miami Valley Chapter  
1(800) 272-3900

*April 2, 2015*

**21 Day Wellness Pledge/W.O.W! Program**

6:30pm-8:00pm  
What are 21 Days of Wellness and W.O.W Program? Commit for at least 21 days in April and "Work on Weight Loss". Commit to 5-9 serving of fruits and vegetables and exercise at least five times per week. Certificate of completion will be distributed at the end of the 21 days.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE  
643 TROY ST., SUIT A - DAYTON

**Sponsored By:**  
American Fitness Health & Wellness Institute  
(614) 275-3770

*April 3, 2015*

**Safe to Sleep**

10:00am-2:00pm  
The Erie County Mobile Health Vehicle will drive to three separate locations in Sandusky and Perkins Townships where a staff member will present a summary of the safe to sleep infant mortality prevention program.

KROGER  
508 W PERKINS AVE. - SANDUSKY

**Sponsored By:**  
Erie County Health Department  
(419) 626-2786

*April 4, 2015*

**Healthy Families 5K Walk/Run**

10:00am-12:00pm  
The Healthy Families 5k walk/run will target 100 minority families & young adults ages 18-35 to encourage family exercise, and to bring awareness of violent crimes within our minority community.

DOWNTOWN CENTRAL BUSINESS DISTRICT OF STEUBENVILLE  
3<sup>RD</sup> ST., 5<sup>TH</sup> ST. AND SOUTH ST. - STUBENVILLE

**Sponsored By:**  
Urban Mission Ministries  
(740) 282-8010



**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

*April 7, 2015*

**What's On Your Plate?**

7:00pm- 9:00pm  
This event will teach children to develop healthy lifestyles by eating 5 fruits and vegetables and exercising 30 minutes per day.

FIRM FOUNDATION  
241 JEFFERSON ST. -RAVENNA

**Sponsored By:**  
Community Outreach Positive Alternative Training (COPAT)  
(330) 297-5933

*April 8, 2015*

**Safe to Sleep**

10:00am-2:00pm  
The Erie County Mobile Health Vehicle will drive to three separate locations in Sandusky and Perkins Township where a staff member will present a summary of the safe to sleep infant mortality prevention program.

JOBS AND FAMILY SERVICE CENTER  
221 W. PARISH ST. - SANDUSKY

**Sponsored By:**  
Erie County Health Department  
(419) 626-6781

*April 8, 2015*

**Developmental, Hearing, Vision & Mental health screening for children Birth to Six years old**

9:00am-5:00pm  
Early Child Resource Network Plus will hold a community screening, targeting South Park Apartments. While this event is open to all, the target populations are African Americans, Hispanic and Somali families.

SOUTHPARK APARTMENT  
841 GREENFIELD DR. - COLUMBUS

**Sponsored By:**  
YMCA of Central Ohio/ECRN+  
(614) 221-9016

*April 8, 2015*

**Healthy Senior Expo**

8:00am-12:00pm  
Come to learn about healthy eating and active living for seniors. Join a discussion on infant mortality and what grandparents can do to help. A discussion will be held on safer communities, ways to exercise and a demonstration will teach participants to prepare healthy foods and grow their own vegetables garden in containers.

UNIVERSITY PARK YMCA  
477 E. MARKET ST.,- AKRON

**Sponsored By:**  
Akron Regional Hospital Association  
(330) 926-5756

*April 8, 2015*

**Essential for Your Health Fair, Activity and Nutrition (FAN)**

6:00pm-8:00pm  
Two one-hour classes for adults on healthy eating, physical activity, and spiritual growth. Youth classes will be 30 minutes of physical activity.

MT ZION MISSIONARY BAPTIST CHURCH, GLENDALE  
40 CORAL AVE. -CINCINNATI

**Sponsored By:**  
The Waldrop Health and Youth Ministry  
(513) 771-9135

*April 8, 2015*

**Issues Affecting the Aging Population**

4:00pm-6:30pm  
This event will be a forum discussion related to mental health issues affecting the aging population. Diagnosis and treatment of Dementia and Alzheimer's disease will be discussed.

ZION BAPTIST CHURCH  
630 GLENWOOD -CINCINNATI

**Sponsored By:**  
Zion Baptist Church  
(513) 751-8606

*April 8, 2015*

**Free Blood Pressure Screenings**

9:00am-1:00pm  
Screenings will be provided by RN's from Bayada Nurses. Referrals will be given to those with abnormal readings. In addition, there will be a discussion on the importance of exercise.

MURTIS TAYLOR HUMAN SYSTEM FAMILY CENTER  
13411 UNION AVE. - CLEVELAND

**Sponsored By:**  
Murtis Taylor Human System  
(216) 283-4400 EXT. 2362

*April 8, 2015*

**Free Mammography Screenings**

9:00am-3:00pm  
Screenings will be provided through the University Hospitals Mobile Unit. Anyone receiving a abnormal diagnosis will receive a referral for health coverage information, resources and care.

MURTIS TAYLOR HUMAN SYSTEM FAMILY CENTER  
13411 UNION AVE. - CLEVELAND

**Sponsored By:**  
Murtis Taylor Human System  
(216) 283-4400 Ext. 2362

*April 9, 2015*

**Healthy Family Talk Show: "Focusing on Family"**

6:00pm-8:00pm  
This event will target 100 minority families. The Talk show hostess is local Pediatrician Candis Platt-Houston. The show's special guest will be Steubenville Health Commissioner, Shaleeta Smith. Presenters will discuss topics on family nutrition and exercise. The goal of this event is to encourage healthy family dinners, and the importance of doctor's visits.

MARTIN LUTHER KING COMMUNITY CENTER  
905 MARKET ST.- STEUBENVILLE  
(740) 283-6000 EXT: 4000

**Sponsored By:**  
Urban Mission Ministries  
740-282-8010

*April 9, 2015*

**Oral Health Day**

9:00am-3:00pm  
This event will raise awareness about oral health in minority refugee populations in Summit County. There will be a distribution of toothbrushes, toothpaste, dental floss, and various giveaways to promote healthy living. Oral health, oral prophylaxis and referrals will be offered to clients at no cost.

ASIAN SERVICES IN ACTION  
730 E. CARROLL ST. - AKRON

**Sponsored By:**  
Summit County Combined Health District-Local Office of Minority Health  
(330) 926-5764

*April 10, 2015*

**Oral Health Day**

9:00am-3:00pm  
This event will raise awareness about oral health in the minority refugee populations in Summit County. There will be a distribution of toothbrushes, toothpaste, dental floss, and various giveaways to promote healthy living. Oral health, oral prophylaxis and referrals will be offered to client at no costs. There will be tables available for vendors/ organizations to provide giveaways.

INTERNATIONAL INSTITUTE OF AKRON  
207 E. TALLMADGE AVE. - AKRON

**Sponsored By:**  
Summit County Combined Health District Local Office on Minority Health  
(330) 926-5764

*April 9, 2015*

**Communication and Healthy Family Relationships**

10:00am-12:00pm  
This event will allow participants the opportunity to hear from psychologist, counselors, and social workers about family dynamics. In addition, it will feature listening skills and teach how to interact within cultural boundaries.

GREATER OAKS CAREER CAMPUSES  
3254 E. KEMPER ROAD - CINCINNATI

**Sponsored By:**  
Asian Community Alliance, Inc.  
(513) 771-8810

*April 10, 2015*

**Empower Yourself, Improve Your Health**

9:30am-3:00pm  
This event will feature a workshop to share best practices on outreach awareness and successful programs. The goal is to build and preserve Hispanic Latino health.

VERN RIFFE CENTER FOR GOVERNMENT AND THE ARTS  
77 S. HIGH ST. 31<sup>ST</sup> FLOOR - COLUMBUS

**Sponsored By:**  
Ohio Latino Affairs Commission (OCHLA)  
(614) 728-8345

*April 10, 2015*

**Creation Stations**

6:00pm-7:30pm  
This event features a healthy recipe contest for kids. Participants will submit a recipe along with an essay stating what makes their meal healthy. The top three finalists will create and present their recipe with our chef on April 10<sup>th</sup>.

SUMMA CENTER FOR HEALTH EQUITY  
1493 S. HAWKINS AVE. - AKRON

**Sponsored By:**  
Summa Center for Health Equity  
(333) 865-5333

*April 11, 2015*

**National Public Health Week Event**

1:00pm-4:00pm  
The Cincinnati Health Department annual National Public Health Week celebration will take place on Saturday, April 11, from 1-4pm on Fountain Square. The goal of this event is to educate the general public while promoting the value of Public health service in our community.

FOUNTAIN SQUARE  
520 VINE ST. - CINCINNATI

**Sponsored By:**  
Cincinnati Health Department  
(513) 357-7457

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*April 11, 2015*

**Mental Wellness of Survivors of Human Trafficking Education workshop**

10:00am-12:00pm

This event will increase the knowledge and awareness of human trafficking in Asian communities. The workshop will be a half day, interactive workshop training Asian leaders about human trafficking, laws in Ohio, red flags, psychological reaction and trauma to victims. It will also include a community component where people will learn how to work with victims, interpreters and detail community resources.

ASIAN AMERICAN COMMUNITY SERVICES  
4700 REED RD. - UPPER ARLINGTON

**Sponsored By:**  
Asian American Community Services  
(614) 220-4023 Ext. 224

*April 11, 2015*

**Minority Health & Wellness Fair**

12:00pm-4:00pm

This event will promote lifestyles through physical activity engagement such as aerobics, Zumba and Tai Chi. Promoting an active lifestyle will support preventative measures for developing acute and chronic disease while providing an active lifestyle for the Lupus population and affiliates.

MT. ZION CONGREGATIONAL CHURCH UCC.  
10723 MAGNOLIA DR. - CLEVELAND

**Sponsored By:**  
The Lupus Foundation of America-Greater Ohio Chapter  
(440) 717-0183

*April 11, 2015*

**Celebrating Minority Health Month and the Cultures of the Neighborhood**

11:00am-3:00pm

It's a FESTIVAL, celebrating the neighborhood and its culture through health and wellness activities including food distribution, health screenings and safety information for the entire family.

THOMAS F. MCCAFFERTY HEALTH CENTER  
4242 LORAIN AVE. - CLEVELAND

**Sponsored By:**  
Cleveland Department of Public Health-Cleveland Local Office of Minority Health  
(216) 957-4848

*April 11, 2015*

**Asian Health Day- Health Screening at Asian Senior Center**

7:30am-12:30pm

This event will include health screenings for blood pressure, cholesterol, and glucose (10 hour fasting is required by participants). Additionally a heel scan for osteoporosis, BMI, and oral cancer/dental screening will be conducted.

ASIAN SENIOR CENTER @ HIGHLAND PARK SHELTER HOUSE  
1865 FINCH ST. - TOLEDO

**Sponsored By:**  
Asian Resource Center  
(419) 936-2866

*April 11, 2015*

**Mega Cardiofest 2015**

7:30am-Registration

8:00am-2:30pm

This event will include festive cardiovascular activities, indoors, outdoors, breakout sessions, over 15 information booths, screenings, speakers on wellness issues such as cancer, obesity, heart disease, blood pressure, body image, family violence and diabetes.

ABUNDANT SEASON ANOINTED MINISTRIES INTERNATIONAL  
643 TROY ST. - DAYTON

**Sponsored By:**  
American Fitness Health & Wellness Institute  
(937) 275-3770

*April 11, 2015*

**Building Coalitions to Improve Health Outcomes**

12:00pm -4:00pm

A facilitated workshop with community leaders, neighborhood priority boards, racial/ethnic coalitions and the public. The goal is to build community capacity to take action to address health issues.

DAKOTA CENTER  
33 BARNETT ST. - DAYTON

**Sponsored By:**  
Public Health Dayton & Montgomery County \_Local Office of Minority Health  
(937) 225-4962



*April 11, 2015*

**Healthy U Healthy Us Health Fair**

10:00am-2:00pm

This Health fair, will include Wii Fit challenge, screening and other health exhibit information. Activities at the event include chair exercise, Zumba and line dancing.

WILLIAM E SANDERS FAMILY LIFE CENTER  
3949 LEE RD. - CLEVELAND

**Sponsored By:**  
William E. Sanders Family Life Center  
(216) 751-2688

*April 11, 2015*

**Snack It Up! Nutrition & Wellness Cooking Demonstration**

11:00am-12pm & 1pm -2pm

A Registered Licensed Dietitian will educate participants on the importance of healthy eating and nutrition while providing an interactive demonstration on making healthy snacks for the family.

FIRST AME ZION CHURCH  
873 BRYDEN RD. -COLUMBUS

**Sponsored By:**  
First AME Zion Church  
(614) 252-2184

*April 12, 2015*

**Good Food for Good Health, Buena Comida Para Una Buena Salud**

2:00pm -4:00pm

This event will include an interactive cooking demonstration with food samples and a free set of recipe cards to help decrease your risk of diabetes. All materials available in English and Spanish. Spanish interpreters provided.

ST. CASPER CATHOLIC CHURCH  
1205 N. SHOOP AVE. - WAUSEON

**Sponsored By:**  
Fulton County Health Department

(419) 337-0915

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*April 12, 2015*

**2015 Spring Health Fair**

12:00pm-3:30pm

This event will offer free screenings including: glucose, cholesterol, blood pressure, pap smear, mammogram, prostate, hearing, vision and dental. Educational materials will be available in English and Spanish.

PRINCE HILL RECREATIONAL CENTER 959 HAWTHORNE AVE. - CINCINNATI

**Sponsored By:**  
Santa Maria Community Service  
(513) 557-2700 Ext. 207

*April 12, 2015*

**Salud y Nutricion, Armonia y Beinestar - Health and Nutrition Harmony and Welfare**

1:00pm-3:00pm

This project will educate Latinos about the association of nutrition and chronic illnesses such as cancer and diabetes while providing life- skills through a grocery store tour and cooking demonstration.

LA MICHOCANA SUPERMARKET  
5455 NORTON RD. - COLUMBUS  
614-851-5800

**Sponsored By:**  
Ohio State University Research Foundation  
(614) 851-5800

*April 13, 2015*

**Safe to Sleep**

10:00am-2:00pm

The Erie County Mobile Health Vehicle will drive to three separate locations in Sandusky and Perkins Townships where a staff member will present a summary of the safe to sleep infant mortality prevention program.

JOB AND FAMILY SERVICES  
221 W. PARISH ST. - SANDUSKY

**Sponsored By:**  
Erie County Health Department  
(419) 626-6781

*April 13, 2015*

**Asian Health Day- Skin Cancer**

12:45pm-1:45pm

This event will provide a presentation on skin cancer it's causes, risk factors, and prevention.

ASIAN SENIOR CENTER @ HIGHLAND PARK  
1865 FINCH ST. - TOLEDO

**Sponsored By:**  
Asian Resource Center  
(419) 936-2866

*April 14, 2015*

**High School and Community Health Expo**

8:30am-10:30am

This event targets high school and community members to interact with health agencies and Zane State College Academic Program representatives to prevent certain diseases and disorders.

ZANE STATE COLLEGE FOUNDATION  
1555 NEWARK RD. - ZANESVILLE

**Sponsored By:**  
Zane State College Foundation  
(740) 588-1252

*April 14, 2015*

**Senior Health Fair**

2:00pm-4:00pm

The Senior Health fair will feature informational tables from local health agencies which will be on site to provide attendees with health information and materials. A blood pressure reading by resident LPN will be provided. Door prizes, healthy food samples, and entertainment will be provided.

GAYLORD TOWERS  
707 MARKET ST. -STEUBENVILLE

**Sponsored By:**  
Urban Mission Ministries  
(740) 283-7970



*April 15, 2015*

**Family Wellness Carnival**

4:00pm- 7:00pm

A fun-filled, interactive, carnival themed, family event that will provide participants with activities that highlight how small, daily changes can make a big impact on improving overall health.

LOUIS STOKES HEAD START CENTER  
4075 EAST 173<sup>RD</sup> ST. - CLEVELAND

**Sponsored By:**  
Council of Economic Opportunities in Greater Cleveland  
216-295-2700 or  
216-696-9077 Ext 251

*April 15, 2015*

**Office of Minority Health Workshops and Forum**

1:30pm

The Office of Minority Health at Columbus Public Health workshops and forums will engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well-being.

COLUMBUS PUBLIC HEALTH  
240 PARSONS - COLUMBUS

**Sponsored By:**  
Office of Minority Health - Columbus Public Health  
(614) 645-7335

*April 15, 2015*

**Be Healthy, Be Active! A Workshop for Youth**

3:30pm- 5:50pm

This event will discuss the importance of being healthy and active. Educational sessions will focus on eating nutritious food, maintaining a healthy weight, and exercising. A cardio exercise session will be included.

CHANEY HIGH SCHOOL  
731 S. HAZELWOOD AVE. - YOUNGSTOWN

**Sponsored By:**  
YWCA of Youngstown  
(330) 746-6361

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*April 15, 2015*

**Essential for your Health: Faith, Activity and Nutrition**

6:00pm-8:00pm

Two one-hour classes for adults on healthy eating, physical activity, and spiritual growth. There will be a separate 30 minutes session of physical activity for youth age individuals.

MT. ZION MISSIONARY BAPTIST CHURCH, GLENDALE  
40 CORAL AVE. - CINCINNATI

**Sponsored By:**

The Waldrop Health and Youth Ministry  
(513) 771-9135

*April 15, 2015*

**Minority Health Summit**

10:00am-2:00pm

A Minority Health Summit networking event which will include brief presentations by local agency representatives. This event will feature educational information provided to pregnant women, moms and other caregivers, along with information networking breaks to allow participants to mingle, share ideas and form new relationships. Event will include health fair screening and education.

ROBINSON ELEMENTARY SCHOOL  
1075 HORACE ST. - TOLEDO

**Sponsored By:**

Lucas County Regional Health District  
(419) 213-4095  
Local Office of Minority Health and Hospital Council of Northwest of Northwest Ohio  
(419) 842-0800

*April 16, 2015*

**What's on Your Plate?**

2:00pm- 3:00pm

This event will teach children how to eat 5 fruits and vegetables and exercise 30 minutes per day.

MAIN WEST ELEMENTARY SCHOOL  
639 W. MAIN ST. - RAVENNA

**Sponsored By:**

Community Outreach Positive Alternative Training (COPAT)  
(330) 296-6481

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*April 16, 2015*

**Well-Camp**

6:30pm-8:00pm

This event will provide hands on training on how to identify triggers to avoid excessive caloric intake. Well- Camp will educate participants on how to prevent and understand risks of chronic illnesses, cancer, stroke, and poor nutrition habits.

ABUNDANT SEASON ANOINTED MINISTRIES INTERNATIONAL  
643 TROY ST. - DAYTON

**Sponsored By:**

American Fitness Health & Wellness Institute  
(937) 275-3770

*April 16, 2015*

**Violence to Victory: Promoting the Emotional Wellness of Our Youth**

10:00am-12:00pm

This event will promote the emotional wellness of our youth. It will provide a series of workshops designed to assist youth ages 14-18 with identifying and transforming unhealthy emotional behaviors.

WOODWARD HIGH SCHOOL  
705 READING RD.-CINCINNATI

**Sponsored By:**

Cincinnati Human Relations Commission  
(513) 363-9300

*April 16, 2015*

**Live Healthier- Live Longer**

5:15pm-6:15pm

Parents from preschool and after school will be encouraged to attend. All families attending this health fair will learn about living a healthier lifestyle. Nutrition will be a focus – how to eat healthy (“whoa and go” foods). Parents nutrition lesson and cooking demonstration—snack demonstration with the youth and their parents cooking together and the benefits of healthy foods.

SALVATION ARMY AFTERSCHOOL  
190 S. MAPLE ST. - AKRON

**Sponsored By:**

The University of Akron- Keeping Pace Akron's way  
(330) 762-8177

*April 16, 2015*

**Organ Donor Registration**

7:00am-4:00pm

This event will raise awareness about organ donor registration and increase donors in the minority community. Free bus passes will be offered to new registrants or current registered organ donors. Individuals must show organ donor heart on state ID or driving License to obtain free bus pass.

METRO TRANSIT CENTER  
631 S. BROADWAY - AKRON

**Sponsored By:**

Summit County Combined Health District Local Office on Minority Health  
(330) 926-5764

*April 16, 2015*

**Minority Health Month Conference: Why are OUR Babies Dying? A Focus on Infant Mortality**

9:00am-4:00pm

The conference will feature all the important initiatives that the Mahoning/Youngstown Birth Equity Team have been involved with during the past two years. Topics include: Progesterone Project, Safe Sleep, Birth Spacing and Centering Pregnancy.

TABERNACLE BAPTIST CHURCH  
707 TABERNACLE BLVD. - YOUNGSTOWN

**Sponsored By:**

Youngstown City Health District-Local Office on Minority Health  
(330) 743-3333 Ext. 238



*April 17, 2015*

**Organ Donor Registration**

7:00am-4:00pm

This event will raise awareness about organ donor registration and increase donor in the minority community. Free bus passes will be offered to new registrants and current registered organ donors. Individuals must show organ donor heart on state ID or driving license to obtain free bus pass.

METRO TRANSIT CENTER  
631 S. BROADWAY - AKRON

**Sponsored By:**  
Summit County Combined Health District  
-Local Office on Minority Health  
(330) 926-5764

*April 17, 2015*

**Empower Yourself, Improve Youth Health**

9:30am -3:00pm

Workshop to share best practices on outreach, awareness and successful programing to build and preserve Hispanic Latino Health.

CENTER FOR CLOSING THE HEALTH GAP  
3120 BURNET AVE. - CINCINNATI

**Sponsored By:**  
Ohio Latinos Affairs Commission  
(614) 728-8345

*April 17, 2015*

**A Community Forum about Population Health**

8:30am -9:00am Registration

9:00am -11:00am

A community engagement forum to share local health data and provide the opportunity for dialogue and input into community health improvement.

PUBLIC HEALTH- DAYTON & MONTGOMERY COUNTY  
REIBOLD BUILDING, 2<sup>ND</sup> FLOOR MULTIPURPOSE CONFERENCE ROOM  
117 S. MAIN ST.- DAYTON

**Sponsored By:**  
Public Health- Dayton & Montgomery County-Local Office of Minority Health  
(937) 225-4962

*April 18, 2015*

**Family Health Breakfast- Eating and Living Healthy Together**

9:00am-12:00pm

This event will target 50 minority families with children under the age of 18. Families will have breakfast together while receiving tips on eating healthy as a family. Following breakfast, families will split up into group's sessions. Special guests: Sophie Spencer, Dr. Anthony Fletcher will address the following topics: women's heart disease, childhood diabetes/obesity and men's Cardiovascular-ischemic stroke. Men will have an opportunity to register for prostate screening.

MT. CARMEL COMMUNITY BAPTIST CHURCH  
708 NORTH 5<sup>TH</sup> ST. - STEUBENVILLE

**Sponsored By:**  
Urban Mission Ministries  
(740) 282-9257

*April 18, 2015*

**Our Brother's Keeper! Men's Breakfast**

9:00am-12:00pm

Dr. Charles Modlin of the Cleveland Clinic will conduct interactive session on men's health with a focus on prostate health, diabetes and general health concerns.

OCIE HILL NEIGHBORHOOD CENTER  
445 BOWMAN ST. - MANSFIELD

**Sponsored By:**  
Ocie Hill Neighborhood Center- City of Mansfield- Department of Regional Community Advancement  
(419) 524-2626

*April 18, 2015*

**Health Fair Prevention of Coronary Arterial Disease and Awareness of Diabetes**

9:00am-12:00pm (Testing and Consultation)

12:00pm-1:30pm (Lectures)

The morning of the event will cover screening blood tests, blood pressure and consulting session with primary care physicians. In the afternoon, health education lectures will be conducted by Dr. Daesung Lee -"Known Causes of Cancer and Prevention."

KOREAN CENTRAL PRESBYTERIAN CHURCH  
8220 BRECKSVILLE RD. - BRECKSVILLE

**Sponsored By:**  
Korean Central Presbyterian Church  
(419) 838-1066

*April 18, 2015*

**Celebrating Minority Health Month and the Cultures of the Neighborhood**

11:00am-3:00pm

A FESTIVAL, celebrating the neighborhood and its culture through health and wellness activities including food distribution, health screenings and safety information for the entire family.

J. GLEN SMITH HEALTH CENTER  
11100 ST. CLAIR AVE. -CLEVELAND

**Sponsored By:**  
Cleveland Department of Public Health-  
Cleveland Local Office of Minority Health  
(216) 249-3600

*April 18, 2015*

**Men's Health**

10:00am-1:00pm

This event will include a presentation on prostate cancer, blood pressure, BMI screenings and an interactive fitness session.

NOBLE ROAD PRESBYTERIAN CHURCH  
2780 NOBLE RD. - CLEVELAND

**Sponsored By:**  
Asian Service in Action. Inc.  
(216) 881-0330

*April 18, 2015*

**Creating Health Communities Expo**

12:00pm-3:00pm

This event is a community expo focused on educating and empowering community members to sustain healthy lifestyles through eating, active living and tobacco free living. The conference features speakers and activities centered on a strategic plan that will address health awareness and disease prevention.

DUNHAM RECREATION CENTER  
4356 DUNHAM LN. - CINCINNATI

**Sponsored By:**  
Cincinnati Health Department  
(513) 357-7457

**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

*April 18, 2015*

**My Baby and Me**

4:00pm-7:00pm

Wright State University and African American Women in Professional Psychology have partnered with local faith communities to raise awareness and provide mental health resources for women at risk for postpartum depression. The event will include raising awareness about postpartum depression among African American women, prevention, providing options for completing a postpartum depression screening measure (assessment), and, if necessary, making referrals to a local women's center, and mental health agencies.

ETHAN TEMPLE SEVENTH DAY  
ADVENTISH CHURCH  
400 SHILOH SPRING RD. - DAYTON

**Sponsored By:**  
Wright State University, AAWIPP  
(937) 837-9326

*April 18, 2015*

**HEALTHY Families Expo**

8:00am-1:00pm

Come and learn about healthy eating and active living in your neighborhood. Join a discussion on infant mortality, safer communities and different ways to live an active and healthy lifestyle. Prepare healthy food and learn how to grow a fresh vegetable garden.

UNIVERSITY PARK YMCA  
477 E. MARKET ST. - AKRON

**Sponsored By:**  
Akron Regional Hospital Association  
(330) 926-5756

*April 18, 2015*

**Recognizing Mental Health Issues**

9:00am-2:00pm

This health fair will inform participants on the recognition of signs and symptoms of mental illness, i.e., depression, and chemical dependency. Participants will learn coping mechanisms and methods of family interventions.

ZION BAPTIST CHURCH  
630 GLENWOOD- CINCINNATI

**Sponsored By:**  
Zion Baptist Church  
(513) 751-8606

*April 18, 2015*

**Hoops for Health Basketball Tournament & Health Expo**

10:00am- 2:00pm

Basketball tournament will feature participants from hospitals, police officers, fire fighters, social workers and community teams to play for the championship game and discuss Prostate Cancer and other minority health related topics.

MALONE UNIVERSITY  
2600 CLEVELAND AVE. N.W. -  
CANTON

**Sponsored By:**  
Stark County Minority Health Coalition  
and ABLE Inc.  
(330) 353-0611

*April 18, 2015*

**Equitable Birth Outcomes: Happy, Healthy, Safe Babies**

11:00am-1:00pm

Mercy Medical will offer a culturally appropriate, interactive education session to address dire minority statistics in an at-risk neighborhood resulting in better pregnancy outcomes and more first birthdays.

PEOPLE'S BAPTIST CHURCH  
701 17<sup>TH</sup> STREET S.E.- CANTON

**Sponsored By:**  
Mercy Medical Center  
(330) 456-9769

*April 19, 2015*

**Salud y Nutricion, Armonia y Beinestar - Health and Nutrition Harmony and Welfare**

1:00pm-3:00pm

This project will educate Latinos about the association of nutrition and chronic illnesses such as cancer and diabetes while providing life-skills through a grocery store tour and cooking demonstration.

LA LAGUNA LAUNDROMAT  
5455 NORTON RD -COLUMBUS

**Sponsored By:**  
Ohio State University Research  
Foundation  
(614) 569-1507

**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

*April 19, 2015*

**Good Food for Good Health, Buena Comida Para Una Buena Salud**

3:00pm- 5:00pm

This event will feature an interactive cooking demonstration with food samples and a free set of recipe cards to help decrease the risk of diabetes. All materials available in English and Spanish. Spanish interpreters provided.

TEMPLO CRISTIANO ASSEMBLY OF  
GOD CHURCH  
23569 CO. RD. G, - ARCHBOLD

**Sponsored By:**  
Fulton County Health Department  
(419) 337-0915

*April 20, 2015*

**Go, Go Nutrition**

6:00pm-7:30pm

Nutrition on the go will feature a dietitian who will discuss economical and healthy meal planning and preparation. Attendees will participate in cooking. Everyone will share the prepared meal. Incentives provided for everyone who attends the event.

CHAGRIN FALLS PARK COMMUNITY  
CENTER  
7060 WOODLAND AVE. -CHAGRIN  
FALLS

**Sponsored By:**  
Family and Community Service Inc.  
(440) 247-6030

*April 20, 2015*

**Safe to Sleep**

10:00am-2:00pm

The Erie County Mobile Health Vehicle will drive to three separate locations in Sandusky and Perkins Township where a staff member will present a summary of the safe to sleep infant mortality prevention program.

ERIE COUNTY HEALTH  
DEPARTMENT  
420 SUPERIOR ST. -SANDUSKYE

**Sponsored By:**  
Erie County Health Department  
(419) 626-5623

*April 21, 2015*

**Western Lucas County Health Department Screening Events**

11:00am-2:00pm

This event will feature a presentation on how place matters for health disparities, and that healthy behaviors related to nutrition, exercise and smoking cessation are important for counteracting social determinants of health. Free and open to the public.

WESTERN LUCAS COUNTY CLINIC  
330 OAK TERRACE BLVD.- HOLLAND

**Sponsored By:**

Lucas County Regional Health District-Local Office on Minority Health  
(419) 213-4095

*April 21, 2015*

**Men's Prostate Screening**

4:00pm-6:00pm

A prostate cancer screening will be held at Teramana Cancer Center. Four doctors will conduct the physical exams, and provide follow up services.

TONY TERAMANA CANCER CENTER  
3204 JOHNSON RD.- STEUBENVILLE

**Sponsored By:**

Urban Mission Ministries  
740-264-8700

*April 21, 2015*

**Girl's and 24/7 Guys Program for Minority Health Month**

7:00pm- 9:00pm

This event will feature a Girl's circle- This program will address healthy lifestyles, physical fitness, hygiene, and building self-esteem. It will also feature a 24/7 Guys program - dealing with choosing healthy lifestyles, violence, bullying, fitness, hygiene, and building father/son or mentor/son relationships.

FIRM FOUNDATION MINISTRY  
241 JEFFERSON ST. - REVENNA

**Sponsored By:**

Community Outreach Positive Alternative Training (COPAT)  
(330) 327-6554



*April 21, 2015*

**Health on a Budget: Get the Most Bang for Your Buck**

12:00pm-1:30pm

This event is located close to downtown Toledo. Participants will be provided education on shopping for healthy options on a budget. Then they will receive a \$10 gift card to purchase healthy food options.

SEAWAY GROCERY STORE  
1707 CHERRY ST. - TOLEDO

**Sponsored By:**

Hospital Council of Northwest Ohio  
(419) 243-1000

*April 22, 2015*

**Family Wellness Carnival**

4:00pm- 7:00pm

A fun-filled, interactive, carnival themed, family event that will provide participants with activities that highlights how small, daily changes can make a big impact on improving their overall health.

WILLARD HEAD START CENTER  
2220 WEST 95<sup>TH</sup> ST. - CLEVELAND

**Sponsored By:**

Council of Economic Opportunities in Greater Cleveland  
(216) 651-5154  
(216) 696-9077 EXT. 251

*April 23, 2015*

**Elementary School Health Fair**

1:00pm- 3:00pm

This event targets children, preschool through sixth grade, who will visit information/activity stations of local health agencies and college academic programs to learn about healthy lifestyles and disease prevention.

JAMES SINGER ACTIVE CENTER  
831 MATTEWS ST. - ZANESVILLE  
740-452-5463

**Sponsored By:**

Zane State College Foundation  
(740) 452-5463

*April 23, 2015*

**Children's Health Awareness Day**

1:00pm-3:00pm

This event will include educational activities focused on health and wellness and disease prevention. Interactive activities will be in place for children to learn about hand washing, oral care and other healthy habits.

ACADEMIC MULTICULTURAL IMMERSION STUDIES  
1908 SEYMOUR AVE. - CINCINNATI

**Sponsored By:**

Santa Maria Community Service  
(513) 557-2700 Ext. 207

*April 23, 2015*

**Introduction to Fitness Training**

6:30pm-8:00pm

This seminar will teach the attendee about the proper "do's and don't's" of physical activity; and the latest research regarding exercise prescribed as complimentary medicine to various chronic illnesses.

AMERIACN FITNESS HEALTH & WELLNESS INSTITUTE  
643 TROY ST., SUITE A, - DAYTON

**Sponsored By:**

American Fitness Health & Wellness Institute  
(937) 275-3770

*April 23, 2015*

**Developmental, Hearing, Vision and Mental Health Screening for Children Birth to Six Years Old**

9:00am-5:00pm

Early Child Resource Network Plus will hold a community screening, targeting an area served by Franklin County Department of Jobs and Family Services West Opportunity Center. While programming is open to all, the target audience will be African Americans, Hispanic and Somali families.

FCDJFS WEST OPPORTUNITY CENTER - COLUMBUS

**Sponsored By:**

YMCA of Central Ohio/ECRN+  
(614) 233-2912

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*April 23, 2015*

**Infant Mortality Prevention Training**

9:00am-10:30AM

This event will provide infant mortality prevention information to service agencies, government/non-government agencies and the public. Participants will receive electronic materials to share with their clientele.

ERIE COUNTY HEALTH DEPARTMENT  
20 SUPERIOR ST. - SANDUSKY

**Sponsored By:**

Erie County Health Department  
(419) 626-5623 Ext 185

*April 23, 2015*

**Health and Nutrition Seminar to Educate and Inform & Medication Education**

9:00am-1:00pm

Participants will learn to prepare snacks that are appetizing, economical, healthy and easy to prepare. A nurse will educate participants about medications and their interactions, the importance of adherence, exercise and nutrition to health. Educational Q and A session will be followed by a game.

MURTIS TAYLOR HUMAN SERVICE SYSTEM FAMILY CENTER  
13411 UNION AVE. - CLEVELAND

**Sponsored By:**

Murtis Taylor Human Service System  
(216) 283-4400 EXT. 2362

*April 23, 2015*

**Communication and Healthy Family Relationships**

10:00am-12:00pm

This event will allow participants the opportunity to hear from psychologist, counselors, and social workers about family dynamics. In addition, it will feature listening skills and teach how to interact within cultural boundaries.

KOREAN UNITED METHODIST CHURCH  
6130 MADISON RD. - CINCINNATI

**Sponsored By:**

Asian Community Alliance, Inc.  
(513) 771-8810

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*April 24, 2015*

**Empower Yourself, Improve Your Health**

9:30am-3:00pm

This event features a workshop to share best practices on outreach, awareness and successful programs to build and preserve Hispanic Latino health.

THE METROHEALTH SYSTEM  
2500 METROHEALTH DR. -CLEVELAND

**Sponsored By:**

Ohio Latino Affairs Commission (OCHLA)  
(614) 728-8345

*April 24, 2015*

**Know More Live Better!**

1:30pm- Religious Community Leader session

2:00pm-3:00 pm

Take control! Heart disease, diabetes, stroke and Alzheimer's are killing the minority community. Learn the warning signs, have your blood pressure checked, and live better.

GOOD NEIGHBOR HOUSE  
627 EAST FIRST ST. - DAYTON

**Sponsored By:**

Alzheimer's Association Miami Valley Chapter  
1-800-272-3900

*April 25, 2015*

**Minority Health Fair**

8:00am-12:00pm

Men will receive blood tests and physical exams. Please contact Brenda Philips at 419-524-2626 to register for an appointment.

OCIE HILL NEIGHBORHOOD CENTER  
445 BOWMAN ST. - MANSFIELD

**Sponsored By:**

Ocie Hill Neighborhood Center- City of Mansfield- Department of Regional Community Advancement  
(419) 524-2626



*April 25, 2015*

**Hypertension and Diabetes Prevention & Anti Bullying Workshops**

11am -12:00pm

A presenter will educate participants on the importance of hypertension & diabetes prevention. A Prevention Specialist will educate participants on the awareness and effects of bullying in and out of school.

FIRST AME ZION CHURCH  
873 BRYDEN RD. -COLUMBUS

**Sponsored By:**

First AME Zion Church  
(614) 252-2184

*April 25, 2015*

**My Baby and Me**

11:30am-2:30pm

Wright State University and African American Women in Professional Psychology have partnered with local faith communities to raise awareness and provide mental health resources for women at risk for postpartum depression. Goals include raising awareness about postpartum depression among African American women, prevention, providing options for completing a postpartum depression screening measure (assessment), and, if necessary, making referrals to a local women's center, and mental health agencies.

MACEDONIA MISSIONARY BAPTIST CHURCH  
27 N. GETTYSBURG AVE. -DAYTON

**Sponsored By:**

Wright State University, AAWIPP  
(937) 268-2011

*April 25, 2015*

**Equitable Birth Outcomes: Happy, Healthy, Safe Babies**

11:00am-1:00pm

Mercy Medical will offer a culturally appropriate, interactive education session to address dire minority statistics in an at-risk neighborhood resulting in better pregnancy outcomes and more first birthdays.

MERCY PRIMARY CARE AT SAINT PAUL SQUARE  
1459 SUPERIOR AVE. - NE. CANTON

**Sponsored By:**

Mercy Medical Center  
(330) 588-4892

*April 25, 2015*

**You are What You Eat.... and Exercise!**

9:30am- 1:00pm

This event will discuss the benefits of Weight Management and how it affects overall health. Sessions will focus on what food to eat, weight gain, diseases, cardio exercises, nutrition session and chair massages.

YWCA OF YOUNSTOWN  
25 W. RAYEN AVE. - YOUNGSTOWN

**Sponsored By:**  
YWCA of Youngstown  
(330) 746-6361

*April 25, 2015*

**The Impact of Stress on Chronic Disease & Overall Health**

10:00am -2:00pm

This event will provide a interactive workshop on how stress impact chronic disease and overall health and how to manage stress to prevent health issues and improve quality of life.

WESLEY COMMUNITY CENTER  
3730 DELPHOS AVE. - DAYTON

**Sponsored By:**  
Public Health- Dayton & Montgomery County-Local Office on Minority Health  
(937) 225-4962

*April 25, 2015*

**Community Health Walk**

9:30am Registration  
10:00am Walk Begins

This event will feature a Community Health Walk at Cleveland Metro Parks. Come and meet us at the old Birch Shelter for registration at 9:30am. We will begin our 2 mile walk at 10:00am. Participants will receive water bottle and pedometer.

CLEVELAND METRO PARKS, GARFIELD RESERVATION  
11350 BROADWAY- GARFIELD HEIGHTS

**Sponsored By:**  
William E. Sanders Family Life Center  
(216) 751-2688

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*April 25, 2015*

**Office of Minority Health Workshops and Forum**

10:00am

The office of Minority Health at Columbus Public Health workshops and forums engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well-being.

COLUMBUS PUBLIC HEALTH  
240 PARSONS - COLUMBUS

**Sponsored By:**  
Columbus Public Health –Local Office on Minority Health  
(614) 645-7335

*April 25, 2015*

**Women's Health**

9:00am-3:00pm

This event will feature a presentation on nutrition for women, PAP tests, blood pressure screenings, healthy recipe demonstration and sampling. Participate in a yoga session designed for stress relief.

INTERNATIONAL COMMUNITY HEALTH CENTER  
3820 SUPERIOR AVE. SUITE 214 - CLEVELAND

**Sponsored By:**  
Asian Service in Action. Inc.  
(216) 881-0330

*April 25, 2015*

**Let's Get Moving! Substance Abuse Prevention & Cancer Awareness Workshops**

1pm -2pm

A Certified Fitness Instructor will provide a Zumba workout, which will emphasize the importance of fitness in a fun program for all family members while understanding the importance of physical fitness and daily activity. A licensed independent chemical dependency counselor clinical supervisor will educate participants' in awareness and the effects of chemical dependency. A representative from OSU Office of Diversity and Enhancement will provide information on cancer and awareness and early detection.

FIRST AME ZION CHURCH  
873 BRYDEN RD. -COLUMBUS

**Sponsored By:**  
First AME Zion Church  
(614) 252-2184

*April 25, 2015*

**Asian Health Fair 2015**

10:00am- 2:00pm

To increase the health awareness in the community, the Asian Health Fair will be a health promotion and prevention event with culturally specific health information and screening for Asian Americans in Central Ohio. Screening and information will include but not be limited to diabetes, vision, cholesterol, hepatitis b, hearing, dental, nutrition, hypertension, and domestic violence prevention.

BETHEL UNITED METHODIST CHURCH  
1220 BETHEL RD. - COLUMBUS

**Sponsored By:**  
Asian American Community Service  
(614) 220-4023 Ext 224

*April 27, 2015*

**Nutrition on the GO!**

6:00pm-7:30pm

This event will feature a dietitian who will discuss economical and healthy meal planning and preparation. The attendees will participate in cooking. Everyone will share the prepared meal.

KING KENNEDY COMMUNITY CENTER  
6660 GARFLED RD. - REVERNA  
(330) 296-5597

**Sponsored By:**  
Family and Community Service Inc.  
(330) 296-5597

*April 28, 2015*

**Minority Men's Health Center Community Health Educational Forum**

12:00pm-2:00pm

This event will provide participants with education on the prevention of diabetes, hypertension and prostate cancer.

CLEVELAND CLINIC  
STEPHANIE TUBBS JONES FAMILY HEALTH CENTER  
13944 EUCLID AVE. - CLEVELAND

**Sponsored By:**  
Cleveland Clinic  
(216) 256-6412

*April 29, 2015*

**Live Healthier– Live Longer**

3:00pm-5:00pm

Parents from preschool and after school will be encouraged to attend. All families attending this health fair will learn about living a healthier lifestyle. Nutrition will be a focus – how to eat healthy (“whoa and go” foods). Parents nutrition lesson and cooking demonstration—snack demonstration with the youth and their parents cooking together and the benefits of healthy foods.

ARLINGTON CHRISTIAN  
539 ARLINGTON ST. - AKRON

**Sponsored By:**

The University of Akron– Keeping Pace Akron’s way  
(330) 785-9116

*April 29, 2015*

**Friendly Center Health Screening Event**

11:00am-2:00pm

This event will feature healthy behaviors related to nutrition, screenings, exercise and smoking cessation. Free and open to the public.

THE FRIENDLY CENTER  
1324 N SUPERIOR ST. -TOLEDO

**Sponsored By:**

Lucas County Regional Health District-Local Office on Minority Health  
(419) 213-4095

*April 29, 2015*

**Developing Cultural Competence to Reduce Health Disparities**

11:00pm-2:15pm

This is a seminar that will cover topics such as increasing cultural competence in working with ethnic minorities, the reduction of health disparities, improving access for underserved population and more.

NEOMED UNIVERSITY ROOM A  
4209 OHIO 44 -ROOTSTOWN

**Sponsored By:**

SUMMA Center for Health Equity  
(330) 865-5365

*April 30, 2015*

**Live Healthier– Live Longer**

8:30- 1100am

Parents from preschool and after school will be encouraged to attend. All families attending this health fair will learn about living a healthier lifestyle. Nutrition will be a focus – how to eat healthy (“whoa and go” foods). Parents nutrition lesson and cooking demonstration—snack demonstration with the youth and their parents cooking together and the benefits of healthy foods.

PORTAGE PATH COMMUNITY  
LEARNING CENTER  
55 SOUTH PORTAGE PATH - AKRON

**Sponsored By:**

The University of Akron- Keeping Pace Akron’s Way  
(330) 761-2795

*April 30, 2015*

**13<sup>th</sup> Annual Cleveland Clinic Minority Men’s Health Fair**

5:00pm-9:00pm

The 13<sup>th</sup> Annual Cleveland Clinic Minority Men’s health Fair is designed to prevent chronic disease and improve access to health care services.

CLEVELAND CLINIC MAIN CAMPUS–  
GLICKMAN TOWER  
9500 EUCLID AVE. - CLEVELAND

**Sponsored By:**

Cleveland Clinic  
(216) 256-6412

*April 30, 2015*

**Minority Men’s Health Fair Month**

5:30pm-8:30pm

Minority males will receive a comprehensive medical evaluation to promote health and undergo health screening that will be provided by the Cleveland Clinic. Activities will consist of utilizing lupus self-assessment tests and recommend physician referrals if needed. Advocacy, and education materials will be provided.

CLEVELAND CLINIC FOUNDATION,  
GLICKMAN TOWER  
2050 EAST 96<sup>TH</sup> ST. - CLEVELAND

**Sponsored By:**

The Lupus Foundation of America-  
Greater Ohio Chapter  
(440) 717-0183



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# LOCAL OFFICES OF MINORITY HEALTH

## **Akron**

Summit County Office of Minority Health  
Summit County Health District  
1867 West Market St.  
Akron, Ohio 44313

Monique Harris, Director  
330-926-5764

## **Cleveland**

Cleveland Office of Minority Health  
Cleveland Department of Public Health  
75 Erievue Plaza  
Cleveland, Ohio 44114

Shayla Davis, Director  
216-664-3052

## **Columbus**

Columbus Office of Minority Health  
Columbus Public Health  
240 Parsons Ave  
Columbus, Ohio 43215

Ryan E. Johnson, MPH  
Program Director  
614-645-7335

## **Dayton**

Dayton Council on Health Equity  
Public Health-Dayton & Montgomery County  
117 South Main Street  
Dayton, Ohio 45422

Cheryl C. Scroggins  
Community Coordinator for Health Equity  
937-225-4962

## **Toledo**

Toledo Lucas County Commission  
on Minority Health  
Toledo-Lucas County Health Department  
635 North Erie Street  
Toledo, Ohio 43604

Celeste Smith, Director  
419-213-4093

## **Youngstown**

Youngstown Office of Minority Health  
Youngstown City Health District  
345 Oak Hill Avenue, Suite 200  
Youngstown, Ohio 44502

Leigh Greene Colvin, Director  
330-743-3333 ext. 238

**2015 MINORITY HEALTH MONTH NATIONAL THEME:**

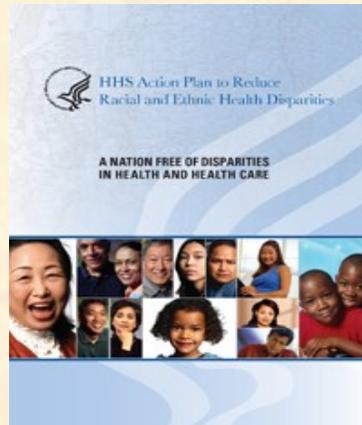
**30 YEARS OF ADVANCING HEALTH EQUITY:  
THE HECKLER REPORT: A FORCE FOR ENDING  
HEALTH DISPARITIES IN AMERICA.**



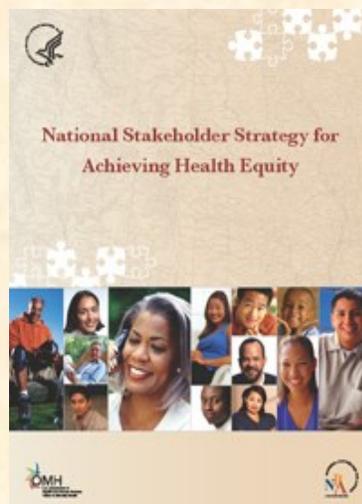
**A STATEWIDE CALL TO ACTION TO:  
PRACTICE THE ACTIVITIES AND PROGRAMS THAT AROSE FROM THE  
UNITED STATES HEALTH DEPARTMENT OF HEALTH AND HUMAN SERVICES  
ACTION**

**PLAN TO REDUCE RACIAL AND ETHNIC DISPARITIES**

**[HTTP://MINORITYHEALTH.HHS.GOV/NPA/FILES/PLANS/HHS/  
HHS PLAN COMPLETE.PDF](http://minorityhealth.hhs.gov/npa/files/plans/hhs/hhs_plan_complete.pdf)**

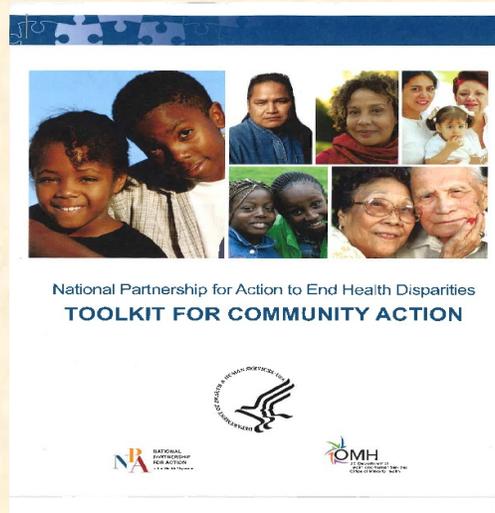


**AND THE  
NATIONAL STAKEHOLDERS STRATEGY FOR ACHIEVING HEALTH EQUITY**  
**[HTTP://DHHS.NE.GOV/PUBLICHEALTH/DOCUMENTS/NATIONAL%  
20STAKEHOLDER%20STRATEGY.PDF](http://dhhs.ne.gov/publichealth/documents/national%20stakeholder%20strategy.pdf)**



**A STATEWIDE CALL TO ACTION TO:  
PRACTICE THE ACTIVITIES AND PROGRAMS THAT AROSE FROM THE  
[HTTP://MINORITYHEALTH.HHS.GOV/NPA/FILES/PLANS/TOOLKIT/  
NPA TOOLKIT.PDF](http://minorityhealth.hhs.gov/npa/files/plans/toolkit/NPA_Toolkit.pdf)**

**NATIONAL PARTNERSHIP FOR ACTION: TOOLKIT FOR  
COMMUNITY ACTION**



**AND THE  
OHIO HEALTH DISPARITIES COLLABORATIVE  
[HTTP://WWW.OHIOHEALTHDISPARITIESCOLLABORATIVE.ORG](http://www.ohiohealthdisparitiescollaborative.org)**



The 2015 Minority Health Calendar of Events was made possible through hours of timeless work from our distinguished grantees. We thank you so much.

A.B.L.E Inc.	Lucas County Regional Health District
Akron Regional Hospital Association	Lupus Foundation of America
Alzheimer's and Related Disorders Association Miami Valley Chapter	Mercy Medical Center
American Fitness Health & Wellness Institute	Murtis Taylor Human Services System
Asian American Community Services	Ohio Commission on Hispanic/Latino Affairs
Asian Community Alliance. INC	Ohio State University Foundation
Asian Resource Center	Public Health – Dayton & Montgomery County
Cincinnati Health Department	Santa Maria Community Services
Cincinnati Human Relations Commission	Summit County Combined General Health District
Cleveland Department of Public Health	The Cleveland Clinic
Columbus Public Health	Office of Sponsored Research and Programs
Community Outreach Positive Alternative Training	The Waldrop Health and Youth Ministry
Council for Economic Opportunity in Greater Cleveland	University Hospitals Case Medical Center
Erie County Health Department	Urban Mission Ministries / NCDC
Family and Community Services, Inc.	William E Sanders Family Life Center
First African Methodist Episcopal (AME) Zion Church	Wright State University
Fulton County Health Department	YMCA of Central Ohio
Korean Central Presbyterian Church	YWCA of Youngstown
	Youngstown City Health District
	Zane State College Foundation
	Zion Baptist Church

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The Ohio Commission on Minority Health

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