Cleveland Office of Minority Health

Round 2: Local Conversations on Minority Health

Report to the Community 2016
Round 2 Funded by the Ohio Commission on Minority Health Grant #MGS 16-02
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The National Partnership for Action to End Health Disparities

Spearheaded by the Office of Minority Health, the National Partnership for Action to End Health Disparities (NPA) was established to mobilize a national, comprehensive, community-driven, and sustained approach to combating health disparities and to move the nation forward in achieving health equity. Through a series of Community Voices and Regional Conversations meetings, NPA sought input from community leaders and representatives from professional, business, government, and academic sectors to establish the priorities and goals for national action. The result is the National Stakeholder Strategy for Achieving Health Equity, a roadmap that provides a common set of goals and objectives for eliminating health disparities through cooperative and strategic actions of stakeholders around the country.

Concurrent with the NPA process, federal agencies coordinated governmental health disparity reduction planning through a Federal Interagency Health Equity Team, including representatives of the Department of Health and Human Services (HHS) and eleven other cabinet-level departments. The resulting product is the HHS Action Plan to Reduce Racial and Ethnic Health Disparities, launched simultaneously with the NPA National Stakeholder Strategy in 2011. The HHS plan outlines goals, strategies, and actions. HHS will take to reduce health disparities among racial and ethnic minorities. Both documents can be found on the Office of Minority Health web Page at http://minorityhealth.hhs.gov/NPA.org.

Ohio’s Response to the NPA

In support of the NPA, the Ohio Commission on Minority Health (OCMH), an autonomous state agency created in 1987 to address health disparities and improve the health of minority populations in Ohio, sponsored a statewide initiative to help guide health equity efforts at the local and state levels.

In Phase I of this initiative, OCMH sponsored a series of nineteen Local Conversations on Minority Health throughout the state. The purpose of these gatherings was to carry out community-wide discussions on local health disparities in which health needs could be identified and prioritized from the community’s perspective, and strategies could be generated toward local action plans to address minority health needs. Sixteen of the Local Conversations were geographically based and were held in the state’s large and small urban regions. In addition, three statewide ethnic health coalitions convened ethnic-specific Local Conversations for Latino, Asian American, and Native American groups, which brought in representatives from these populations across the state.

In Phase II, the Local Conversations communities continued broad-based dialogues on health disparities and refined their local action plans. The Cleveland Health Disparity Reduction Plan in this document is a result of this process. The lead agency for the Local Conversations in Cleveland was the Cleveland Office of Minority Health.

Cleveland Office of Minority Health (COMH)

The Cleveland Office of Minority Health (COMH) was established in 2007 as a division of the Cleveland Department of Public Health-Division of Health. The COMH educates individuals and organizations on health issues impacting minority populations and the community at large and provided leadership in reducing health disparities through innovative strategies focused on four core competencies to:
Monitor and report the health status of minority populations
Inform, educate, and empower people
Mobilize community partnerships and action
Develop policies and plans to support health efforts

The vision of the COMH is to improve the health status of Cleveland’s racial/ethnic population groups.

The COMH seeks to serve as a clearing-house for the coordination of community health efforts and information targeting Cleveland’s African American/Black, Asian American/Pacific Islander, Hispanic/Latino, and Native American populations. The office works with public and private partners to improve the effectiveness and efficiency of health initiatives through collaborative efforts.

Cleveland Demographics

Diverse racial/ethnic groups constitute the majority of Cleveland’s population. Cleveland is the largest city in Cuyahoga County and the second largest city in the State of Ohio. According to the 2015 Census, there were approximately 388,072 residents in Cleveland. The demographic breakdown of Cleveland is:

<table>
<thead>
<tr>
<th>Population</th>
<th>Percentage</th>
<th>Ethnicity</th>
</tr>
</thead>
<tbody>
<tr>
<td>144,750</td>
<td>(37.3%)</td>
<td>White/Caucasian</td>
</tr>
<tr>
<td>206,842</td>
<td>(53.3%)</td>
<td>Black/African American</td>
</tr>
<tr>
<td>76,838</td>
<td>(1.98%)</td>
<td>Asian American/Pacific Islander</td>
</tr>
<tr>
<td>38,807</td>
<td>(10%)</td>
<td>Hispanic/Latino</td>
</tr>
<tr>
<td>1,164</td>
<td>(0.3%)</td>
<td>American Indian/Alaska Native</td>
</tr>
<tr>
<td>10,866</td>
<td>(2.8%)</td>
<td>Two or more races</td>
</tr>
</tbody>
</table>

Cuyahoga County Demographics

Persons of color represent almost one-third of the total population of Cuyahoga County. Cuyahoga County is the most populous county in Ohio and Cleveland is the county seat.

According to the U.S. Census Bureau, there were an estimated 1,259,828 residents in Cuyahoga County in 2014. The racial/ethnic composition of Cuyahoga County is:

<table>
<thead>
<tr>
<th>Population</th>
<th>Percentage</th>
<th>Ethnicity</th>
</tr>
</thead>
<tbody>
<tr>
<td>811,329</td>
<td>(64.4%)</td>
<td>White/Caucasian</td>
</tr>
<tr>
<td>381,728</td>
<td>(30.3%)</td>
<td>Black/African American</td>
</tr>
<tr>
<td>37,795</td>
<td>(3.0%)</td>
<td>Asian American/Pacific Islander</td>
</tr>
<tr>
<td>68,031</td>
<td>(5.4%)</td>
<td>Hispanic/Latino</td>
</tr>
<tr>
<td>2,520</td>
<td>(0.2%)</td>
<td>American Indian/Alaska Native</td>
</tr>
<tr>
<td>37,795</td>
<td>(3.0%)</td>
<td>Two or more races</td>
</tr>
</tbody>
</table>
## Cuyahoga County Death Rate for Top Health Conditions 1999-2014

<table>
<thead>
<tr>
<th>County Ranking</th>
<th>Disease/Condition</th>
<th>County Death Rate Per 100,000</th>
<th>State Death Rate per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>17th</td>
<td>Heart Disease</td>
<td>251.56</td>
<td>186.38</td>
</tr>
<tr>
<td>32nd</td>
<td>Cancer</td>
<td>200.77</td>
<td>177.84</td>
</tr>
<tr>
<td>84th</td>
<td>Lung Disease</td>
<td>38.04</td>
<td>42.21</td>
</tr>
<tr>
<td>83rd</td>
<td>Accidents</td>
<td>42.55</td>
<td>50.8</td>
</tr>
<tr>
<td>80th</td>
<td>Stroke</td>
<td>19.74</td>
<td>40.03</td>
</tr>
<tr>
<td>79th</td>
<td>Alzheimer’s</td>
<td>23.57</td>
<td>27.65</td>
</tr>
<tr>
<td>77th</td>
<td>Diabetes</td>
<td>23.57</td>
<td>25.68</td>
</tr>
<tr>
<td>75th</td>
<td>Influenza</td>
<td>13.45</td>
<td>16.88</td>
</tr>
<tr>
<td>26th</td>
<td>Nephritis/Kidney Disease</td>
<td>15.98</td>
<td>14.06</td>
</tr>
<tr>
<td>13th</td>
<td>Septicemia/Blood Disease</td>
<td>14.21</td>
<td>12.15</td>
</tr>
<tr>
<td>59th</td>
<td>Suicide</td>
<td>10.42</td>
<td>12.55</td>
</tr>
<tr>
<td>14th</td>
<td>Liver Disease</td>
<td>10.64</td>
<td>10.38</td>
</tr>
<tr>
<td>51st</td>
<td>Hypertension</td>
<td>7.91</td>
<td>9.3</td>
</tr>
<tr>
<td>68th</td>
<td>Parkinson’s</td>
<td>5.46</td>
<td>7.79</td>
</tr>
<tr>
<td>4th</td>
<td>Homicide</td>
<td>8.8</td>
<td>5.22</td>
</tr>
</tbody>
</table>

*Higher than State Average
Data Taken From: World Health Rankings – World Health Organization, CDC

According to World Health Rankings Data compiled by the Center for Disease Control (CDC) and the World Health Organization (WHO), between 1999 and 2014, the mortality rate per 100,000 in Cuyahoga County exceeded Ohio mortality rates for the following chronic health conditions: Cancer, heart disease, non-intentional accidents, kidney disease, blood infections, liver disease and homicide. These findings are consistent with the Robert Wood Johnson Foundation’s 2014 and 2015 Health Rankings data which ranks Cuyahoga County 65th (2014) and 43rd (2015) out of 88 counties in health outcomes measuring length of life and quality of life. Cuyahoga County ranked 46th (2014) and 64th (2015) in the health factors, which include socioeconomic factors, health behaviors, access to care and quality of care.

Understanding that persons of color, particularly African Americans and Latinos are disproportionately affected by cancers, heart disease, diabetes, homicide and infant mortality, the focus of the local office remains centered on establishing and maintaining partnerships to raise awareness, improve education, early detection and treatment of these life threatening conditions. Through its partnerships with local health providers, social service and faith based organizations, the local office continues to advocate for increased funding and services where they are needed the most. This includes working to establish better mechanisms for data collection and reporting, developing neighborhood-based initiatives based upon local data findings and building capacity for employing community health workers in strategic areas and implementing disease self-management models in neighborhood settings.

### Cleveland, Ohio Socioeconomic Indicators

Cleveland’s racial/ethnic populations fare worse than their Caucasian peers on a number of socioeconomic indicators that have an impact on health. The overall poverty rate in Cleveland was 35.9% in 2014; there were particularly high rates of poverty for children (53.5%), due in part to the high number of female-headed households in the City. The greatest concentration of poverty is found on the city’s east and near west sides, where many of the City’s Hispanic and African-American residents live. African Americans and Hispanics are three times more likely to live in poverty than Whites (Health Improvement Partnership-Cuyahoga, 2014).

According to a Cuyahoga County Health Needs Assessment conducted by the Center for Health Affairs,
40.9% of Hispanic and 43.1% of African-Americans residents live in poverty in Cleveland. In addition, a total of 18% of African-Americans aged 18-64 in the county were uninsured. Lack of insurance or being under-insured has been found to be a risk factor for decreased access to high quality care, delays in seeking care, and a low priority placed on preventive care (http://www.healthpowerforminorities.com).

Health Disparities in Cleveland

The Cleveland Office of Minority Health has continues to experience barriers locating local data on health disparities. The lack of timely data collection and reporting of minority health data has been identified as an area of concern across health service delivery sectors. However, new initiatives such as Health Data Matters (HDM) are working with local health departments and other local organizations to provide access to "comprehensive data and tools to understand and describe health in Cleveland and Cuyahoga County" (HDM). The COMH continues to work with community partners on strategies that will allow for greater access and use of local data. Currently available data indicate that people of color residing in Cleveland continue to face significant health disparities.

Overall Health

In 2014, African Americans were 1.63 times more likely to report being in fair or poor health than Caucasians (10% compared to 14%- National Center for Health Statistics).

HIV/AIDS Prevalence in Cleveland

As of December 31, 2014, there were 4,967 persons diagnosed with HIV living in Cuyahoga County. Of these, 3,343 (67%) persons were Cleveland residents and 49%, or 1,652 of them had AIDS. Nearly 62% of AIDS patients were African American, 25% were Caucasian non- Hispanic, 12% were Hispanic, and less than 1% was of other race. Three in four (75%) were male. Persons with HIV-only were younger, with about 29% being 34 years of age and younger. Ninety percent of individuals with AIDS were age 35 and older.

Infant Mortality

Cleveland’s 2015 Infant Mortality Rate was 15.6 deaths/1,000 live births. This is much higher than the reported IMR in Ohio of 6.8 deaths/1,000 live births. (Ohio Department of Health) However, the disparity ratio in Cleveland was 1.42 (12.6 deaths/1,000 live births for Caucasian babies compared to 17.9 deaths/1,000 live births for African American babies) meaning that African American infants were 42% more likely to die before reaching their first birthday than Caucasian infants. This pattern was also similar for low birth weight and very low birth weight births.

Obesity

A Cuyahoga County Health Needs Assessment conducted by the Center for Health Affairs found that females were more likely to be obese than males and that African American and Hispanic children were more likely to be obese than Caucasian children. The rate of obesity among adults in
Cuyahoga County was 24.7% in 2012—lower than the national (28%) and state averages (30%). However, the obesity rate among African Americans was 37% or 18% higher than the rate among Caucasians (19%).

**Cancer**

According to the Ohio Annual Cancer Report, the total cancer mortality rate per 100,000 people in Ohio was 201 for African Americans and 180 for Whites in 2015. Specifically, African Americans had much higher mortality rates per 100,00 people compared to white residents for prostate cancer (38 to 18 deaths), lung & bronchus cancer (60 to 54 deaths), colon & rectal cancer (19 to 16 deaths), and breast cancer (18 to 12 deaths).

Cancer is the 2nd leading cause of death in Cuyahoga County. In 2014, there were approximately 7,741 new cases of invasive cancer of all types among Cuyahoga County residents with an age-adjusted rate of 492 per 100,000 people (Cuyahoga County Board of Health 2016). Clevelanders experience a higher rate of the cancer burden in comparison to Cuyahoga County, Ohio and the nation.

**Diabetes**

In 2014, the rate of mortality from diabetes in the City of Cleveland was 34.7 per 100,000. 14 neighborhoods had higher rates than the City average. Thirteen African Americans neighborhoods had higher rates of diabetes mortality than the City average. The mortality rate from diabetes in Ohio for African Americans was 36.6 per 100,000 compared to 38.8 per 100,000 for Caucasians.

In 2015, the Ohio Department of Minority Health reported that African Americans are 79% more likely to die from diabetes than their White counterparts.

**Tobacco**

In Cleveland, 35.8% of African-Americans/Blacks were smokers.

Sources of demographic and health data: www.factfindercensus.gov


Cleveland Department of Public Health, www.healthinfo.org

The Prevention Research Center for Healthy Neighborhoods (PRCHN)

**Cleveland’s Local Conversations Timeline**

**Round One**

First Local Conversation on Minority Health: Tuesday, October 7, 2008

The first Local Conversation on Minority Health was attended by more than 300 participants,
including strong representation from the diverse racial/ethnic groups in the city (African Americans, 80%; Asian American, 3%; and Hispanic/Latino, 10%). Attendees at this event worked to identify needs in the community affecting minorities. For the discussions, breakout sessions were divided into racial and ethnic groups representing African American/Black, Hispanic/Latino, and Asian American/ Pacific Islander. Because their needs and perspectives are unique, a separate group was held for youth. Each group included a facilitator and a scribe who helped the groups to identify and reach consensus on the top needs and strategies to address the needs.

Priority Setting Session

Second Local Conversation Minority Health: Monday, December 14, 2010

The purpose of the Phase II Priority Setting Session was to develop an action plan to select priority health needs in Cleveland. A total of 15 persons took part in the discussion. The group consisted of individuals who represented racial and ethnic community members, community agencies, hospitals, government, academia and youth focused groups. The goal of the second local conversation was to set priorities based on the original format of resource, service, capacity, and infrastructure needs.

Round Two: Local Conversations June 29-30, 2016

The content area for the FY 2016 Local Conversations was aligned with the NPA and includes feedback on service, resource, infrastructure, and capacity building needs identified during the Local Conversations in 2010. The Round 2 Conversations in 2016 provided feedback on the progress made in the community over the past 5 year period. The Cleveland Office on Minority Health presented two Community Conversation events. The first event was held was on June 29, 2016 at Trinity Commons, 2307 Prospect Avenue in Cleveland, Ohio and consisted on focused discussions on African American and Asian American health issues. Participants included health care professionals, community advocates and other social service providers.

The second event was held on June 30, 2016 at the Hispanic Alliance, 3110 West 25th Street in Cleveland and focused on the health concerns of Hispanic/Latino residents, health and other social service providers. To accommodate the public, morning sessions (10:00am to 12:00pm and afternoon sessions (2:00pm to 4:00pm) were scheduled for both events. Refreshments and lunch were provided at each session. Over 100 participants attended over the course of a 2-day period.

The structure of the day consisted of a modified version of the State of Ohio’s Health Assessment Forum. The schedule of the day for each event included a brief overview on the history of the Community Conversations at the local level and the impact of chronic health conditions on minority populations.

Small group sessions then were led by facilitators who provided each group with the findings from the 2011 Community Conversation sessions. Facilitators worked with each group to discuss and identify progress made on resource, service, capacity building and infrastructure needs and time to identify (1) Community Strengths; (2) Community Threats and Opportunities; (3) City/County Health Priorities; and (4) Service Gaps and Next Steps.

In addition to each community’s specific resource, service, capacity building and infrastructure needs, participants responded to the following survey questions about Community Strengths,
Threats and Opportunities, Service Gaps and Next Steps.

COMMUNITY STRENGTHS AND OPPORTUNITIES

1. What are the 2-3 most important characteristics of a healthy city and county?
2. What makes you most proud of your city and county?
3. What are some specific examples of people or groups working together to improve the quality of life in your county and region?
4. What do you believe are the 2-3 most important issues that must be addressed to improve the health and quality of life in your county and region?
5. What do you believe is keeping your county and region from doing what needs to be done to improve health and quality of life?

FORCES OF CHANGE:

- What recent changes or trends are occurring or are on the horizon that may impact the health of your community?
- Of these changes or trends, which are occurring locally? Regionally? Nationally? Globally?
- What characteristics of your region or state may pose an opportunity or threat to your community’s health?
- What may occur or has occurred that may pose a barrier to achieving the shared vision?

African American Workgroup

In the 2010 Community Conversation and Priority Setting Session, the group focusing on African American health needs stressed:

1. The need to employ a multi-system approach to address the needs of the African American community as well as the other minority communities. They recommended that a comprehensive marketing campaign reflecting the diversity of the community be developed to frame the approach. This approach would include understanding the cultural aspects of the communities to be served as the basis for the coordination of a community wide culturally based health/social services needs assessment.

2. The need for consumers needed to take ownership for their health destinies. Although individuals have been exposed to barriers such as institutionalized racism and discrimination, any health paradigm promoted should include a component of individual responsibility. In order to further this concept, consumers health literacy needs to be raised. Health literacy would include translating medical jargon into understandable terms and describing healthcare plans in layman terms. Succinct information about “what you are signing up for including copays” was considered helpful.

3. The need to determine the scope of the health equity problems for the local community. Participants expressed concern over not knowing exactly what “we are dealing with” in regards to health disparities. The community needs to be accountable for addressing issues that hinder individual growth such as racism, language barriers and life style choices. The community focus should be on empowering the individual who will then be strong
enough to help the community. A proactive health stance is needed versus reactionary measures. The group perception is that the current system is not “healthcare but sick care.” The group encouraged collaboration among the various ethnic communities so that the community as a whole could be better served. This strategy may result in more resources, improved services, enhanced capacity and expanded infrastructure.

**Major Resource Needs Identified**

1. Primary care physicians
2. Culturally competent practitioners
3. Literacy health specialist/educators
4. Everyday role models of people living healthy lifestyles
5. Community care navigators and knowledge workers links

**Major Strategies to Address Resource Needs Included**

1. Developing a pipeline of youth into science and technology field
2. Exposing young people to health professions
3. Providing incentives/loan repayment for health professions study
4. Designing electronic medical health records
5. Training on how to collaborate

**Major Service Needs Identified**

1. Conflict management
2. Non-traditional supportive mental services that can remove stigma
3. Health promotion and preventive health services in schools and workforce settings
4. Low cost/no cost pharmaceutical services
5. More services for single adults who do not have children

**Major Strategies To Address Service Needs Included:**

1. Conducting a culturally-based community health needs assessment
2. Removing barriers to self-motivation
3. Eliminating institutional racism
4. Empowering consumers

**Major Capacity Building Needs Identified**

1. Evaluation of current programs to determine if they are effective
2. Improved group collaboration (general and inter-ethnic)
3. Qualified educated, culturally sensitive workforce
4. Better educated and empowered consumers
5. Reduction of unnecessary competition and duplication of services

**Major Strategies To Build Capacity Included:**
1. Creating a comprehensive database for healthcare services
2. Engaging local vendors for distribution of the healthcare database
3. Placing a PDF of the database on the Ohio Department of Health website
4. Ask the funders to provide information about funded agencies and programs
5. Updating 211 listings to include healthcare services.
6. Establishing a continual quality improvement rating program based on standards.
7. Promoting collaborative efforts among community transportation providers.

**Major Strategies To Address Infrastructure Needs Included:**

1. Containing the outgrowth of hospitals
2. Coordinating efforts by the healthcare systems
3. Eradicating “classism”
4. Maintaining flexibility with clinical guidelines
5. Paying attention to the individual needs of the patient/consumer

Participants were asked to rate on a scale of 1 to 10 (1 meaning very little and 10 meaning very much) the level of progress that has been made to address identified resource, service, capacity and infrastructure needs. If participants believed that progress had been made toward implementing strategies to address the needs identified, facilitators asked them to report on local efforts that have helped meet those needs.

**Community Progress Addressing Needs of the African American Community**

**Multi-systems Marketing, Health Literacy and Consumer Empowerment: 4/10**

On a scale of 1 to 10, participants rated the overall level of progress within the last 5 years to implement multi-systems approaches through marketing, culturally relevant community assessments and health literacy activities at 4 out of 10. Although great inroads have been made, there is still deal of work to be done in this area.

There was consensus that the passage and implementation of the Affordable Care Act (ACA) and Medicaid expansion has helped reduce the number of uninsured individuals in Cleveland and Cuyahoga County as well as reduce the use of emergency rooms as the primary source of care and provide appropriate preventative screenings. Pharmaceutical programs at Walgreens and Rite Aid have improved access to low cost medication and immunizations. The use of Community Health Workers (CHW) has helped to provide critical follow up in addressing chronic health issues in African American communities, but greater expansion will be necessary to effectively impact outcomes. Participants noted that the use of CHW in Cleveland and Cuyahoga County is comparatively less than other areas in Ohio, such as Columbus and Cincinnati. Additionally, there is a need to employ more Health Educators in the field. Participants reported that too often, the health education role is delegated to Program Managers and Social Workers as an activity rather than developed targeted health education programs. Health outcomes can be greatly improved with appropriate follow-up and ongoing health education provided by Health Educators and chronic disease self-management programs.

Participants felt that programs like Susan G. Komen, MomsFirst and the Health Literacy Institute at St. Vincent’s Charity Hospital have worked to improve health literacy among targeted populations in the
community. The Healthy Cleveland Guide to Health Insurance was identified as a resource to help navigate insurance benefits. Nevertheless, there needs to be more training for professional on health literacy and how to insure that developed materials are meeting the needs of underserved and ethnic populations. Organizations should have a process for making sure educational materials are age appropriate. More effort should be made to provide infographics and story-telling as a means to enhance health literacy efforts. As the aging population grows, special effort must be made to address health literacy among seniors.

The development and expansion of mobile food pantries and efforts to provide fresh fruits and vegetables at corner store markets has increased consumer potential towards to access and prepare healthy foods for their families.

Although community partnerships such has the Health Improvement Partnership (HIP-Cuyahoga), Better Health Partnership and the Healthy Cleveland Initiative have done a great deal to improve opportunities for policy development and create opportunities to promote health living, so much more collaboration and community engagement will be necessary to move the needle on health disparities and other pressing local needs such as infant mortality and community violence.

Resource Service Needs: 3/10

On a scale of 1 to 10, participants rated the overall level of progress within the last 5 years to develop a pipeline of youth into science and technology field, exposing young people to health professions, providing incentives and loan repayment for health professions study, design electronic medical health records and train others on collaboration at 3 out of 10.

Great efforts have evolved over the past 5 years to develop a pipeline into the health professions. Youth Scholar programs at University Hospitals, Cleveland Clinic and MetroHealth and partnership between Cleveland State University (CSU) and Northeast Ohio Medical University (NEOMED) have made great strides in engaging young people to consider local health professions and providing financial and academic incentives to enroll in local medical schools and health programs. The development and expansion of health and science programs within Cleveland Metropolitan School District (CMSD), such as Martin Luther King, Health Careers Louis Stokes, John Hay and charter schools will provide greater opportunities in the future to grow the pool of health professionals who are committed to giving back to Cleveland and the Cuyahoga County region. The Cleveland Regional Inter-Professional Area Health Education Center (CRI-AHEC) housed in the CSU School of Nursing is a promising effort to expand youth engagement into local health professions. The Health Professions Affinity Community (HPAC) program is one of the largest health professions pipeline programs for youth in the country. The program empowers youth to identify health concerns and create community health programs to address them. More time is needed to assess the impact of these programs in Cleveland and Cuyahoga County Participants recommend that programs provide more opportunities for students to engage with community members in real time projects to improve health.

There was consensus that all the hospital systems and most social service agencies providing health related services have implemented electronic health records in their organizations and is no longer an issue. On the other hand, there is still considerable need to provide training opportunities on collaboration and community engagement and to improve the inclusion of community residents and community advocates in assessing need, planning and implementing services.
Service Needs: 6/10

On a scale of 1 to 10, participants rated the level of progress within the last 5 years to conduct a culturally-based community health needs assessment, removing barriers to self-motivation, eliminate institutional racism empower consumers at 6 out of 10.

Although hospitals and health departments are required by law to conduct community needs assessments, participants agree that data collection and reporting must be communicated to the larger community providing specific data on race and ethnicity. This data is collected but is not always reported in meaningful ways to the community. Participants also agree that needs assessments are generic and do not incorporate aspects of culture in them. Addressing social determinants of health will require a wider group of sectors to focus on health planning. Participants believe that little has been accomplished to eliminate institutional racism; they question whether or not this can ever be done.

Capacity Needs: 2/10

On a scale of 1 to 10, participants rated the level of progress within the last 5 years to develop and promote an electronic database as a resource for collecting and sharing health information and obtain better information on programs and organizations receiving funding in the community at 2 out of 10.

Participants reported very little progress in effectively identifying and communicating community resources for health. Although United Way Services includes health resources in the 211 system, there is no single community resource that identifies private and public local health planning efforts, policy development issues, agencies working to reduce chronic health issues, agencies focusing their service efforts on specific target populations, etc. Participants noted that funding sources provide an ongoing listing of the programs that they fund; however, there is very little feedback to the community on the effectiveness of those programs. Participants believe that the Public Health Accreditation Board (PHAB) standards will help the Cleveland Department of Public Health and the Cuyahoga County Board of Health establish and maintain quality improvement standards for their programs and services.

Hospitals are required to collect patient satisfaction information. More effort needs to be made to publish this information to the community at large and obtain information on how hospital systems address patient satisfaction and service delivery issues. Additionally, the Medicaid managed care (Care Source, United, Molina and Paramount) companies should share more information to the community around diagnosis, patient experience and quality improvement efforts, including community partnerships to improve services for their enrollees.

With regards to transportation and parking as barriers to access, participants felt that the existing system of providing transportation for patients needs to be revamped. Existing transportation programs offered through the managed care companies and Paratransit are limited; riders are forced to spend many hours beyond their scheduled appointments waiting for pick-up and drop off. In most cases, parking access is expensive. A few participants believe this is the result of a few companies driving up parking rates in their contracts with hospitals.

Infrastructure Needs: 1/10

On a scale of 1 to 10, participants rated the level of progress within the last 5 years to contain the outgrowth of hospitals, coordinate efforts by the healthcare systems, eradicate classism, maintain
flexibility with clinical guidelines and focus on the individual needs of the patient and consumers at 1 out of 10.

Progress on addressing infrastructure needs was the lowest rated area by participants attending the session on African American health needs. Participants reported that the evaluation of existing programs is not working the way that it should. Further, efforts to develop a qualified, culturally competent workforce have been slow with very few metrics reporting on progress with different professional sectors. Organizations, particularly hospitals operate in silos both internally and externally in the community. Turf issues continue to impede progress as it relates to health planning among hospital systems. Continuing efforts must be made to build trust and to partner programmatically on key health initiative. The community has been sluggish in developing a comprehensive health promotion effort that includes all sectors to address the social determinants of health. There has been very little collaboration with the workforce development sector, housing, law enforcement, child welfare and criminal justice. Meaningful conversations about how poverty, safety and environmental issues contribute to health disparities have barely scratched the surface. Improvement of health for persons of color in the region will be contingent upon how well these sectors come together to plan, assess effectiveness and reduce duplication of health services in our communities. Better coordination overall, particularly among hospital systems, is necessary as well as community focused efforts.

With regards to physician/patient communication, participants were opposed to hospitals and clinics having flexible clinical guidelines. They believed that clinical standards should be uniform in healthcare delivery settings. Overall, participants felt that a major systems and policy change would be necessary to allow physicians spend more time with patient during appointments. In fact, they believe more training is necessary for physicians overall in the delivery of culturally competence care as well as utilizing Nurse Practitioners, Health Educators and community based programs to address minority health needs. Participants also identified a need for an established referral process for follow-up through CHW networks and community chronic disease self-management programs like Evi-Base, Fairhill Community Partners and Friendly Inn.

COMMUNITY STRENGTHS AND OPPORTUNITIES

1. What are the 2-3 most important characteristics of a healthy city and county?
   - Access to food and transportation
   - Employment opportunities
   - Neighborhood ownership, unity relationships
   - Security/safety
   - Education
   - Personal Health

2. What makes you most proud of your city and county?
   - Community is rich in services
   - Community viewed as a leader in the field of HIV
   - Arts/Culture
   - Great restaurants
   - Leading educational institutions

3. What are some specific examples of people or groups working together to improve the health and quality of life in your county and region?
4. What do you believe are the 2-3 most important issues that must be addressed to improve the health and quality of life in your county and region?

- Collaboration barriers need to be overcome to improve health and address, literacy, segregation, education, racism, infrastructure and lead issues.
- Segregation and institutional racism
- Lead
- Food access
- Income and education disparities
- Access to health care
- Obesity and Diabetes management
- Buildings and infrastructure of roads
- Minority business development
- Economic development

5. What do you believe is keeping your county and region from doing what needs to be done to improve health and quality of life?

- Coordination, gathering and aggregation of data
- Lack of transparency
- Willingness to share data and act on it
- Eliminating political agendas, egoism, turf issues and duplication of effort
- Adequate funding to address health issues
- Lack of information/education
- Trust/Abuse of power/Stereotypes
- Lack of vested leadership and key stakeholders who are proponents of health
- Bureaucratic red tape
- Disenfranchised populations and groups
- Too many top heavy approaches

**FORCES OF CHANGE:**

1. What recent changes or trends are occurring or are on the horizon that may impact the health of your community?

<table>
<thead>
<tr>
<th>Election</th>
<th>Institutional Collaboration</th>
<th>Forced ACA coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid Expansion</td>
<td>City/County Collaboration</td>
<td>Health Span closure</td>
</tr>
<tr>
<td>Gentrification</td>
<td>Political In-fighting</td>
<td>Minimum Wage Proposal in Cleveland</td>
</tr>
<tr>
<td>Outsourced jobs</td>
<td>Gun Violence</td>
<td>Proposed eligibility</td>
</tr>
<tr>
<td>Emerging diseases such as Zika</td>
<td>Lack of Trust of Police</td>
<td>expansion for breast and</td>
</tr>
</tbody>
</table>

16
2. Of these changes or trends, which are occurring locally? Regionally? Nationally? Globally?

3. What characteristics of your region/pose an opportunity or threat to community’s health?

4. What may occur or has occurred that may pose a barrier to achieving the shared vision?

**African American Health Concerns**

**Top Causes of Death for African Americans in 2014**

- Heart Disease
- Cancer
- Stroke
- Accidents
- Diabetes
- Chronic Lower Respiratory Disease
- Kidney Disease
- Homicide
- Septicemia
- Alzheimer's

The Health Policy Institute of Ohio reported that African-American/Black Ohioans were much more likely than other racial and ethnic groups to experience poor health outcomes for many of the metrics reviewed, including shorter average life expectancy and a higher infant mortality rate — key indicators of the overall well-being of a population (2016).

**Infant Mortality in Ohio:**

**Table 1: Ohio Infant Mortality Rate, 2014 (Number of Deaths per 1,000 Live Births)**

<table>
<thead>
<tr>
<th>Group</th>
<th>2013</th>
<th>2014</th>
<th>National Rate (2013)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Races</td>
<td>7.4</td>
<td>6.8</td>
<td>6.0</td>
</tr>
<tr>
<td><strong>Race</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>6.0</td>
<td>5.3</td>
<td>5.1</td>
</tr>
<tr>
<td>Black</td>
<td>13.8</td>
<td>14.3</td>
<td>11.2</td>
</tr>
<tr>
<td>American Indian</td>
<td>**</td>
<td>**</td>
<td>7.6</td>
</tr>
<tr>
<td>Asian/Pacific Islander</td>
<td>**</td>
<td>**</td>
<td>4.1</td>
</tr>
<tr>
<td><strong>Ethnicity</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td>8.8</td>
<td>6.2</td>
<td>5.3</td>
</tr>
<tr>
<td>Non-Hispanic***</td>
<td>7.3</td>
<td>6.9</td>
<td>6.1</td>
</tr>
</tbody>
</table>

* Most recent national data available, except for 2014 infant mortality rate for all races.
** Rates based on fewer than 20 infant deaths are unstable and not reported.
*** Non-Hispanic births and deaths include those of unknown ethnicity.
Table 2: Infant Mortality Rates MomsFirst Program 2007-2014

![Infant Mortality Rate per 1,000 live births](image)

2015 MomsFirst Participants by Neighborhood Served

<table>
<thead>
<tr>
<th>Neighborhood</th>
<th>Count</th>
<th>Percent of Participants Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unknown</td>
<td>135</td>
<td>7.4%</td>
</tr>
<tr>
<td>Brooklyn Centre</td>
<td>32</td>
<td>1.7%</td>
</tr>
<tr>
<td>Buckeye - Shaker</td>
<td>67</td>
<td>3.7%</td>
</tr>
<tr>
<td>Central</td>
<td>168</td>
<td>9.2%</td>
</tr>
<tr>
<td>Clark – Fulton</td>
<td>48</td>
<td>2.6%</td>
</tr>
<tr>
<td>Corlett</td>
<td>17</td>
<td>0.9%</td>
</tr>
<tr>
<td>Cudell</td>
<td>45</td>
<td>2.5%</td>
</tr>
<tr>
<td>Detroit Shoreway</td>
<td>39</td>
<td>2.1%</td>
</tr>
<tr>
<td>Downtown</td>
<td>58</td>
<td>3.2%</td>
</tr>
<tr>
<td>Edgewater</td>
<td>13</td>
<td>0.7%</td>
</tr>
<tr>
<td>Euclid Green</td>
<td>16</td>
<td>0.9%</td>
</tr>
<tr>
<td>Fairfax</td>
<td>34</td>
<td>1.9%</td>
</tr>
<tr>
<td>Forest Hills</td>
<td>22</td>
<td>1.2%</td>
</tr>
<tr>
<td>Glenville</td>
<td>154</td>
<td>8.4%</td>
</tr>
<tr>
<td>Goodrich / Kirtland Park</td>
<td>11</td>
<td>0.6%</td>
</tr>
<tr>
<td>Hough</td>
<td>141</td>
<td>7.7%</td>
</tr>
<tr>
<td>Industrial Valley</td>
<td>1</td>
<td>0.1%</td>
</tr>
<tr>
<td>Jefferson</td>
<td>21</td>
<td>1.1%</td>
</tr>
<tr>
<td>Kamm’s Corners</td>
<td>4</td>
<td>0.2%</td>
</tr>
<tr>
<td>Kinsman</td>
<td>62</td>
<td>3.4%</td>
</tr>
<tr>
<td>Lee – Miles</td>
<td>80</td>
<td>4.4%</td>
</tr>
<tr>
<td>Mt. Pleasant</td>
<td>72</td>
<td>3.9%</td>
</tr>
<tr>
<td>North Broadway</td>
<td>26</td>
<td>1.4%</td>
</tr>
<tr>
<td>North Collinwood</td>
<td>51</td>
<td>2.8%</td>
</tr>
<tr>
<td>Ohio City - Near West Side</td>
<td>48</td>
<td>2.6%</td>
</tr>
<tr>
<td>Old Brooklyn</td>
<td>26</td>
<td>1.4%</td>
</tr>
<tr>
<td>Puritas – Longmead</td>
<td>31</td>
<td>1.7%</td>
</tr>
<tr>
<td>Riverside</td>
<td>9</td>
<td>0.5%</td>
</tr>
<tr>
<td>South Broadway</td>
<td>59</td>
<td>3.2%</td>
</tr>
<tr>
<td>South Collinwood</td>
<td>27</td>
<td>1.5%</td>
</tr>
</tbody>
</table>
Local data compiled by the Health Improvement Partnership- Cuyahoga County reported that:

- African Americans and Hispanics are three times more likely to live in poverty as Whites.
- The unemployment rate for African Americans in Cuyahoga County in 2013 was 21.5% compared to 17.8% among Latinos and 9.6% among Whites.
- Youth of color are twice as likely to be obese than their white counterparts.
- African Americans have a higher prevalence of HBP and are 4 times more likely to experience complications from HBP than Whites.
- The City of Cleveland and inner ring suburbs have the lowest life expectancies.
- In less than a 10 mile radius, some communities experience a 20 year difference in life expectancy.

The American Heart Association reported in 2015 that 37% African American men and 57% African American women are obese.

In 2014, the Centers for Disease Control and Prevention reported that 41% African American men and 45% African American were prescribed medication for high blood pressure in the last year.

Among African Americans, the incident rate of asthma is 28% higher than among Whites.

In the African American females, the incidence rate of systemic lupus erythematosus (SLE) is around two to three times greater than White females.

The incident rate of cancer among African Americans is 10% higher than among whites. African Americans and Latinos are also approximately twice as likely to develop diabetes as Whites.

The top 5 Cancer Mortality Rates in the City of Cleveland for African Americans 2009-2013 were as follows:

- Trachea, Bronchus and Lung Cancer – 88.3 per 100,000
- Colorectal Cancer – 27.0 per 100,000
- Pancreas Cancer – 20.0 per 100,000
- Prostate Cancer – 19.6 per 100,000
- Breast Cancer – 18.7 per 100,000

Sources:
Cleveland Department of Public Health Office of Communicable Disease and Epidemiology
Cleveland Department of Public Health MomsFirst Program
http://www.cdc.gov/healthyyouth/disparities/
www.ama-assn.org/~/media/eliminating-health-disparities.page
http://crchd.cancer.gov/disparities/defined.html
Ohio Department of Health
Top Participant Rated Health Priorities for African Americans

During the session, participants completed a worksheet prioritizing the magnitude of the health problem, severity of the problem and the magnitude as it relates to health disparities. Those priorities, according to disparity and impact, are identified.

<table>
<thead>
<tr>
<th>Health Issue</th>
<th>Magnitude of Problem of Health Disparities and Impact on Vulnerable Populations</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Maternal and Infant Health</td>
<td>9.9</td>
</tr>
<tr>
<td>2 Violence</td>
<td>9.7</td>
</tr>
<tr>
<td>3 Employment Poverty Income</td>
<td>9.6</td>
</tr>
<tr>
<td>4 Nutrition</td>
<td>9.4</td>
</tr>
<tr>
<td>5 Tobacco</td>
<td>9.3</td>
</tr>
<tr>
<td>6 Education/Family and Social Support</td>
<td>9.2</td>
</tr>
<tr>
<td>7 Food Environment</td>
<td>9.1</td>
</tr>
<tr>
<td>8 Obesity</td>
<td>9.0</td>
</tr>
<tr>
<td>9 Air/Water and Toxic Substances</td>
<td>8.9</td>
</tr>
<tr>
<td>10 Mental Health/Access to Dental Care/Active Living Physical Activity/Housing/Sexual Reproductive Health</td>
<td>8.8</td>
</tr>
<tr>
<td>11 Access to Behavioral Health Care</td>
<td>8.7</td>
</tr>
<tr>
<td>12 Coverage and Affordability of Healthcare</td>
<td>8.6</td>
</tr>
<tr>
<td>13 Oral Health</td>
<td>8.5</td>
</tr>
<tr>
<td>14 Alcohol and Other Drug Abuse</td>
<td>8.4</td>
</tr>
<tr>
<td>15 Access to Healthcare</td>
<td>8.3</td>
</tr>
</tbody>
</table>

Gaps and Recommendations:

- Establish practical community based programs at convenient times and in convenient locations based on resident input and involvement
- Expand healthy corner store options in the community
- Provide funding to the areas that need the most assistance to improve health equity in the city and county region
- Establish community specific health planning efforts bringing engaging participation from all service sectors, residents, funders, planners and other policymakers
- Assess training needs for healthcare professionals; hospitals will report their efforts to maintain a diverse workforce and how that workforce is educated
- Utilized community health worker programs to assist hospitals in the community for follow up and ongoing care coordination
- Expand health education and community health worker programs in the region
- Expand existing efforts to engage youth into healthcare professions, establishing resource directory of these programs and reporting on their efforts in a way that the community will understand
- Improve efforts to access healthcare disparity data among African Americans locally
- Continue to pursue federal funding to address community health disparities
- Expand nutrition education and healthy eating programs across the City
• Identify organizations working on childhood obesity to assess if needs are being met

• Establish referral mechanisms between hospitals and community based agencies that work on disease specific health issues for ongoing patient education and support

• Include cultural competence as part of the funding protocol for health specific agencies

• Healthcare organizations should establish a plan/set of recommendations to demonstrate the relationship between health outcomes and social determinants of health and how each sector might contribute to improving health equity in our region

• Improve organizational collaboration

Asian American Workgroup

Community Progress Addressing Needs of the Asian American Community

Reducing Stereotypes – Improving Community Resources

Progress Made: 3/10

Participants report that there have been stereotypes about the Asian community that continue to thwart their ability to seek and obtain resources. Although there is still great concern about misperceptions and stereotyping about income, education and literacy about Asian American communities, some progress has been made establishing resources in the community including:

• The establishment of the International Community Health Center, ASIA-ICH, which opened in 2013, has served over 1000 patients. Asia Inc. will open a second office this year to accommodate the growth of the immigrant community in Akron.

• Expanded interpretation and translation services provided to the Greater Cleveland community through Asia Inc. The Interpretation and Translation Department has a language capacity of over 55 ethnic dialects.

• Increased diversity in the Cleveland Asian Festival has improved awareness of the Asian community in Greater Cleveland.

• Availability of the U.S. Department of Agriculture’s My Plate in several Asian languages including Chinese (simplified and traditional), Filipino-Tagalog, Hindi, Indonesian, Italian, Japanese, Korean, Malay, Pashto, Thai, Urdu, and Vietnamese.

• The U.S. Census questionnaire now includes more Asian ethnic groups.

Develop a pipeline to increase the number Asian American health care professionals to work in their communities.

Progress made – 0/10

Participants report Asian communities have varying levels of educational attainment. High school and college completion is not the norm among Asian communities. For example, the SE Asian community has low high school and college retention. While there has been some outreach, it has
been varied. Different outreach strategies are necessary for different Asian communities. Aggregation of school data disallows the opportunity to develop culturally specific outreach strategies.

Service providers should improve their awareness of Asian American communities and make the Asian American communities more aware of available, existing resources. Progress made – 8/10

Improvements to raise the awareness of Asian American communities among the general population over the past 5 years include:

- The Cleveland State University Music Festival
- Dragon Dance Team
- One World Day
- Night Market
- Animal Statue placement to celebrate Chinese New Year
- Continued development of Asia Town
- Asian Heritage Month
- Work with International Students

Participants note that there is a lack of acceptance of bi-racial Asians and some level of targeted outreach needs to be extended to this group.

Use of best practices – Building health focused service capacity of Asian American organizations Progress made – 6/10

Despite the great success in opening a federally qualified health center (FQHC) and its expansion in Akron this year, much more needs to be done, since the International Health Center is the first of its kind in the Midwest. More needs to be done with refugee health screening. Over the past five years, many Asian Americans have traveled to New York, Chicago and Minnesota for Hepatitis B treatment. Participants reported that there is a need for more widespread use of the FQHC.

Using schools as a source of advancing cultural diversity Progress made: 4/10

Participants reported that there needs to be more improvement in translating books and learning resources for Asian American youth. Participants realize that this may not even be possible to serve all groups within the Asian American culture. Overall, school curriculum needs to include Asian history and languages. Many second generation Asians do not speak their own languages. Using Solon High School as an example, participants report that the school has a high Asian population, but Asian/Pacific Islander studies is not part of general education classes at the high school level. The development and expansion of afterschool programming could be utilized to help bridge the cultural gap and to improve civic engagement.

Additional resources for health data is needed for the Asian American population. Current data sources group all Asian American ethnic groups. Progress made: 4/10

Through the Ohio Asian Advisory Council, the Ohio Asian Health Coalition and the CDC Raise Summit and the St. Clair/Superior Community Development Corporation, there have been efforts to collect and report data about the health status of Asian Americans. However, participants note data and funding are related. By law, health organizations must collect health data on ethnic groups; yet, they do not necessarily share this information with the groups impacted. Current reporting is done to satisfy funder requirements. Consumers are not made aware of the data. There is a need for infographics to
be shared with the community. There is potential to develop a local data sharing hub to collect and report on key health data for planning and program development.

**Develop local leadership development to assist in building community capacity and accessing funding and other resources.**

**Progress made: No rating**

Governors Strickland and Kasich developed efforts to develop and maintain groups discussing the needs of the Asian community at the state and federal levels. The Asian Council was convened and provided quarterly updates; however there were some barriers translating the data and information collected and reporting it back to counties. There were additional barriers translating data for each ethnic group represented on the Council.

**SERVICE NEEDS:**

**More health services in the Asian community along with patient navigators.**

**Progress Made: 7/10**

With funding from the Ohio Association of Food Banks and support from the Asian American Health Coalition and Jobs and Family Services (JFS), the local community enrolled 900 Asian community members in health insurance plans. There was much less success in getting Medicaid and Medicare materials translated, but some written information was made available as it relates to immigration and eligibility. Participants remain concerned about the reach of these programs into the Asian American community, but look forward to the development of video projects to assist in this process.

**There is a need for more culturally competent services.**

**There is a need for acculturation services to assist new immigrants and refugees with adjusting to the community while retaining their own cultural identity**

**Progress made: No rating**

Participants report that there has been some improvement in this area through the Refugee Collaborative comprised of local refugee service organizations and resettlement partnerships who work together to address the needs of the refugee population. Although case workers are provided through the refugee service programs, they are not able to provide all of the services that are needed by the population.

Participants also report that providers are not inclusive of consumers in the planning and delivery of services; they still think they know what is best. Training needs to help providers get to a place of cultural humility. Participants note that there are not identified incentives to change.

**CAPACITY NEEDS:**

**The need for data reporting to the Asian community and more professional translators and interpreters in multiple languages and increased awareness of effective and best practices and public visibility were identified as capacity needs for the Asian Community.**

**Progress Made: 6/10**
Much of this effort has been done through the establishment and expansion of the International Health Center. Continuing and expanding upon the current effort will be necessary to meet the capacity needs of the Asian American community.

INFRASTRUCTURE NEEDS:
There is a need for professional schools that have a mandatory diversity curriculum. Asian American students need to be sensitized to giving back to their communities by providing health care services either paid or as volunteers. Northeast Ohio needs to retain Asian American graduates.

Progress made: No rating

There has been some improvement with these efforts through the Cleveland State University/NEOMED Partnership, the Area Health Education Centers and programs at local hospitals, such as University Hospitals. A mechanism for reporting needs to be developed to keep the community aware of the progress of such efforts.

COMMUNITY STRENGTHS AND OPPORTUNITIES
What are the 2-3 most important characteristics of a healthy city and county?

- Access to care
- Preservation of culture

What makes you most proud of your city and county?

- Local funders see and understand needs related to diversity
- Local business support
- Asia Town
- Social service world
- Connectedness – big city, but small town connections
- City brings resources
- Collaboration

What are some specific examples of people or groups working together to improve the health and quality of life in your county and region?

- Health Improvement Partnership
- YMCA
- Refugee Collaborative
- Better Health Partnership
- Strong academic research base in Cleveland
- CDC Reach grants – of the 49 across the country, 3 are in Cleveland

What do you believe are the 2-3 most important issues that must be addressed to improve the health and quality of life in your county and region?

- Jobs
- Housing
- Safety
- Partnerships on data collection and reporting
• Policy

5. What do you believe is keeping your county and region from doing what needs to be done to improve health and quality of life?

• Coordination, gathering and aggregation of data
• Lack of transparency
• Willingness to share data and act on it

**FORCES OF CHANGE:**

1. What recent changes or trends are occurring or are on the horizon that may impact the health of your community?

2. Of these changes or trends, which are occurring locally? Regionally? Nationally? Globally?

3. What characteristics of your region or state may pose an opportunity or threat to your community’s health?

4. What may occur or has occurred that may pose a barrier to achieving the shared vision?

• Election year
• Racism
• Fear and rules about Immigration (undocumented)
• Community safety – Police/Community relations
• Hepatitis B breakouts
• The ISIS Phenomenon and its effects on the Arab American population

**COMMUNITY GAPS:**

**Gap #1 - Language and cultural translators**

• Increase the number of interpreters and translators available in the community
• Increase the types of languages available for translation and interpretation
• Increase the amount of health literature that is language appropriate in the community

**Gap #2 - Community needs more data on the its health status across ethnic groups**

• Offer more community forums to share health information
• Invite more diverse groups to participate in information forums
• Disseminate (perhaps to grocery stores) information on health trends

**Gap #3 - Generational Barriers**

• Include parents in all strategies
• Solicit parents’ input in all planning and activities in the community
• Encourage the elimination of intracultural stereotypes, such as beliefs about employment and education within some Asian American communities
Gap #4- Lack of nutritionists and dieticians who are aware of Asian American nutrition and cooking practices.

- Develop core of culturally competent professional to address this issue
- Expand healthy cooking classes within programming in the community

**Gap #5- Lack of safe spaces for physical activity**

- Create new partnerships that will expand opportunities for healthy activities within programs and in the community

**Asian American Health Concerns**

According to the Centers for Disease Control and Prevention (CDC), the 10 leading causes of death for Asian Americans or Pacific Islanders in 2010 were:

Cancer
Heart Disease
Stroke
Unintentional injuries
Diabetes
Influenza and Pneumonia
Chronic Lower Respiratory Diseases
Nephritis, Nephrotic Syndrome, & Nephrosis (Kidney Disease)
Alzheimer's
Suicide

It is important to note that Asian American communities are heterogeneous; it is difficult to approximate primary health concerns for a general Asian American population. Health concerns are better identified and addressed by cultural group because many Asian American populations do not utilize mainstream sources. Some of the following concerns were identified by participants and highlighted in the 2016 RAISE Summit presented by Asian Services in Action:

- Hepatitis B remains a concern for Asian immigrant and African populations
- Obesity is identified as the primary cause of mortality in the Asian American community
- Heart disease
- 7% of Asian American/Native Hawaiian/Pacific Islanders currently have Type 2 Diabetes. The percentage is higher among Cambodians (22%) and Asian
- Extremely high rates of cancer; Asian Americans are 3-13 times more likely to die of liver cancer than their White counterparts.
- Over 50% of Burmese and Bhutan refugees who re-settle in urban areas are at high risk for developing Type 2 Diabetes.
- Vietnamese women are 5 times more likely to develop cervical cancer
- PTSD and other trauma issues impacting Asian American refugees including suicide
- Domestic violence is an issue in some Asian American communities
- Seasonal affective disorder impacting some groups within the Asian community

In 2015, the CDC reported that 7% of Asian Americans reported having fair to poor health in 2015. 15 percent of men 18 years and 5% of women (2012-2014) reported current tobacco use (CDC, 2012-2014)
Latino American Workgroup

Community Progress Addressing Needs of the Latino American Community

In the 2010 Community Conversation, the group focusing on African American health needs reported that more community-wide conversations about health and health disparities were needed as a strategy for building awareness and engaging the community. Participants believed that there has been “mal-distribution” of resources in the community and that this has led to a perceived mistrust of the medical system. There was a deep concern about the ability for Latinos to access the available resources and to receive adequate care by knowledgeable bilingual healthcare/social workers. Participants also did not believe that when their community expressed a need or wanted to resolve an issue that the larger community actively listened to them. The group identified several resource needs, including more effective outreach strategies, and the identification and implementation of best practices in health programs. They also saw a need for a needs assessment to better understand Latino health needs because current data is not comprehensive nor is appropriately sampled.

Overview of the Day:

The Latino conversation included service providers, community advocates, churches, youth and residents. During the morning session, healthcare and social service providers met to discuss progress made on issues identified in the 2010 session. Additionally, youth were present to participate in the discussion and complete survey information about their concerns. Resource, service, capacity and infrastructure needs identified and the rates of progress achieved the past five years are outlined below.

Major Resource Needs
Progress Made: 6/10

1. Effective strategies for outreach
2. Improved access to information about best practices
3. Better needs assessment/data on health needs of Latinos

Major strategies for resource needs

1. Fostering more networking opportunities for Hispanics/Latinos
2. Establishing a community-wide Hispanic/Latino Health Committee
3. Using community members to do outreach
4. Conducting needs assessments that will provide better data on Latino health needs

Major Service Needs
Progress Made: 6/10

1. Services for undocumented residents
2. Sexual health education/prevention of HIV/STDs
3. More primary care services
4. More mental health and substance abuse services
Major strategies for service needs
1. Building awareness of available Services by going to gathering places like the grocery stores, barber shops and churches
2. Offering more health fairs
3. Creating a directory of services/resources that is in Spanish and English
4. Training people in the community to be advocates
5. Educating physicians on the Hispanic/Latino culture

Major Capacity Needs
Progress made: 6/10
1. Employ Health advocates to help patients navigate the health system
2. Increase in interpretation services
3. More Latino/bilingual physicians
4. Better collaboration and coordination of efforts
5. Latino workforce development in healthcare

Major strategies for capacity needs
1. Creating youth mentoring programs that will lead to a better qualified workforce
2. Rewarding competence in health professionals
3. Organizing Latin physicians in Cleveland
4. Offering incentives for bilingual/Latin professionals to stay in Cleveland
5. Providing staff training and education in cultural sensitivity/awareness
6. Providing trainings for medical students to work with Latino patients

Major infrastructure needs
Progress Made: 5/10
1. Greater capacity for primary medical care and mental health services
2. Comprehensive services for behavioral and physical health
3. Spanish-speaking medical homes
4. Board development and greater participation of Latinos in leadership roles
5. Funding

Major strategies for infrastructure needs
1. Developing mobile programs that go into the community
2. Identifying funding to expand transportation services
3. Providing diversity trainings to service providers/workers
4. Creating Spanish web-based materials for the computer literate
5. Designing materials with basic literacy levels in mind

Youth Capacity and Infrastructure
Progress Made: 4/10
1. Training for youth on understanding the healthcare system
2. Engaging youth in program and service planning
3. Building relationships between youth and agencies to address policy issues
Overall, service providers reported that there are many organizations within the community who assist in coordinating and providing services to the Latino community, especially with the health care providers. Nevertheless, a higher level of cooperation and coordination is needed in order to provide effective services. Additionally, a much higher level of effort must be made to develop a culturally competent workforce to help reduce the chronic health conditions that are rampant within the community. There is so much more needed from hospitals and health centers in the area of data collection and reporting. Developing a plan to serve and provide assistance for undocumented persons is an area that has been largely unaddressed. This needs to be addressed among service leaders in the community.

The Hispanic Nurses Association and Latino Medical Student Association can coordinate with hospitals and health centers to provide needed training to professional in the community who need ongoing cultural competency training. As far as youth engagement is concerned, hospital systems must keep working to engage youth people into the health sciences by expanding their existing programs. Esperanza is doing a great job working with youth. They must continue involving them in community planning activities. Political leaders (Hispanic Roundtable- Hispanic Business Center) and funders must work to help communities address food desert issues.

**Top Health Priorities for Latino Americans**

**Health and Social Service Providers**

<table>
<thead>
<tr>
<th>Health Issue</th>
<th>Magnitude of Problem of Health Disparities and Impact on Vulnerable Populations</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Mental Health/Access to Behavioral Health Care</td>
<td>9.5</td>
</tr>
<tr>
<td>2 Employment Poverty &amp; Income</td>
<td>9.4</td>
</tr>
<tr>
<td>3 Obesity</td>
<td>9.3</td>
</tr>
<tr>
<td>4 Diabetes</td>
<td>9.0</td>
</tr>
<tr>
<td>5 Alcohol and Other Drug Abuse</td>
<td>8.9</td>
</tr>
<tr>
<td>6 Housing/Cancer</td>
<td>8.7</td>
</tr>
<tr>
<td>7 Education/Family Social Support</td>
<td>8.6</td>
</tr>
<tr>
<td>8 Health Care Coverage and Affordability</td>
<td>8.5</td>
</tr>
<tr>
<td>9 Cardiovascular Disease/Access to Healthcare</td>
<td>8.4</td>
</tr>
<tr>
<td>10 Food Environment</td>
<td>8.3</td>
</tr>
<tr>
<td>11 Tobacco/Physical Activity/Transportation/Active Living</td>
<td>8.0</td>
</tr>
<tr>
<td>12 Maternal and Infant Health</td>
<td>7.9</td>
</tr>
<tr>
<td>13 Violence</td>
<td>7.8</td>
</tr>
<tr>
<td>14 Sexual and Reproductive Health/Access to Dental Care</td>
<td>7.7</td>
</tr>
<tr>
<td>15 Oral Health/Respiratory Disease</td>
<td>7.6</td>
</tr>
</tbody>
</table>

The afternoon session targeted residents and community advocates. The discussion was facilitated in Spanish for persons whose primary language is Spanish. Bi-lingual participants completed a written survey of the questions presented in the group session.

**Resident and Community Advocate Survey Questions:**

Name (Optional)  
Ethnicity: Please select one
Hispanic/Not Hispanic
Gender at Birth:
Race:
Age:
Zip Code:
Primary Language Spoken in the Home:
Second Language Spoken in the Home:

Resident Questions:

1. In your opinion, what are the primary (top five) health problems in the Latino community?
2. How would you prioritize them from most important (5) to least important (1)?
3. How well do you understand the health information given to you by hospitals and service organizations in your community? Circle One
   - I understand all of the health information given to me
   - I understand most of the health information given to me
   - I understand some of the health information given to me
   - I understand a little of the health information given to me
   - I do not understand any of the health information given to me

4. What can agencies and health organizations do to get you involved in the programs and services offered/provided by their organizations?

5. Do you have a primary care physician or family physician that takes care of your health needs?

6. If not, what keeps Latino/your family from accessing basic health care? Or if you and your family are not going to the doctor, what keeps you from going?

7. Are you currently having transportation issues that keep you and your family from going to the doctor?

8. How far from your home do you travel to receive health care services?

9. What kind of healthcare services have you received in the past year?

10. Was there a service that you needed but did not receive in the past year? If yes, why?

11. What services are needed in your community but are not available?

12. Where do you access your services?
   - Hospital/primary care physician
   - Health center or free clinic
   - Urgent care center
   - Emergency room

13. If more services were made available in your neighborhood would you access them?
   a. Why?
   b. Why not?

14. What organizations in the community do you trust?

15. Do you have health insurance?

16. Has the Affordable Health Care Act helped you or your family access health care services?
Leading Causes of Death for Hispanics in 2013

- Cancer
- Heart Disease
- Accidents (unintentional injuries)
- Stroke
- Diabetes mellitus
- Chronic liver disease and cirrhosis
- Chronic lower respiratory diseases
- Alzheimer’s disease
- Influenza and pneumonia
- Kidney Disease: Nephritis, nephrotic syndrome and nephrosis
- Intentional self-harm (suicide) / Assault (homicide)

Respondent/Group Participant Findings:

Race/Ethnicity: 98% of survey respondents identified as Hispanic/Latino. Ethnicities represented included Puerto Rican, Dominican and Peruvian.

Gender: 70% of survey respondents were female; 23% male and 7% unknown.

Age: 36% of respondents were 12-18 years of age; 18% were 19-24 years of age; 21% were 35-53 years of age; and 21% were 54-75 years of age and 4% unknown.

Health Literacy: 18% of survey respondents reported understanding all of the health information; 18% reported understanding most of the health information given to them by hospitals, clinics and social service providers; 11% reported understanding some of the health information distributed and 11% reported understanding a little of the health information presented to them by hospitals, clinics and other service providers. 42% did not respond to the question.

In the group session 24% of participants reported understanding all health information presented to them; 43% reported understanding most information and 33% reported understanding some of the health information presented to them.

Engagement: When asked what providers could do to get residents more involved in their programming, the responses ranged from “nothing” to answers such as collecting more community health information; providing workshops, scheduling health fairs and educational events at more convenient times; promote events better; provide more events at churches, in homes and community centers.

Organizational Trust: Survey respondents identified 16 agencies that they trust in the community and group participants identified 14 agencies that they trust. Their responses included the following:

<table>
<thead>
<tr>
<th>SURVEY RESPONDENT</th>
<th>GROUP PARTICIPANTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Care Source</td>
<td>Alpha Y Omega Church</td>
</tr>
<tr>
<td>Cleveland Clinic</td>
<td>Boys and Girls Clubs</td>
</tr>
<tr>
<td>Cleveland Department of Public Health</td>
<td>El Barrio</td>
</tr>
<tr>
<td>CDPH Lead Program</td>
<td>Esperanza</td>
</tr>
<tr>
<td>Churches</td>
<td>Hispanic Alliance</td>
</tr>
</tbody>
</table>
Primary Care Physician: 64% of survey respondents reported having a primary care physician (PCP); 11% reported not having a PCP and 25% did not respond. 84% of group respondents reported having a PCP; 16% did not have a PCP.

Barriers to Access: Respondents and group participants reported the following barriers that impacted their access to healthcare services: (1) Expenses; (2) No reason to go; (3) Transportation; (4) Language barriers; (5) Lack of Accessibility; (6) Lack of Education; (7) Fear; (8) Limited Healthcare; (9) Lack of Compassion; (10) Services Not Impactful.

Services Received in the Past Year:
Participants report receiving the following services in the past year:

- Annual check-up physical or dentist
- Eye doctor
- Treatment for: Lupus, pancreatitis
- Diabetes Education
- Nutrition Education

Services Needed But Not Received:

- Mental Health Services
- Bilingual Mental Health Services
- Women’s Services
- Places for Physical Activity
- Better/More health information

Location of Services Received: Most respondents reported receiving services at the hospital or PCP office; health center or free clinic. Several reported receiving care from an ER or Urgent Care.

Health Insurance: 68% of respondents reported having health insurance; 7% did not have health insurance; 25% did not respond to the question.

Transportation: 20% identified transportation as a barrier to accessing healthcare; 80% did not identify transportation as a barrier to accessing healthcare.

Travel Time to Access Health Care:

- 60% of respondents reported traveling 5-10 minutes to access a hospital or doctor
- 10% of respondents reported traveling “very far” to access healthcare
- 10% reported traveling 10-15 minutes to access healthcare
- 10% reported traveling one-half mile to access healthcare
• 10% reported traveling 5 miles or more to access healthcare

**Affordable Care Act:**

• 50% reported that the ACA was beneficial to them
• 50% reported ACA was problematic for them

**Top Health Priorities for Latino Americans**

**Residents & Community Advocates**

<table>
<thead>
<tr>
<th>Access</th>
<th>Child Abuse</th>
<th>Homelessness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arthritis</td>
<td>Diet</td>
<td>Migraine</td>
</tr>
<tr>
<td>Asthma</td>
<td>Heart Disease</td>
<td>Stress</td>
</tr>
<tr>
<td>Air Pollution</td>
<td>HIV</td>
<td>Vertigo</td>
</tr>
<tr>
<td>Cancer</td>
<td>Senior Care</td>
<td>Pregnancy</td>
</tr>
<tr>
<td>Child Abuse</td>
<td>Transportation</td>
<td>Hypertension</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Thyroid</td>
<td>Alzheimer’s</td>
</tr>
<tr>
<td>Diabetes</td>
<td>Osteoporosis</td>
<td>Mental Health</td>
</tr>
<tr>
<td>Depression</td>
<td>Infection</td>
<td>Infant Mortality</td>
</tr>
<tr>
<td>Drug Addiction</td>
<td>Lupus</td>
<td>Medication</td>
</tr>
<tr>
<td>Epilepsy</td>
<td>Obesity</td>
<td>Food</td>
</tr>
<tr>
<td>Fibromyalgia</td>
<td></td>
<td>Kidney Disease</td>
</tr>
</tbody>
</table>

**Conditions Most Frequently Mentioned:**

• Diabetes
• Depression/Mental Health
• Cancer
• Obesity
• HIV

**Community Strengths & Opportunities**

1. What do you believe are the 2-3 most important characteristics of a healthy city/county?
   What makes you most proud of your city and county?
   • Access to healthcare
   • Access to healthy food
   • Good physical and mental health
   • Good jobs and Education
   • Safety

2. What are some specific examples of people or groups working together to improve the health and quality of life in your city and county?
   • Nueva Luz
   • Hispanic Alliance
   • Neighborhood Family Practice
   • Cleveland Clinic
3. What do you believe are the 2-3 most important issues that must be addressed to improve the health and quality of life for minority populations in your city and county?

- Addressing access to services for undocumented persons
- Providing bi-lingual services and healthcare professionals
- Better planning and coordination with community based agencies

4. What do you believe is keeping your county and region from doing what needs to be done to improve health and quality of life?

- Politics
- Lack of appropriate funding for programs and services
- Incomplete data about health information

**Forces of Change:**

1. What recent changes/trends are occurring or are on the horizon that may impact the health of your community?

- Upcoming elections
- Tax levies
- Health policies impacting Medicaid

2. Of these changes or trends, which are occurring locally? Regionally? Nationally? Globally?

- These changes are occurring regionally and nationally

3. What characteristics of your region may pose an opportunity/threat to community health?

- Poor health habits
- Economic and social conditions that are harmful

4. What may occur or has occurred that may pose a barrier to achieving the shared vision?

- Uncertain that there is a shared vision about health locally or regionally.

**Gaps and Recommendations:**

- Convene regular, ongoing conversations about health issues and health policy
- Clarify role of HIP-C and Healthy Cleveland in local planning efforts
- Improve level of engagement of MetroHealth with the community
- Develop and implement more effective screening and community education events
- Utilize Hispanic Alliance to coordinate health efforts for the Latino community in conjunction with other community leaders
- Engage the Northeast Ohio Association of Hispanic Health (NOAHH) to develop/expand training efforts on community advocacy;

- Identify funding to reduce waiting lists for behavioral health treatment;

- Include legal aid as a part of patient advocacy efforts;
- Maintain stability in the local Office of Minority Health and expand staff to better impact minority populations; ongoing turnover has disrupted traction and engagement in the community;

- Provide more health screening in schools and treatment facilities;

- Develop, maintain and update regularly a bilingual directory of healthcare and social services in the Latino community;

- Work with MetroHealth to provide bilingual resource directory of programs and services;

- Provide more school-based services tracking and reporting efforts to the community;

- Establish a plan to collect/report health data to the community in an understandable way;

- Establish more bilingual programs to address chronic health conditions;

- Provide more healthy community activities;

- Market programs through Facebook, Twitter, Snapchat;

- Establish culturally specific/relevant programs in churches to engage the community;

- Provide hospital/health clinic orientation sessions in Spanish;

- Improve communication around health education and health policy in the community

### Participating Agencies

American Sickle Cell Anemia Association  
Ana Velez – Metro Health Medical Center  
Asian Services Inc.  
Care Alliance  
Care Source  
Carmella Rose Health Foundation  
Center for Community Solutions  
Center Point Program – Cleveland Department of Public Health  
Children's Hunger Alliance  
City of Cleveland Community Relations Board  
Cleveland City Council Ward 14  
Cleveland Clinic  
Cleveland Department of Public Health  
Cleveland Dialysis Center (CDC)  
Cleveland MOTTEP  
Cleveland Office of Minority Health  
Cleveland Rape Crisis Center  
Cleveland Regional Perinatal Network
Community Advocate
Cuyahoga County Board of Developmental Disabilities
Cuyahoga County Office of Health and Human Services
Diana Dela Rosa - Cleveland Clinic
Early Childhood Options
Environmental Health Watch
Foundation Center
Healthy Cleveland Initiative
Hispanic Alliance
Horizon Education Centers
LifeBanc
Ludy Sanchez - Resident
Marixa Romero - Metro Health Medical Center
MetroHealth Medical Center
MomsFirst City of Cleveland
Monica Olivera - Alzheimer's Association
Monica Starks Foundation
Molina Healthcare
Murtis Taylor
Nueva Luz Urban Resource Center
Ohio Asian American Health Coalition
Ohio Commission on Minority Health
Ohio Latino Affairs Commission
Paramount Advantage
Prevention Research Center CWRU
PTL Development Corporation
Seven Streams Consulting
St. Vincent Charity Hospital
Stockyard Development
Susan G. Komen Northeast Ohio
The Centers
University Hospitals of Greater Cleveland
US Bank
Vision of Change
VNA Ohio Hospice
YDH Consulting
UHCAN Ohio
Cleveland Office of Minority Health

Community Conversations 2016 Participant Listing

June 29, 2016 – Trinity Commons

Avril Albaugh – Cleveland Regional Perinatal Network
Nick Albaugh – Cleveland Office of Minority Health Intern
Gena Austen-Bau – Care Alliance
Gloria Sutton Blevins – Early Childhood Options
Sonya Callahan, Cleveland MOTTEP
Emily Campbell – Center for Community Solutions
Delores Collins – Vision of Change
Ashley Choi – Asian Services Inc.
Sara Continenza – PTL Development Corporation
Victoria Davis – MomsFirst City of Cleveland
Simmie Davis – COMH Advisory Board Seven Streams Consulting
Yvonne Drake – Care Source
Maleka Embry – REACH Community Fellow Prevention Research Center CWRU
Delores Gray – Care Alliance
Gregory Hall – Ohio Commission on Minority Health
Yolanda Hamilton – LifeBanc YDH Consulting
Erika Hood – REACH Active Living Strategy Coordinator Prevention Research Center
Sadie Jackson - Kathy Rothenberg-James – Cleveland Department of Public Health
Scheretta Jeffries – Molina Healthcare
Linda Kimble – Cleveland MOTTEP
Cathy Kopinsky – St. Vincent Charity Hospital
Tara Lett – Murtis Taylor
Mildred Lowe – Community Advocate
Mark McClain – COMH Advisory Board Community Advocate
Briana McIntosh – Prevention Research Center
Frances Mills – Cleveland Office of Minority Health
Queen Moss – St. Vincent Charity Hospital
Yvonne Oliver – UHCAN Ohio
Petrina Patterson – University Hospitals of Greater Cleveland
Lisa Persico – Susan G. Komen Northeast Ohio
Andrea Martemus Peters – MetroHealth Medical Center
MacKenzie Phillips – Cleveland Regional Perinatal Network
Sabrina Roberts – Cuyahoga County Office of Health and Human Services
Manju Sakarappa – Ohio Asian American Health Coalition
Candace Smith – Paramount Advantage
Monica Starks – Monica Starks Foundation
Teleange Thomas – Foundation Center
Lauren Trohman – Cleveland Department of Public Health
Cathy Vue – Asian Services Inc.
Megan Walsh – MomsFirst – City of Cleveland
Sandra Wood – Cleveland Department of Public Health
June 30, 2016 Community Conversation – Hispanic Alliance

Hilda Abreu - Stockyard Development
Nicolas Albaugh – Office of Minority Health Intern
Maria Atala – CDC
Esperanza Barrillas – Resident
Waleska Berrios – Resident
Racheal Batista – Cuyahoga County Board of Developmental Disabilities
Keyriam Casiano – Youth
Darreh – Youth
Betzaida Cruz – Resident
Brian Cummins – Councilman City of Cleveland Ward 14
Michelle DefToro - Cleveland Clinic
Margarita Diaz – MetroHealth Medical Center
Iua Fernandez – Resident
Marilyn Gesing – Cleveland Clinic
Angela Green – US Bank
David Gretick – Center Point Program – Cleveland Department of Public Health
Kim Foreman - Environmental Health Watch
Janice Gonzalez – Cleveland Clinic
Merle Gordon – Cleveland Department of Public Health
Diana Gueits – Cleveland Clinic
Dora Harper – VNA Ohio Hospice
Marisa Herran – MetroHealth Medical Center
Astrid Hernandez
Millie Hernandez – Resident
Keyla – Resident
Kathy Rothenberg-James – Cleveland Department of Public Health
Joseph– Youth
Katherine– Youth
Awilda Lugo – Resident
Lair Marin Marcum – Ohio Latino Affairs Commission
Kelly Malcolm – Children’s Hunger Alliance
Frances Mills – Cleveland Office of Minority Health
Neyshali– Youth
Sonia Matis – Hispanic Alliance
Francisco Medina – Resident
Ida Mendez – Nueva Luz Urban Resource Center
Mildred Maldonado
Juan Molina Crespo – Hispanic Alliance
Eduardo Munoz – Metro Health
Carmen Negron – Resident
Lourdes Negron – Metro Health
Lisa Nunn – Horizon Education Centers
Monica Olivera – Alzheimer’s Association
Luz Oyola – MetroHealth Cancer Center
Ginny Pate – Carmella Rose Health Foundation
Ruth Sudilovsky-Pecha – Cleveland Rape Crisis Center
Gil Pena – American Sickle Cell Anemia Association
Kebin – Youth
Erika – Youth
Maria Ritchie – Care Source
Kim Rodas – Nueva Luz Urban Resource Center
Gricelis – Youth
Charlivette Ocasio Rivera – Resident
Constanza Rivera – Resident
Marcelina Rivera – Resident
Lisa Roman – City of Cleveland Community Relations Board
Marixa Romero – Metro Health Medical Center
Diana Dela Rosa – Cleveland Clinic
Ludy Sanchez – Resident
Jasmine Santana – Hispanic Alliance
Rachael Sommer – Healthy Cleveland Initiative
Patricia Sparza – Metro Health Medical Center
Mayrim – Youth
Patricia Tousel – MetroHealth Center
Dharma Valentin – The Centers
Ana Velez – Metro Health Medical Center
Jeanette Velez – Lutheran Hospital
Jennifer Vazquez – Resident
Ana Vazquez – Resident
Maria Vazquez – Resident
Emily Warren – MetroHealth Medical Center
Sandra Wood – City of Cleveland
Community Residents 22

Cleveland Office of Minority Health Advisory Board
Francis Afram Gyening, Care Alliance
Katrice Cain, Center for Reducing Health Disparities
Emily Campbell, Center for Community Solutions
Eugenia Cash, Cleveland Metropolitan School District
Ashley Choi, Asia Inc.
Britt Conroy MD, Case Western Reserve University
Mittie Davis-Jones, COMH Evaluator Simmie
Davis, Seven Stream Consulting Maleka
Embry, Prevention Research Center Valerie
Evans, Rising Above
Reverend Tonya Fields, New Freedom Ministries
Giselle Greene, MD, Sisters of Charity Health System
Diana Gueits, Cleveland Clinic Foundation
Erika Hood, Prevention Research Center
Pamela Hubbard, Golden Ciphers
Bruce Kafer, Louis Stokes Veterans Administration
Cathy Kopinsky, St. Vincent’s Charity Hospital
Margaret Larkins-Pettigrew, MD University Hospitals Cleveland
Mark McClain, Community Advocate
Ben Miladin, United Way Services of Cleveland
Reverend Dr. Tony Minor, Community of Faith Assembly
Charles Modlin, MD Cleveland Clinic Foundation
Lissette Piepenburg, University Hospitals Jean Polster, Neighborhood Family Practice Reverend
James Quincy III, Lee Road Baptist Church Nelson Ramirez, Hispanic UMADAOP
Reverend Max Rodas, Nueva Luz Resource Center
Kim Sanders, NEON
Muqit Sabur, Community Advocate
Jasmin Santana, Hispanic Alliance
Candace Smith, Paramount Advantage
Rachel Sommer, Health Cleveland Initiative
Heather Torok, St. Luke’s Foundation
Cathy Vue, Asia Inc.
Megan Walsh, MomsFirst Program
Mary Warr, ADAMHS Board Cuyahoga County

Cleveland Office of Minority Health Staff
Frances Mills, Director
Cleveland Office of Minority Health

Local Conversations on Minority Health

Report to the Community 2011
Funded by the Ohio Commission on Minority Health Grant #MGS 09-15
US Department of Health and Human Services
Office of Minority Health Grant #6STTMP051025-03-011, in support of the National Partnership for Action to End Health Disparities
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The National Partnership for Action to End Health Disparities

Spearheaded by the Office of Minority Health, the National Partnership for Action to End Health Disparities (NPA) was established to mobilize a national, comprehensive, community-driven, and sustained approach to combating health disparities and to move the nation forward in achieving health equity. Through a series of Community Voices and Regional Conversations meetings, NPA sought input from community leaders and representatives from professional, business, government, and academic sectors to establish the priorities and goals for national action. The result is the National Stakeholder Strategy for Achieving Health Equity, a roadmap that provides a common set of goals and objectives for eliminating health disparities through cooperative and strategic actions of stakeholders around the country.

Concurrent with the NPA process, federal agencies coordinated governmental health disparity reduction planning through a Federal Interagency Health Equity Team, including representatives of the Department of Health and Human Services (HHS) and eleven other cabinet-level departments. The resulting product is the HHS Action Plan to Reduce Racial and Ethnic Health Disparities, launched simultaneously with the NPA National Stakeholder Strategy in 2011. The HHS plan outlines goals, strategies, and actions. HHS will take to reduce health disparities among racial and ethnic minorities. Both documents can be found on the Office of Minority Health web page at http://minorityhealth.hhs.gov/npa/.

Ohio’s Response to the NPA

In support of the NPA, the Ohio Commission on Minority Health (OCMH), an autonomous state agency created in 1987 to address health disparities and improve the health of minority populations in Ohio, sponsored a statewide initiative to help guide health equity efforts at the local and state levels.

In Phase I of this initiative, OCMH sponsored a series of nineteen Local Conversations on Minority Health throughout the state. The purpose of these gatherings was to carry out community-wide discussions on local health disparities in which health needs could be identified and prioritized from the community’s perspective, and strategies could be generated toward local action plans to address minority health needs. Sixteen of the Local Conversations were geographically-based and were held in the state’s large and small urban regions. In addition, three statewide ethnic health coalitions convened ethnic-specific Local Conversations for Latino, Asian American, and Native American groups which brought in representatives from these populations across the state.

In Phase II, the Local Conversations communities continued broad-based dialogues on health disparities and refined their local action plans. The Cleveland Health Disparity Reduction Plan in this document is a result of this process. The lead agency for the Local Conversations in Cleveland was the Cleveland Office of Minority Health.
Cleveland Office of Minority Health

The Cleveland Office of Minority Health (COMH) was established in 2007 as a division of the Cleveland Department of Public Health. The COMH is a project of the Ohio Commission of Minority Health which makes efforts to eliminate health disparities through innovative strategies focused on four core competencies to:

- Monitor and report the health status of minority populations
- Inform, educate, and empower people
- Mobilize community partnerships and action
- Develop policies and plans to support health efforts

The vision of the COMH is to achieve equal health status for all of Cleveland’s racial/ethnic population groups.

The COMH seeks to serve as a clearinghouse for the coordination of community health efforts and information targeting Cleveland's African American/Black, Asian American/Pacific Islander, Hispanic/Latino, and Native American populations. The office works with public and private partners to improve the effectiveness and efficiency of health initiatives through collaborative efforts.

Cleveland Demographics

Diverse racial/ethnic groups constitute the majority of Cleveland’s population. Cleveland is the largest city in Cuyahoga County and the second largest city in the State of Ohio. According to the 2000 Census, there were approximately 444,313 residents in Cleveland. The demographic breakdown of Cleveland is:

<table>
<thead>
<tr>
<th>Population</th>
<th>Percentage</th>
<th>Racial/Ethnic Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>182,168</td>
<td>(41%)</td>
<td>White/Caucasian</td>
</tr>
<tr>
<td>226,599</td>
<td>(51%)</td>
<td>Black/African American</td>
</tr>
<tr>
<td>5,776</td>
<td>(1.3%)</td>
<td>Asian American/Pacific Islander</td>
</tr>
<tr>
<td>32,434</td>
<td>(7.3%)</td>
<td>Hispanic/Latino</td>
</tr>
<tr>
<td>1,332</td>
<td>(0.3%)</td>
<td>American Indian/Alaska Native</td>
</tr>
<tr>
<td>9,774</td>
<td>(2.2%)</td>
<td>Two or more races</td>
</tr>
</tbody>
</table>

Cuyahoga County Demographics

Persons of color represent almost one-third of the total population of Cuyahoga County. Cuyahoga County is the most populous county in Ohio and Cleveland is the county seat.

According to the U.S. Census Bureau, there were 1,275,709 residents in Cuyahoga County in 2009.

The racial/ethnic composition of Cuyahoga County is:

<table>
<thead>
<tr>
<th>Population</th>
<th>Percentage</th>
<th>Racial/Ethnic Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>850,089</td>
<td>(66.7%)</td>
<td>White/Caucasian</td>
</tr>
<tr>
<td>373,782</td>
<td>(29.3%)</td>
<td>Black/African American</td>
</tr>
<tr>
<td>3,827</td>
<td>(0.3%)</td>
<td>Asian American/Pacific Islander</td>
</tr>
<tr>
<td>30,617</td>
<td>(2.4%)</td>
<td>Hispanic/Latino</td>
</tr>
<tr>
<td>1,275</td>
<td>(0.1%)</td>
<td>American Indian/Alaska Native</td>
</tr>
<tr>
<td>5,740</td>
<td>(4.5%)</td>
<td>Two or more races</td>
</tr>
</tbody>
</table>

Cleveland, Ohio Socioeconomic Indicators

Cleveland’s racial/ethnic populations fare worse than their Caucasian peers on a number of socioeconomic indicators that have an impact on health. The overall poverty rate in Cleveland was 26.3% in 2000, with particularly high rates for children (38%), due in part to the high number of female-headed households in the city. The greatest concentration
of poverty is found on the city’s east and near west sides, where many of the city’s Hispanic and African-American residents live. According to a Brookings Institute report on the status of large metropolitan regions in the country, Cleveland had the second highest Hispanic and African-American poverty rates of the 23 target cities included in the study (http://www.brookings.edu/metro/StateOfMetroAmerica.aspx). In addition, a total of 26.4% of African-Americans aged 18-64 in the city were uninsured. Lack of insurance or being underinsured has been found to be a risk factor for decreased access to high quality care, delays in seeking care, and a low priority placed on preventive care (http://www.healthpowerforminorities.com).

**Health Disparities in Cleveland**

The Cleveland Office of Minority Health has encountered many barriers locating local data on health disparities. The lack of data on health disparities that impact racial and ethnic communities is a clear indicator of the work that must be done. Health information on Cuyahoga County was easily located but data specific to the minority populations in Cleveland were difficult to find. The lack of data has been problematic to community based organizations that are working to apply for grants on a local level. The COMH has begun working with community partners on strategies that will allow for greater access and use of local data. Currently available data indicate that people of color residing in Cleveland face significant health disparities.

**Overall Health**

Overall, African Americans were 1.77 times more likely to report being in poor health than Caucasians (21.2.1% compared to 12.0%).

**HIV/AIDS Prevalence in Cleveland**

As of June 1, 2010, there were 4,176 persons diagnosed with HIV living in Cuyahoga County. Of these, 2,963 (71%) persons were Cleveland residents and 54.4%, or 1,615 of them had AIDS. Nearly 60% of AIDS patients were African American, 24% were Caucasian non-Hispanic, 12% were Hispanic, and less than 1% was of other race. Three in four (74%) were male. Persons with HIV-only were younger, with about 16% being 30 years of age and younger. Eighty-five percent of individuals with AIDS were age 40 and older.

**Infant Mortality**

Cleveland’s 2007 Infant Mortality Rate was 15.9 deaths/1,000 live births. However, the disparity ratio was 1.5 (12.8 deaths/1,000 live births for Caucasian babies compared to 19.2 deaths/1,000 live births for African American babies) meaning that African American infants were 50% more likely to die before reaching their first birthday than Caucasian infants. This pattern was also similar for low birth weight and very low birth weight births.

**Obesity**

A study of obesity in Cleveland conducted between 1999 and 2007 found that females were more likely to be obese than males and that African American and Hispanic children were more likely to be obese than Caucasian children. The rate of obesity among adults in Cleveland was 33% in 2006—higher than the national (25.1%) and state averages (28.4%). Between 2005 and 2006, the obesity rate among African Americans was 42% or 17.6% higher than the rate among Caucasians (24.4%).
Cancer
The 2004 death rate from breast cancer for African American women in Cuyahoga County was 30.1% above the Ohio and U.S. rates. According to the 2007 Big Cities Health Inventory Report, Cleveland ranked #5 among the largest 54 cities in the United States for both cancer mortality and female breast cancer mortality rates based on 2004 data.

Diabetes
Diabetes was the 8th leading cause of death in Cleveland in 2002, accounting for 3.2% of all deaths. The mortality rate from diabetes in Ohio for African American males was 64.9 per 100,000 compared to 32.8 per 100,000 for Caucasian males. Unemployed people were twice as likely to have been diagnosed with diabetes as those that were employed full-time (14.6% versus 6.6%).

Tobacco Use:
In Cleveland, 29.7% of African-American/Blacks were smokers.

Sources of demographic and health data:
www.factfinder.census.gov

Cleveland Ohio: A baseline statistical profile 2008, available at:
http://publichealth.drexel.edu/che/ SiteData/docs/Cleveland/81ab5b887147d1752438df4fa0070471/Cleveland.pdf

Diabetes Association of Greater Cleveland,
http://www.dagc.org/diastatsohio.asp

Cleveland Department of Public Health,
www.healthinfo.org

Cleveland’s Local Conversations on Minority Health
First Local Conversation on Minority Health: Tuesday, October 7, 2008
The first Local Conversation on Minority Health was attended by more than 300 participants, including strong representation from the diverse racial/ethnic groups in the city (African Americans, 80%; Asian American, 3%; and Hispanic/Latino, 10%). Attendees at this event worked to identify needs in the community affecting minorities. For the discussions, breakout sessions were divided into racial and ethnic groups representing African American/Black, Hispanic/Latino, and Asian American/Pacific Islander. Because their needs and perspectives are unique, a separate group was held for youth. Each group included a facilitator and a scribe who helped the groups to identify and reach consensus on the top needs and strategies to address the needs.

African American Approach
The African American group stressed the need to employ a multi-system approach to address the needs of the African American community as well as the other minority communities. A comprehensive marketing campaign that reflects the diversity of the community should be used to frame the approach. This approach would include understanding the cultural aspects of the communities to be served as the basis for the coordination of a community wide health/social services needs assessment.

Individuals/Consumers
The African American group believed that consumers need to take ownership for their health destinations. Although individuals have been exposed to barriers such as institutionalized racism and discrimination, any health paradigm should include a component of individual responsibility. In order to further this concept, the health literacy of consumers needs to be raised. Health literacy would include translating medical jargon into understandable terms.
and describing healthcare plans in layman terms. Succinct information about “what you are signing up for including co-pays” would also be considered helpful.

Participants also spoke of internalized self hate that generates external consequences as seen with reckless behaviors resulting in illness. Participants stated that “loving one’s self” and “recreating life deliberately” are crucial to healthy lifestyles. Restoration of individuals as well as communities was discussed. To initiate the restorative process, individuals need to experience self love in order to heal their own communities.

**Community Stakeholders (service providers, health systems and funders)**

The scale of the health equity problem needs to be determined for local communities. Participants expressed concern over not knowing exactly what “we are dealing with” in regards to health disparities. The community needs to be accountable for addressing issues that hinder individual growth such as racism, language barriers and life style choices. The community focus should be on empowering the individual who will then be strong enough to help the community. A proactive health stance is needed versus reactionary measures. The group perception is that the current system is not “healthcare but sick care.”

The group encouraged collaboration among the various ethnic communities so that the community as a whole could be better served. This strategy may result in more resources, improved services, enhanced capacity and expanded infrastructure.

**Major resource needs**

1. Primary care physicians
2. Culturally competent practitioners
3. Literacy health specialist/educators
4. Everyday role models of people living healthy lifestyles
5. Community care navigators and knowledge workers links

**Major strategies for resource needs**

1. Developing a pipeline of youth into science and technology fields
2. Exposing young people to health professions
3. Providing incentives/loan repayments for health professions study
4. Designing electronic medical health records
5. Training on how to collaborate

**Major service needs**

1. Conflict management
2. Non-traditional supportive mental services that can remove stigma
3. Health promotion and preventive health services in schools and workforce settings
4. Low cost/no cost pharmaceutical services
5. More services for single adults who do not have children

**Major strategies for service needs**

1. Conducting a culturally-based community health needs assessment
2. Removing barriers to self-motivation
3. Eliminating institutional racism
4. Empowering consumers

**Major capacity building needs**

1. Evaluation of current programs to determine if they are effective
2. Improved group collaboration (general and inter-ethnic)
3. Qualified educated, culturally sensitive workforce
4. Better educated and empowered consumers
5. Reduction of unnecessary competition and duplication of services

**Major strategies for capacity building**

1. Creating a comprehensive database for healthcare services
2. Engaging local vendors for distribution of the healthcare database
3. Placing a PDF printable version of the healthcare database on the Ohio Department of Health website
4. Involving the funding community to access information about who and what types of programs they are funding
5. Updating 211 listings to include healthcare
6. Establishing a continual quality improvement/quality rating program based on standards
7. Promoting collaborative efforts among community transportation providers

**Major strategies for infrastructure needs**

1. Containing the outgrowth of hospitals
2. Coordinating efforts by the healthcare systems
3. Eradicating “classism”
4. Maintaining flexibility with clinical guidelines
5. Paying attention to the individual needs of the patient/consumer

**Asian American /Pacific Islander Resource Needs**

The participants were very concerned about stereotypes that inhibit their ability to seek resources, e.g., “the Asian American community is wealthy, all are educated and literate, they are the model minority.” The group challenged the community to gain a better knowledge and awareness of the Asian American culture by visiting and talking with their leaders. Participants stressed that the Asian American community is not homogeneous but consists of various cultures/ethnic groups that speak different languages and dialects. There is a general misunderstanding that if materials are translated into Mandarin or Cantonese the language issue is resolved.

The group believed that a pipeline to increase Asian American healthcare professionals needs to be developed. Individuals need to be recruited at an early age to explore healthcareers. This would address the need for additional representation as well as engaging Asian Americans to work within their communities when they receive health-related educational degrees.

The Asian American group highly recommended that service providers broaden their awareness of the Asian American communities and that Asian American communities be made more aware of available existing resources. They wanted to see an increase in the use of best practices but noted that all best practice strategies do not transfer to all minority communities. For example, the strategy of targeting African Americans through barber shops and hair salons does not work for Asian Americans. A better strategy would be to reach out to them via grocery stores or ethnic-specific food markets.

Although there are a few service providers address Asian American health concerns, these organizations will need to build capacity to continue existence. The group agreed that an Asian American center needs to be created. The facility would serve as a community focal point for all
Asian American communities as well as a conduit and link for service providers. The center would have culturally competent staff aware of the Asian American community needs and would be able to address those needs through appropriately translated materials, resources and services.

The group believes that schools should be a major resource for furthering cultural diversity. A heritage/cultural curriculum highlighting the Asian American experience should be developed. Other cultural groups should be prominently added to the school curriculum. Awareness of other ethnic groups through the school setting may help foster an understanding and/or appreciation for other cultures.

The group would like to see more resources for health data for the Asian American population. Current local data lack breadth. Most data sources include all Asian American ethnic groups together, reflecting a lack of understanding that each group is diverse and has its share of unique health issues. Other resource needs were identified. The group felt strongly about the need for leadership development to assist in building community capacity and in accessing funding and other resources.

**Major resource needs**

1. A stronger Asian American health professional pipeline
2. Awareness of Asian American communities by service providers
3. A “one stop” Asian American facility/center
4. Asian American culture curriculum for schools
5. More health data resources for Asian American sub-populations

**Major strategies for resource needs**

1. Developing a local leadership program
2. Targeting public relations for specific programs for youth and Southeast Asian American populations
3. Working with the statewide Asian American Health Coalition and other partners
4. Being inclusive, planning with all populations in mind, and inviting all organizations to the table
5. Going to Asian American communities and talking to their leaders to learn about the culture

**Service Needs**

The participants expressed a need for more health services in Asian American communities. In particular, there is a need for patient navigators. The concept of health disparities is not understood by everyone. This concept goes beyond personal health and impacts the community as a whole. Participants believed that a grass roots approach is needed within communities to help individuals gain a better understanding. Patient navigators could help individuals navigate the health system and connect to other needed services already available to the community. There is an overarching concern that Asian Americans—particularly those dealing with health insurance like Medicare—do not know the intricacies of the system. Within the community, there is a lack of knowledge as to where to find particular services. This problem is compounded by the fact that awareness materials and information sessions are usually offered only in English.

Culturally competent services need to be increased. Serving an ethnic group does not make a service culturally competent. There needs to be some basic knowledge
of the culture and customs. Culturally competent staff needs to be available and bilingual staff to provide quality translation. Awareness needs to go beyond one culture within an ethnic group. The Asian American community consists of many cultures. There is a misconception that Asian American only means Chinese.

Most current health education materials are made available only in Mandarin or Cantonese. Health education resources need to be made available in the multiple languages and dialects spoken in Asian American communities. There is also a need for acculturation services to assist new immigrants/refugees with adjusting to the community while retaining their own ethnic/cultural identity.

Major service needs
1. Patient navigators
2. Culturally competent services expansion
3. Increased awareness of available resources
4. Education about healthcare issues particularly health insurance

Major strategies to address service needs
1. Motivating existing service providers to serve the Asian American community
2. Educating service providers and foundations about Asian American community service needs
3. Promoting partnerships and working together
4. Advocating and creating policies that help Asian American communities

Capacity needs
The needs of the Asian American community should be identified as a foundation for building agency capacity to address those needs. The results of a recent community wide needs assessment were not disseminated to the Asian American community. Asian American service providers want and need community health assessment information to use in making a case for support with local funders.

More professional translators and interpreters in various languages and dialects are needed within the healthcare system. The myth that being fluent in a particular language automatically creates a qualified translator or interpreter needs to be debunked.

Increased awareness is needed of best practices/effective practices that could be replicated in the Asian American community around healthcare. Currently service providers may not be familiar with healthcare practices that may have been successful with Asian American populations in other geographic areas.

Public visibility was also seen as a critical need for building capacity. The Asian American community has not made its needs known and this creates a challenge when seeking funding or other resources. In addition there is a sense that community stakeholders have not assisted with making the Asian American community more visible.

Major capacity needs
1. A community wide assessment to identify Asian American health needs
2. Access to translation and interpretation of languages and dialects by healthcare staff
3. Best practices that are relevant to Cleveland Asian American community
4. Enhanced public visibility of Asian American health issues
**Major capacity strategies**

1. Identifying best practices relevant to the Asian American community and implementing them
2. Implementing a community assessment using surveys and focus groups
3. Understanding the pitfalls of sampling methods for small populations
4. Building relationships with funders
5. Networking with and gaining support from other community groups
6. Providing translation and interpretation training to increase the pool of qualified translators and interpreters

**Infrastructure Needs**

Though interpreters and translators may be fluent in the language, this does not mean that they are familiar with the aspects of culture and health. Organizations that provide social services may have translators, however, the translators are not necessarily familiar with aspects of healthcare. Training needs to be provided for healthcare workers, outreach workers to teach them about health and culture.

Participants agreed that professional schools like medical and nursing schools should have a mandatory diversity curriculum. In addition to this curriculum, Asian American students need to be sensitized to giving back to their communities by providing healthcare services either paid or as volunteers. Northeast Ohio, in particular, needs to develop strategies to retain Asian American graduates.

Because transportation to health services seems to be an issue for some Asian American communities, a mobile clinic providing medical care would be helpful in some communities for getting consumers to healthcare providers.

**Major infrastructure needs**

1. Increased knowledge about the relationship between cultural, environmental, socioeconomic and psychological factors and health issues for interpreters and translators
2. Diversity training in professional schools and the desire to give back to the community
3. Mobile clinics to reach Asian American communities
4. Increased transportation options

**Major strategies for infrastructure needs**

1. Providing training to provide training on health and culture for educational and other organizations
2. Introducing a mandatory diversity curriculum to medical schools.
3. Seeking funding for mobile clinic or work with an existing service provider to expand services to the Asian American community
4. Developing more transportation options/alternatives especially to reach the medical facilities

**Hispanic/Latino Resource Needs**

The Latino group reached consensus is that more community-wide conversations about health and health disparities are needed as a strategy for building awareness and engaging the community.

Participants believed that there is a “mal-distribution” of resources in the community and that this has led to a perceived mistrust of the medical system. There is a deep concern about the ability for Latinos to access the available resources and to receive adequate care by knowledgeable bilingual healthcare/social workers. Participants also did not believe that when their community expresses a
need or wants to resolve an issue that the larger community actively listens to them.
The group identified several resource needs, including more effective outreach strategies, and the identification and implementation of best practices in health programs. They also saw a need to improve understanding of Latino health needs through a needs assessment. Their perception was that currently available data are not comprehensive or appropriately sampled.

Major resource needs
1. Effective strategies for outreach
2. Improved access to information about best practices
3. Better needs assessment/data on health needs of Latinos

Major strategies for resource needs
1. Fostering more networking opportunities for Hispanics/Latinos
2. Establishing a community-wide Hispanic/Latino Health Committee
3. Using community members to do outreach
4. Conducting needs assessments that will provide better data on Latino health needs

Service needs
The Latino group conversation centered on strengthening the service delivery system to the Latino community by improving communication strategies, creating links between the consumer and the services, providing qualified bilingual workers and simply connecting individuals with the services they are seeking.

The participants identified primary care services as a significant need for the Latino community including sexual health education such as prevention of HIV and STDs is needed. More prenatal, mental health and substance abuse services are also needed in the Latino communities. Healthcare and health education services should be developed for undocumented residents. Early childhood intervention services should be made available in a format and language that the families can understand.

Major service needs
1. Services for undocumented residents
2. Sexual health education/prevention of HIV/STDs
3. More primary care services
4. More mental health and substance abuse services

Major strategies for service needs
1. Building awareness of available services by going to gathering places like the grocery stores, barber shops and churches
2. Offering more health fairs
3. Creating a directory of services/resources that is in Spanish and English
4. Training people in the community to be advocates
5. Educating physicians on the Hispanic/Latino culture

Capacity needs
Throughout all categories the group continuously expressed the need for culturally sensitive and bilingual workers in healthcare settings. The group believed that consumers are not able to navigate the healthcare system and health advocates/patient navigators are needed to assist with understanding and to access the system so that consumer health needs can be met. Supportive services like interpretation were seen as a way to build overall capacity to fully access healthcare. However, consumer literacy
abilities need to be understood when materials are translated or interpretation is performed. Literacy levels in both Spanish and English need to be taken into account when translating and interpreting materials.

While progress is being made as far as recruitment of Latino individuals into healthcare fields, they have not kept pace with needs; Latino physicians who can fluently speak and understand Spanish and English are especially needed. Collaboration and coordination of efforts/services needs to be strengthened. In general, the healthcare industry needs to employ more Latinos throughout the entire system/network.

In addition to these top five, other capacity building areas were discussed like providing medical students with the opportunity to directly work with the Latino population through the local hospitals. The healthcare facilities that serve Latino populations need to be more inviting and to reflect the consumers’ culture. It was also stressed that physicians in general are not spending enough time with their Latino patients. This could be attributed to the unfamiliarity with the Latino culture or simply a behavior that permeates the medical environment.

Major capacity needs
1. Health advocates to help patients navigate the health system
2. Increase in interpretation services
3. More Latino/bilingual physicians
4. Better collaboration and coordination of efforts
5. Latino workforce development in healthcare

Major strategies for capacity needs
1. Creating youth mentoring programs that will lead to a better qualified workforce
2. Rewarding competence in health professionals
3. Organizing Latin physicians in Cleveland
4. Offering incentives for bilingual/Latin professionals to stay in Cleveland
5. Providing staff training and education in cultural sensitivity/awareness
6. Providing trainings for medical students to work with Latino patients

Infrastructure needs
The infrastructure could be easily enhanced by considering extended services hours, creating appropriate material distribution points and building facilities closer to public transportation. Several items were identified as key to building infrastructure within the Latino community. The capacity to deliver culturally competent medical services would enrich the overall infrastructure. Developing comprehensive behavioral and physical health services were seen as crucial components of an adequate infrastructure. The community is fostering the concept of electronic medical records as well as encouraging consumers to have medical homes. However, the medical homes and electronic venues do not appear to be bilingual. Medical homes accommodating various languages will need to be designed and made available to consumers. Participants identified the need to have more Latino representation on local boards of directors particularly health systems. In addition, leadership development needs to be provided for
emerging community leaders. Ultimately, “dinero” is needed to identify, design and implement infrastructure strategies.

**Major infrastructure needs**
1. Greater capacity for primary medical care and mental health services
2. Comprehensive services for behavioral and physical health
3. Spanish-speaking medical homes
4. Board development and greater participation of Latinos in leadership roles
5. Funding/dinero

**Major strategies for infrastructure needs**
1. Developing mobile programs that go into the community
2. Identifying funding to expand transportation services
3. Providing diversity trainings to service providers/workers
4. Creating Spanish web-based materials for the computer literate
5. Designing materials with basic literacy levels in mind

**Special Category/Youth**
Youth and non-youth service providers identified the need for resources, services, capacity building, and infrastructure from their unique perspective.

**Resources and Services**
1. Health screenings in schools
2. Health education in schools
3. Better access to healthcare resources
4. Educating the community on free or low cost health resources
5. Holistic approach to healthcare for youth related to mental health and substance abuse

**Capacity and Infrastructure**
1. Training for youth on understanding the healthcare system
2. Engaging youth in program and service planning
3. Building relationships between youth and agencies to address policy issues

During the first Local Conversation, the Cleveland Office of Minority Health collaborated with a number of hospitals, foundations, radio, television, print media and community agencies.

**Collaborating Agencies**
University Hospitals Case Medical Center
Cleveland Clinic
MetroHealth Medical Center Partnership to Fight Chronic Disease Sisters of Charity Foundation of Cleveland

**Community Partners**
Cleveland Branch NAACP
100 Black Men of Cleveland
Urban League of Greater Cleveland
Policy Bridge
Neighborhood Family Practice
Northeast Ohio Neighborhood Health Services (NEON)
Care Alliance Health Centers
American Cancer Society
Diabetes Association of Greater Cleveland
Partnership to Fight Chronic Disease
Kidney Foundation of Ohio, Inc.
Center for Reducing Health Disparities
Nueva Luz
Asian American Services in Action
Proyecto Luz
Second Local Conversation on Minority Health: Monday, December 14, 2010

Second local conversation on minority health: Cleveland Office of Minority Health Priority Setting Session

The purpose of the Phase II Priority Setting Session was to develop a beginning action plan to select priority health needs in Cleveland. A total of 15 persons took part in the discussion. The group consisted of individuals who represented racial and ethnic community members, community agencies, hospitals, government, academia and youth focused groups. The goal of the second local conversation was to set priorities based on the original format of resource, service, capacity, and infrastructure needs and the results are summarized below.

I. RESOURCE NEEDS

A. A comprehensive assessment of health needs (which includes access to physical and mental health services) for Cuyahoga County to include the following demographics: zip code, age, gender, race/ethnicity, insurance status, Medicare status, disability status per Social Security, and primary language spoken.

B. Literacy health specialists/educators – more individuals trained as health educators with specialization in both general literacy (outreach to low-literacy populations) and health literacy for all.
C. Community care navigators and knowledge worker links – a network of trained community-based persons who can navigate individuals with health needs to available resources.

II. SERVICE NEEDS

A. Primary care services for medical, dental, and vision care.

B. Education – offering education on healthcare issues including health insurance, prevention, mental health, and advocacy (from grassroots to treetops).

C. Low cost/no cost pharmaceutical services – educating the community about resources for and lobbying for increased access to low cost/no cost pharmaceutical services.

III. CAPACITY NEEDS

A. Evaluation of the effectiveness of current programs targeting the top five diseases disproportionately affecting minorities in Cuyahoga County and determining and disseminating best practices in these five disease areas.

B. Collaboration and coordination – increase cross-cultural collaborations and coordination of efforts to reduce health disparities in Cuyahoga County.

C. Enhanced public visibility of ethnic health issues.

IV. INFRASTRUCTURE NEEDS

A. Funding – utilizing COMH to learn/understand fundamental funding resources available to organizations to provide education and community programs.

B. Coordinated efforts by the healthcare systems – coordinated efforts of all agencies in the sectors where we live, work, and play to eliminate health disparities.

C. Transportation – identifying transportation options and resources related to each community’s specific needs.

At the conclusion of the second Local Conversation on Minority Health, the group determined that we need to make sure that the strategies could be addressed and accomplished by the Cleveland Office of Minority Health given the broad scope of the discussion.

COMH Advisory Committee

The Local Conversations on Minority Health would not have been possible without the commitment and hard work from the Office of Minority Health Advisory Board Members. This dedicated group of people assists the Office of Minority Health by offering guidance and through the sharing of their experiences.

Tanyanika Phillips Towe, MD MPH, University Hospitals Case Medical Center

Sujata Burgess, MPA, CHES, Asian American Services in Action

Cheri Collier RN, LD, RD, MS, MBA, MetroHealth Center for Community Health

Pamela Cooper, St John’s AME Church

Hermione Malone, University Hospitals Ireland Cancer Center

Linda Dove McIntyre BSN, Northcoast Nurses Coalition

Gary Benjamin, UHCAN Ohio

Carla Harwell, MD, University Hospitals

Otis Moss Medical Center

Felicia Adams MPH, MetroHealth Center for Reducing Health Disparities

Jacquelyn Adams, Huron Hospital Glinda

Dames-Fincher, Kindred Spirits Megan E.

Dzurec, MPH, CHES, Center for Community Solutions
Sabrina Roberts, Cuyahoga County
Stanley Miller, Cleveland Branch NAACP
Jonathan Holifield, Urban League of Greater Cleveland
Kristina Austin, The Gathering Place
Max Rodas, Proyecto Luz
Andres Gonzalez, Cleveland Clinic
Michael Byun, Asian American Services in Action Inc.
Mark Batson, PolicyBridge
Charles Modlin, MD., Cleveland Clinic
Minority Men’s Health Center
Gregory Hall, MD., St Vincent Charity Hospital
Janet Minor, Ohio State University Extension
Debra Mardenborough White, Visiting Nurse Association
Yvonka M Hall, Cleveland Health Department, Office of Minority Health
Jacqueline Meeks, Council for Economic Opportunities of Greater Cleveland
Jean Therrien, Neighborhood Family Practice
Frances Afram Gyening, Care Alliance
Matthew Carroll, Cleveland Department of Public Health
Karen Butler, Cleveland Department of Public Health
Bruce Kafer, Veteran’s Administration
Rena Minor, Cleveland Rape Crisis Center

The accomplishments of the Cleveland Office of Minority Health would not have been possible without the continued work and support of the program evaluator, Dr. Mittie Davis Jones.

The Cleveland Office of Minority Health staff:
Yvonka M. Hall, Cleveland Office of Minority Health Director