Ohio Commission on Minority Health
-Celebrating 35 Years of Service-

“April is Minority Health Month!”

“Creating System Change to Achieve Health Equity”

A 30-Day Wellness Campaign

Good Health Begins With You! ®
**MINORITY HEALTH MONTH BACKGROUND:**

Minority Health Month (MHM) was created in Ohio in April 1989. The first celebration featured community initiated events. We were elated, since our goal was for one event to be conducted each day throughout Ohio. Minority Health Month was designed to be a 30-day inclusive, high visibility, wellness campaign.

The five goals established for the month, from inception, remain valid today. Those goals are to:

- provide crucial information to allow individuals to practice disease prevention;
- promote healthy lifestyles;
- showcase the providers of grassroots healthcare resources and information;
- highlight the disparate health conditions between Ohio’s minority and non-minority populations; and
- gain additional support for on-going efforts to improve minority health year round.

In 2000, MHM became a national celebration. In 2005, the National Association of State Offices of Minority Health was created with a vision to provide leadership in transforming the health of racial and ethnic minority communities, tribal organizations, and nations. In April, we will join our fellow State Offices of Minority Health in lifting up wellness and good health.

The creativity of these initiatives executed by community based agencies and organizations has been extraordinary.

We applaud our many partners for their continued commitment to improving the health status of communities across Ohio.

This month long wellness campaign focuses on health promotion and disease prevention among minority populations.
WHEREAS, each year, Minority Health Month helps amplify important issues affecting Ohio’s diverse communities; and

WHEREAS, Minority Health Month’s 2022 theme, “Give Your Community a Boost!” is being used throughout the state; and

WHEREAS, the theme focuses on the continued importance of COVID-19 vaccinations, including boosters, as the strongest protection against the virus; and

WHEREAS, in 2020, to address the threats posed by COVID-19 to Ohio’s minority communities, the Governor’s Office formed the Minority Health Strike Force to provide recommendations on pandemic-related concerns and long-standing health disparities; and

WHEREAS, to be a place where all can thrive, the Governor’s Children’s Initiative places an emphasis on protecting vulnerable children from toxic lead exposure, improving maternal and child health, and reducing infant mortality; and

WHEREAS, to address the crisis of unintentional drug overdoses, which disproportionately takes the lives of African American males, the state’s RecoveryOhio initiative unites a host of resources to save lives and encourage treatment and recovery; and

WHEREAS, Governor DeWine and the General Assembly have committed more than $200 million this biennium to address the social determinants of health and infant mortality across the state; and

NOW, THEREFORE, We, Mike DeWine and Jon Husted, Governor and Lieutenant Governor of the State of Ohio, do hereby recognize April as

MINORITY HEALTH MONTH

on this 1st day of April 2022.
Covered with KINDNESS
HONORING
THE OHIO COMMISSION ON MINORITY HEALTH
ON ITS THIRTY-FIFTH ANNIVERSARY

On behalf of the members of the Senate of the 134th General Assembly of Ohio, we are pleased to extend special recognition to the Ohio Commission on Minority Health on the occasion of its Thirty-fifth Anniversary.

This is an important milestone, and it provides an ideal time to acknowledge the exceptional work done by the Ohio Commission on Minority Health. Since its establishment, the agency has striven to eliminate health disparities in minority communities through such efforts as education, legislative action, public policy, and systems change, and its impressive contributions readily explain why it is so widely held in high esteem.

All those associated with the Ohio Commission on Minority Health are to be commended for their foresight, dedication, and selfless donations of time, energy, and ability far beyond what was required or expected. These fine people have earned the respect and admiration of many and have set an example of concerned and responsible citizenship worthy of emulation.

Thus, with great pleasure, we congratulate the Ohio Commission on Minority Health on its Thirty-fifth Anniversary and extend best wishes for continued success.

Senator Matt Huffman
President of the Ohio Senate

Senator Stephanie Kunze
16th Senatorial District

Senator Cecil Thomas
9th Senatorial District

Senator Hearcel F. Craig
Assistant Minority Whip
HONORING
THE OHIO COMMISSION ON MINORITY HEALTH
FOR REMARKABLE ATTAINMENT

On behalf of the members of the Senate of the 134th General Assembly of Ohio, we are pleased to pay tribute to the Ohio Commission on Minority Health on its observance of Minority Health Month in Ohio, April 2022.

Ohio is beautiful and strong because of its diverse and distinct communities, and encouraging the health and well-being of our minority population is paramount to the success of our state. Too often, these communities are overlooked and undervalued, but through collective action and efforts from organizations like the Ohio Commission on Minority Health, we can help care for and protect our residents.

The success of Minority Health Month in Ohio can be attributed to the countless citizens who have been involved with advancing the mission of this occasion, and they are to be commended for their tremendous advocacy. These fine individuals, including the conscientious people who comprise the Ohio Commission on Minority Health, have made a positive impact on our state, and we applaud their endeavors during Minority Health Month.

Thus, we recognize the Ohio Commission on Minority Health during Minority Health Month in Ohio and salute all who are contributing to its important mission.

Senator Matt Huffman
President of the Ohio Senate

Senator Cecil Thomas
9th Senatorial District

Senator Heartel F. Craig
Assistant Minority Whip

Senator Stephanie Kunze
16th Senatorial District
“APRIL IS MINORITY HEALTH MONTH”

**Minority Health Month and COVID-19**

Due to COVID-19 many Minority Health Month funded grantees will be holding both in-person and virtual events this year. For each event, listed there is contact information and a phone number for the public to call to receive information about the events. Please visit the host organizations’ website for additional information.

For the funded in-person events, the events must follow the most recent CDC guidelines as well as guidelines for the community the event is located in.

The Center for Disease Control and Prevention recently lifted mask mandates across at the county level across the country and in Ohio. Please be sure to adhere to the local community level mandates when attending events.

**Know the COVID-19 Community Level where you live**

COVID-19 Community Levels are a tool to help communities decide what prevention steps to take based on the latest data.

**Low** - Wear a mask based on your personal preference, informed by your personal level of risk.

**Medium** - If you are immunocompromised or at high risk for severe illness.

Talk to your healthcare provider about additional precautions, such as wearing masks or respirators indoors in public.

If you live with or have social contact with someone at high risk for severe illness, consider testing yourself for infection before you get together and wearing a mask when indoors with them.

**High** - Wear a well-fitting mask indoors in public, regardless of vaccination status or individual risk (including K-12 schools and other community settings).

If you are immunocompromised or at high risk for severe illness.

Wear a mask or respirator that provides you with greater protection.
UNIDER THE SPONSORSHIP OF

REPRESENTATIVE C. ALLISON RUSSO
HOUSE DISTRICT 24

On behalf of the members of the House of Representatives of the 134th General Assembly of Ohio, I am pleased to extend special recognition to the

OHIO COMMISSION ON MINORITY HEALTH

on the memorable occasion of its Thirty-Fifth Anniversary.

Established in 1987 as the first freestanding state agency in the nation to develop a concerted approach to address the disparity that exists between the health status of minority and non-minority populations, the Ohio Commission on Minority Health is to be commended.

Since its establishment, the agency has striven to eliminate disparities in minority health through innovative programs, public health promotion, legislative action, public policy and systems change. Its impressive contributions to the community readily explain why it is so widely held in high esteem.

All those associated with the Ohio Commission on Minority Health have demonstrated commendable civic concern and insight through their efforts to make our world a better place in which to live. The accomplishments of the commission are a justifiable source of pride and an outstanding reflection on its astute management and dedicated staff, for these individuals have distinguished themselves as conscientious and hard-working Ohioans.

Thus, it is with genuine satisfaction that we applaud the Ohio Commission on Minority Health on its Thirty-Fifth Anniversary and extend best wishes for ongoing success in serving our communities.

C. Allison Russo
Minority Leader
Ohio House of Representatives
March 29, 2022
Official State of Ohio Minority Health Month Virtual Kick-Off and Awards Ceremony

9:00am—10:30am
This virtual kickoff to Minority Health Month 2022 will feature Dr. Camara Jones, past president of APHA as our keynote speaker, Tracy Townsend of 10TV News as our Mistress of Ceremonies and the recipients of our Minority Health Awards.

10:40 am - 12:00 pm
Health Equity Panel Discussion with Keynote Speaker, State Agency Directors and HPIO. Moderator: Dr. Deena Chisolm of Nationwide Children’s Hospital.

This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.

https://ocmh.mjvirtualevents.com/

Sponsored By:
Ohio Commission on Minority Health
(614) 466-4000

April 1, 2022
Stress: The Mental, Spiritual and Emotion Importance of Letting Go

10:00am—11:30am
An ‘eduvention’ geared to raise awareness about stress, how it changes the body and it’s negative impact on one’s physical and emotional health and well being. The session will emphasize strategies to let go of stress, set one’s physical and emotional health and well being. The session will include healthy eating choices.

This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.

https://clevelandhealth.org/programs/health/minority_health/

Sponsored By:
Cleveland Department of Public Health
(216) 664-3052

April 2, 2022
Cooking with Heart

11:00am—12:30pm
This activity will provide a live in-person interactive cooking demonstration. A registered Licensed Dietician will explain how to choose healthy and nutritious food options and create an entrée for the audience to sample.

LORAIN PUBLIC LIBRARY
351 W. 5TH ST.
LORAIN, OH 44052
(440) 244-1192

Sponsored By:
Pathways Enrichment Center
(440) 225-7074
https://pathways0.tripod.com/

April 2, 2022
Stop The Violence, Start the Healing 5K Walk/Run

11:00am—1:00pm
The purpose of the “Stop The Violence” 5K Walk/Run is to encourage family exercise and address the issue of violence as a minority health disparity. This year’s 5K will feature a sidewalk health fair and community guest speakers.

5K STARTING POINT will begin at STEUBENVILLE MUNICIPAL BUILDING 113 S. THIRD ST. STEUBENVILLE, OH 43952
(740) 283-6000

Sponsored By:
Urban Mission Ministries
(740) 282-8010
https://www.urbanmission.org/

April 2, 2022
Getting to the Heart of the Matter—Part 1

11:00am—2:00pm
The American Heart Association, “Life’s Simple 7” teaches seven steps to a healthier heart. A registered dietitian will present a culturally specific food demonstration with healthy eating choices.

LINDEN COMMUNITY CENTER
1350 BRIARWOOD AVENUE
COLUMBUS, OH 43211
(614) 645-3067

Sponsored By:
National Council of Negro Women (NCNW), Inc., Columbus OH Section
https://columbusfoundation.org/the-giving-store/nonprofit-directory-listing/NationalCouncilofNegroWomenInc-ColumbusSection/15562/

April 2, 2022
Education Work “Spill The Beans”

11:00am—2:00pm
The event will provide positive conversations regarding the prevention of infant mortality and lifestyle factors. Participants will complete journals and develop life goals. The focus of this event will be to challenge young women between the ages of 14-40 to establish life improvement goals.

Sponsored By:
Youngstown Local Office on Minority Health
(330) 742-8249
https://youngstownohio.gov/health-minority

April 3, 2022
La Feria de la Salud

10:00am—3:00pm
This event will provide education on the understanding blood pressure, blood sugar and knowing the warning signs for diabetes. ProMedica and Mercy Hospital staff will conduct free blood pressure, blood sugar and cholesterol screenings.

SAINT PETER AND PAUL CHURCH
738 SAINT CLAIR ST.
TOLEDO, OH 43609
(419) 241-5822

Sponsored By:
Nuestra Gente Community Projects, Inc.
(419) 283-0581
https://nuestragentecommunityprojects.org/

April 3, 2022
Su Casa Community Health Outreach Event

11:00am—3:00pm
This Health Fair will provide information for participants to make the best decisions for your health. In addition, workshops, fitness demonstrations, free health and wellness screenings will be provided. Participants will receive education, information and resources on Covid-19 vaccines. All services are free and open to the public.

Sponsored By:
Catholic Charities Southwestern Ohio
(513) 672-3727
https://ccswoh.org/
### April 4, 2022

**Inclusive Health Education Series: LGBTQ + Pronouns and Beyond**

- **Time**: 11:00am—12:00pm
- **Location**: Cleveland Treatment Center
- **Details**: This activity will consist of educational sessions for local service providers. Sessions will address topics related to minority health and service issues faced by marginalized demographic groups.

**Sponsored By:**
- Local Office of Minority Health— Public Health— Dayton and Montgomery County
- (937) 225-4962

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### April 5, 2022

#### Health Education and Wellness Workshop: Stress Management

- **Time**: 6:30pm—7:30pm
- **Location**: Local Office of Minority Health— Public Health— Dayton and Montgomery County
- **Details**: This health education and wellness workshop will provide an overview of stress management. Participants will also learn stress management techniques.

**Sponsored By:**
- Cleveland Treatment Center
- (216) 861-4246

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#### Depression, Diabetes and Heart Disease

- **Time**: 6:30pm—8:30pm
- **Location**: Local Office of Minority Health— Public Health— Dayton and Montgomery County
- **Details**: This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.

**Sponsored By:**
- Local Office of Minority Health— Public Health— Dayton and Montgomery County
- (937) 225-4962

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### April 6, 2022

#### Health Fair

- **Time**: 12:00pm—4:00pm
- **Location**: Lyons Place Senior Living
- **Details**: This is a health fair targeting older adults. Vendors at this event will disseminate information, conduct learning sessions, and provide blood pressure and Lupus screenings.

**Sponsored By:**
- UMDAOP of Dayton
- (937) 277-8149 (Natalynne Baker)
- [https://www.umadaopofdayton.com/](https://www.umadaopofdayton.com/)

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#### Local and Seasonal Eating

- **Time**: 6:00pm—7:00pm
- **Location**: Summit County Combined General Health District
- **Details**: This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.

**Sponsored By:**
- Summit County Combined General Health District
- (330) 928-5629

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#### Dance for Life Workshop (Hybrid Edition)

- **Time**: 6:00pm—9:00pm
- **Location**: Martin Luther King Recreational Center
- **Details**: This workshop is both in-person and virtual and is designed to provide both dance sessions and health-centered discussions. It will feature a hybrid option that will enable virtual participation.

**Sponsored By:**
- Toledo Office of Minority Health
- (419) 213-2822
- [https://www.lucascountyhealth.com/community-outreach/minority-health/](https://www.lucascountyhealth.com/community-outreach/minority-health/)

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### April 7, 2022

#### Health Education and Wellness Workshop: Moms First Program

- **Time**: 6:30pm—7:30pm
- **Location**: Martin Luther King Recreational Center
- **Details**: This workshop will provide an overview of the Moms First program and share information regarding the importance of providing services and support to pregnant women and their families to promote improved birth outcomes.

**Sponsored By:**
- Cleveland Treatment Center
- (216) 861-4246

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#### Community Wide Baby Shower

- **Time**: 11:00am—2:00pm
- **Location**: Toledo Office of Minority Health
- **Details**: This event will provide baby gifts and supplies to community members who are in need. This event is planned by the YWCA Baby Talk Program along with Glenda Koonce and Debra Hamilton-Mom’s and Baby’s.

**Sponsored By:**
- Toledo Office of Minority Health
- (419) 213-2822
- [https://www.lucascountyhealth.com/community-outreach/minority-health/](https://www.lucascountyhealth.com/community-outreach/minority-health/)

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### April 8, 2022

#### Cardiofest 2022

- **Time**: 8:00am—12:00pm (Cardiofest)
- **Location**: Meadow Brook Public Golf & Banquet Center
- **Details**: This event will feature a variety of festive cardiovascular activities and fitness screenings. In addition, there will be fitness presenters and health speakers to discuss wellness issues such as cancer, obesity, heart disease, blood pressure, cholesterol and diabetes.

**Sponsored By:**
- American Fitness Health & Wellness Institute
- (937) 275-3770
- [https://cardiofest.wixsite.com/usahealthandwellness](https://cardiofest.wixsite.com/usahealthandwellness)

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### April 9, 2022

#### Pronouns and Beyond

- **Time**: 12:00pm—12:30pm (Health Speakers)
- **Location**: Martin Luther King Recreational Center
- **Details**: This event will feature a hybrid option that will enable virtual participation.

**Sponsored By:**
- Toledo Office of Minority Health
- (419) 213-2822
- [https://www.lucascountyhealth.com/community-outreach/minority-health/](https://www.lucascountyhealth.com/community-outreach/minority-health/)
April 9, 2022

“Your Health Is Your Business”
9:00am—1:00pm
This event will provide education on heart care and diabetes as well as a presentation on mental health. Participants will receive resource materials related to healthy eating and cooking as well as health giveaways. This event is supported through partnerships with health organizations.

TSL Foundation
1103 7th STREET NE
CANTON, OH 44704
(330) 552-8956
https://www.starkminoritybusiness.org/

Sponsored By:
Stark County Minority Business Association
(330) 458-2083

April 9, 2022

Sweet Heart: The Education and Prevention of Cardiovascular Disease and Diabetes
10:00am—12:00pm
This in person event will be presented by cardiovascular and diabetes physicians. They will discuss the signs and symptoms, prevention methods and preparing a heart healthy diet.

LORAIN COMMUNITY COLLEGE
1005 ABBE ROAD, N
ELYRIA, OH 44035
(800) 995-5222

Sponsored By:
Pathways Enrichment Center
(440) 225-7074
https://pathwaysec.org/

April 9, 2022

Trumball Community Action Program Minority Health Fair
10:00am—3:00pm
The health fair will target diabetes, cancer and cardiovascular disease of the economically disadvantaged minority population in Trumball County by promoting healthy lifestyles and highlighting health disparities through screenings.

TRUMBALL COMMUNITY ACTION PROGRAM
1230 PALMYRA RD.
WARREN, OH 44485
(330) 393-2507

Sponsored By:
Trumball County Combined Health District-Trumball Community Action Program Event
(330) 393-2507
https://tcaphelps.org/

April 9, 2022

Community Drive By Baby Shower
11:00am—2:00pm
In an effort to reduce the stress for expecting and new moms, this event will provide needed baby items in a drive through venue. Local community agencies will distribute needed baby items and giveaways to help expecting moms or new moms with her baby.

COVELLI EXPO CENTER
229 E. FRONT STREET
YOUNGSTOWN, OH 44503
(330) 746-5600

Sponsored By:
Youngstown Local Office on Minority Health
(330) 742-8249
https://youngstownohio.gov/health-minority

April 9, 2022

5TH ANNUAL CITY WIDE BABY SHOWER
2:00pm—4:00pm
The 5th Annual City Wide Baby Shower will provide presentations on Infant Mortality and Safe Sleep by the Fatherhood Initiative and Mom’s First programs. Resources to include baby items and clothing from newborn to 6 months old will be provided. This Baby Shower is free and open to the public.

WILLIAM E. SANDERS FAMILY LIFE CENTER
3949 LEE RD.
CLEVELAND, OH 44128
(216) 751-2688

Sponsored By:
William E. Sanders Family Life Center
(216) 751-2688
http://www.leeroadbaptistchurch.com/family-life-center.html

April 11, 2022

Celebrating & Centering Black Mamas
6:00pm—8:00pm
A free kickoff event to honor Black Maternal Health Week. Featuring and discussing the film, “Toxic: A Black Woman’s Story.” This event will also recognize those mothers who are champions for babies in the past, present, and future.

This event will be facilitated in-person, in a mask-wearing, socially distant, attendance-capped setting.

DAYTON METRO LIBRARY-EICHELBERGER FORUM
215 E. 3rd STREET
DAYTON, OH 45402

Sponsored By:
Public Health—Dayton and Montgomery County
(937) 225-4962
https://www.phdmc.org/healthy-lifestyles/local-office-of-minority-health-program

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events
April 13, 2022
Office of Minority Health Workshop/Forum
2:30pm—3:30pm
This workshop is designed to engage the community as it relates to the cultural norms, beliefs and the impact on health.
This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.
https://www.columbus.gov/publichealth/programs/minority-health/
Sponsored By:
Office of Minority Health at Columbus Public Health
(614) 645-7335

April 13, 2022
Violence Prevention Forum
5:00pm—8:00pm
The forum will focus on preventing violence in Toledo and is organized with the input from community stakeholders. The goal of this forum is to find ways to reduce violence by raising awareness about violence and encouraging the community to step up and save their neighborhoods.
TOLEDO LUCAS COUNTY PUBLIC LIBRARY
325 N MICHIGAN STREET
TOLEDO, OH 43604
(419) 213-2882
https://lucascountyhealth.com/community-outreach/minority-health/
Sponsored By:
Toledo Office on Minority Health
(419) 213-2882
https://lucascountyhealth.com/community-outreach/minority-health/

April 14, 2022
Health Education and Wellness Workshop
Medication Assisted Treatment
6:30pm—7:30pm
This workshop will provide a detailed overview of medical assisted treatment and how this form of treatment is effective in the treatment of individuals with substance use disorders. Participants will learn how to access this form of treatment in Cuyahoga county.
This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.
http://www.clevelandtreatmentcenter.org/
Sponsored By:
Cleveland Treatment Center
(216) 861-4246

April 14, 2022
Inclusive Health Education Series: Cultural Competency & Proficiency
11:00am—12:00pm
This activity will consist of educational sessions for local service providers. Sessions will address topics related to minority health and service issues faced by minoritized demographic groups.
This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.
https://www.phdmc.org/healthy-lifestyles/local-office-of-minority-health-program/
Sponsored By:
Public Health—Dayton and Montgomery County
(937) 225-4962

April 15, 2022
Stand Up Against Racism
10:00am—1:00pm
The workshop speakers will provide the definition of the racism and provide an overview from all angles in life. There will be open conversation from audience and a sponsored lunch.
METROPLEX EXPO CENTER
1620 MOTOR INN DRIVE
GIRARD, OH 44420
(330) 759-1674
Sponsored By:
Youngstown Local Office on Minority Health
(330) 742-8249
https://youngstownohio.gov/health-minority

April 18, 2022
Do’s & Don’ts of Herbs and Dietary Supplements
6:30pm—8:30pm
Participants will learn about various herbs that can be dangerous when taken with prescribed medication and over-the-counter herbs. This workshop will provide an overview of the importance of knowing the impact of taking aspirin and certain vitamins with prescription medication. The information provided can help to save lives.
AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE
643 TROY ST
DAYTON, OH 45404
(937) 275-3770
Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770
https://cardiofest.wixsite.com/usahandwellness

April 20, 2022
Office of Minority Health Workshop/Forum
2:00pm—3:30pm
This workshop is designed to engage the community in dialogue about communities as they relate to cultural norms, beliefs, and the impact on health.
This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.
https://www.columbus.gov/publichealth/programs/minority-health/
Sponsored By:
Office of Minority Health at Columbus Public Health
(614) 645-7335

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<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Time</th>
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<tbody>
<tr>
<td>April 21, 2021</td>
<td>Spring into Activity</td>
<td>5:30pm—7:30pm</td>
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<td>This event will be field day style with physical activity demonstrations. Families will receive giveaways, physical activity resources and health screening information.</td>
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<td>PRAIRIE TOWNSHIP COMMUNITY CENTER</td>
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<td>5955 WEST BROAD STREET</td>
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<td>GALLOWAY, OH 43119</td>
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<td>(614) 907-7990</td>
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<td>Sponsored By:</td>
<td>Franklin County Public Health</td>
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<td>(614) 403-1847</td>
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<tr>
<td>April 21, 2021</td>
<td>Health Education and Wellness Workshop Acupuncture Detoxification</td>
<td>6:30pm—7:30pm</td>
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<td>This workshop will provide an overview of acupuncture detoxification and the use of this technique in the treatment of individuals with substance use disorders. Participants will learn about outcomes of this technique to improve and maintain positive outcomes in addiction treatment.</td>
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<td>This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.</td>
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<td>Sponsored By:</td>
<td>Cleveland Treatment Center</td>
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<td>(216) 861-4246</td>
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<td>April 22, 2022</td>
<td>Stress: The Mental, Spiritual and Emotion Importance of Letting Go</td>
<td>10:00am—12:00pm</td>
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<td>“Stress Break: Taking Time Out in Uncertain Times”</td>
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<td>An interactive session encouraging participants to reflect and record recent health screening results including weight/BMI, blood pressure, levels of exercise, stress testing (Learning About You), guided breathing, meditation, yoga, and artworl exercises.</td>
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<td>This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.</td>
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<tr>
<td>Sponsored By:</td>
<td>Cleveland Department of Public Health</td>
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<td>(216) 664-3052</td>
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<tr>
<td>April 23, 2022</td>
<td>Men’s Health Breakfast</td>
<td>9:00am—12:00pm</td>
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<td>Precursor to Men’s Free Health Prostate Screening, this event is designed to encourage and promote healthier eating habits among minority males. Guest lecturers will facilitate discussions addressing disparities affecting minority males. This includes a sponsored breakfast.</td>
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<td>MT. CARMEL COMMUNITY BAPTIST CHURCH</td>
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<td></td>
<td>708 NORTH 5TH STREET</td>
<td>(740) 262-9257</td>
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<td>STEUBENVILLE, OH 43952</td>
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<td>Sponsored By:</td>
<td>Urban Mission Ministries, Inc.</td>
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<td>(740) 262-8010</td>
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<td><a href="https://usahealthandwellness.com/">https://usahealthandwellness.com/</a></td>
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<tr>
<td>April 23, 2022</td>
<td>Community Health Fair</td>
<td>10:00am—2:00pm</td>
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<td></td>
<td>This is a health fair carnival style. The event will disseminate health information, blood pressure and Lupus screenings, and have vendors and health related activities to create a fun environment.</td>
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<td></td>
<td>OAK STREET HEALTH/WESTOWN SHOPPING CENTER</td>
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<td></td>
<td>4271 W. 3RD STREET</td>
<td>(330) 926-5629</td>
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<tr>
<td></td>
<td>DAYTON, OH 45417</td>
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<td>Sponsored By:</td>
<td>SCLOMH will host a virtual cooking class featuring a local chef and dietician. Together they will emphasize the value of cooking healthy and how easy it is.</td>
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<td>(937) 926-5629</td>
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<td><a href="https://www.scph.org/omh">https://www.scph.org/omh</a></td>
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<tr>
<td>April 23, 2022</td>
<td>Exercise Your Way To Healthiness</td>
<td>10:30am—2:30pm</td>
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<td>This event will provide four different segments of exercise to include body contour, cardio, chair exercise and stress relief. There will also be a youth exercise competition.</td>
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<td>WILLIAM E. SANDERS FAMILY LIFE CENTER</td>
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<tr>
<td></td>
<td>3949 LEE ROAD</td>
<td>(614) 44128</td>
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<tr>
<td></td>
<td>CLEVELAND, OH</td>
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<tr>
<td>Sponsored By:</td>
<td>William E. Sanders Family Life Center</td>
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<td></td>
<td>(216) 751-2688</td>
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<tr>
<td>April 23, 2022</td>
<td>Getting to the Heart of the Matter Part 2— “Table Talk”</td>
<td>11:00am—2:00pm</td>
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<td>A nurse will facilitate a discussion on preventing hypertension and the mental and emotional effect on women. Blood pressure screening will be offered to participants. In addition, an exercise physiologist will demonstrate age appropriate physical activity.</td>
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<td>LINDEN COMMUNITY CENTER</td>
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<tr>
<td></td>
<td>1350 BRIARWOOD AVENUE</td>
<td>(614) 645-3067</td>
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<td></td>
<td>COLUMBUS, OH 43211</td>
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<tr>
<td>Sponsored By:</td>
<td>National Council of Negro Women (NCNW), Inc., Columbus OH Section</td>
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<td></td>
<td><a href="NationalCouncilofNegroWomenInc-ColumbusSection/15562/">NationalCouncilofNegroWomenInc-ColumbusSection/15562</a></td>
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</table>

**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.
April 24, 2022

La Feria de la Salud

10:00am—3:00pm
This event will provide education on the understanding blood pressure, blood sugar and knowing the warning signs for diabetes. ProMedica and Mercy Hospital staff will conduct free blood pressure, blood sugar and cholesterol screenings.

IMMACULATE CONCEPTION CHURCH
439 EASTERN AVENUE
TOLEDO, OH 43609
(419) 243-1829

Sponsored By:
Nuestra Gente Community Projects, Inc.
(419) 283-0581
https://nuestragentecommunityprojects.org/

April 24, 2022

Su Casa Community Health Outreach Events

1:00pm—4:00pm
This Health Fair will provide information for participants to make the best decisions for your health. In addition, workshops, fitness demonstrations, free health and wellness screenings will be provided. Participants will receive education, information and resources on Covid-19 vaccines. The event and screenings are free and open to the public.

ST. JULIE BILLIART PARISH
229 N. 3rd STREET
HAMILTON, OH 45011
(513) 863-1040

Sponsored By:
Catholic Charities Southwestern Ohio
(513) 672-3277
https://ccswoh.org/

April 25, 2022

Inclusive Health Education Series: Refugee Immigrant Sensitivity

11:00am—12:00pm
This activity will consist of educational sessions for local service providers. Sessions will address topics related to minority health and service issues faced by minority demographic groups.

This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.
https://www.phdmc.org/healthy-lifestyles/local-office-of-minority-health-program

Sponsored By:
Public Health– Dayton and Montgomery County
(937) 225-4962

April 26, 2022

Women’s Mammogram Screening

9:30am—3:00pm
This event will provide breast cancer screenings and diagnostic services to women ages 40-64, as well as women 20-39 with a physician report of abnormality or other factor.

URBAN MISSION PANTRY PARLONG LOT
311 NORTH 6th STREET
STEUBENVILLE, OH 43952
(740) 282-8010

Sponsored By:
Urban Mission Ministries
(740) 282-8010
https://www.urbanmission.org/

April 26, 2022

Men’s Free Prostate Screening

4:00pm—6:00pm
This screening is to provide free prostate screenings for men ages 40 and up. Local urologist will volunteer to administer physical and digital prostate exams.

TONY TERAMAN CANCER CENTER
3204 JOHNSON ROAD
STEUBENVILLE, OH 43952
(740) 284-8700

Sponsored By:
Urban Mission Ministries
(740) 282-8010
https://www.urbanmission.org/

April 26, 2022

Living a Cancer Prevention Lifestyle

6:30pm—8:30pm
Workshop participants will learn cancer prevention strategies. This will include an overview of the adoption of a healthier lifestyle by to reduce the risk for certain cancers.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE
643 TROY ST
DAYTON, OH 45404
(937) 275-3770

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770
https://cardiofest.wixsite.com/usahandwellness

April 27, 2022

Your Health Is Your Business

9:00am—1:00pm
This event will provide education on heart care and diabetes as well as a presentation on mental health. Participants will receive resource materials related to healthy eating and cooking as well as health giveaways. This event is supported through partnerships with health organizations.

SCMBA OFFICES
222 MARKET AVENUE NORTH
CANTON, OH 44702
(740) 264-8207

Sponsored By:
Stark County Minority Business Association
(330) 458-2082
https://www.starkminoritybusiness.org/

April 27, 2022

Metro Health Fair

10:00am—2:00pm
SCLOMH will host a health fair to provide health education for prevention of disease and promotion of good health. Health fair tote bags and direct referrals to health services, community resources, and education will be provided to participants.

METRO ROBERT K. PFAFF TRANSIT CENTER
631 BROADWAY STREET
AKRON, OH 44311
(330) 762-0341
https://www.nuahealth.org

Sponsored By:
Summit County Combined General Health District
(330) 926-5629

April 27, 2022

Health Education and Wellness Workshop: Abuse and Recovery
Presenter: Pastor Sal Perez

6:30pm—7:30pm
After an early life of drug addiction, gang violence and prison, Pastor Sal will be sharing a message of sustaining recovery and maintaining a healthy and supportive life experience.

This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.
http://www.clevelandtreatmentcenter.org/

Sponsored By:
Cleveland Treatment Center
(216) 861-4246

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.
April 28, 2022
An Implantable Bioartificial Kidney to Overcome Scarcity and Provide Ultimate Freedom

12:00pm—1:00pm
Minorities are disproportionately affected by kidney disease and kidney failure. As a result, more minorities need dialysis and kidney transplants. This presentation will provide an update on the bioartificial kidney.

This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.
http://www.kfohio.org/

Sponsored By:
Kidney Foundation of Ohio
(216) 771-2700

April 28, 2022
Spring Into Activity

5:30pm—6:30pm
This virtual event will highlight physical activity demonstrations. There will also be a presentation on heart health and the importance of physical activity. This will show families ways to have fun and be safe together and indoors.

This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.

Sponsored By:
Franklin County Public Health
(614) 403-1847

April 29, 2022
Healthy Teens, Healthy Tomorrow: Teen Summit

10:00am—12:30pm
An educational summit for minority teens on organ donation and transplantation, healthy lifestyle choices, and body/kidney health.

SHAW HIGH SCHOOL
15320 EUCLID AVENUE
CLEVELAND, OH 44112

Sponsored By:
Kidney Foundation of Ohio
(216) 771-2700
http://www.kfohio.org/

April 29, 2022
Greater Dayton MHM 2022 Expo

8:00am—12:00pm
The community event will feature educational conversations on minority health, updates on health initiatives, provide holistic promotion of health-related resources and will promote the Dayton area Minority Health Month activities.

This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.

Sponsored By:
Public Health—Dayton and Montgomery County
(937) 225-4962
https://www.phdmc.org/healthy-lifestyles/local-office-of-minority-health-program

April 30, 2022
Skill Application Session and Award Ceremony

11:00am—2:00pm
Participants will demonstrate their understanding of the educational goals established in the first session. This is to reinforce goal development and achievement.

EUGENIA ATKINSON CENTER
903 OTIS STREET
YOUNGSTOWN, OH 44510
(330) 775-6893

Sponsored By:
Youngstown Local Office on Minority Health
(330) 742-8249
https://youngstownohio.gov/health-minority

April 30, 2022
Local and Seasonal Eating

3:00pm—5:00pm
SCLOMH will host a virtual cooking class featuring a local chef and dietician. Together they will emphasize the value of cooking healthy and how easy it is.

This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.
https://www.scph.org/omh

Sponsored By:
Summit County Combined General Health District
(330) 926-5629

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.
Are you interested in minority health issues?

If so, join our listserv to receive information related to minority health issues.

Join NOW!

Email us at www.minhealth@mih.ohio.gov
The 2022 Minority Health Month

Statewide Calendar of Events

has been made possible

through the efforts

of our distinguished grantees.

We thank you so much!

American Fitness Health & Wellness Inst.
Catholic Charities SW Ohio
Cleveland Department of Public Health
Cleveland Treatment Center
Columbus Public Health
Dayton & Montgomery Cty. Public Health
Franklin County Public Health
Kidney Foundation of Ohio
National Council of Negro Women
    Columbus, OH Section
Nuestra Gente Community Projects Inc.

Ohio Asian American Health Coalition
Pathways Enrichment Center
Stark County Minority Business Assoc.
Summit County Combined Health District
Toledo Office of Minority Health
Trumball County Combined Health Dist.
UMADAOP of Dayton
Urban Mission Ministries Inc.
William E. Sanders Family Life Center
Youngstown City Health District
Commission Officers:
Representative Emilia Sykes, District 34, Chair, Akron
Terri Moncrief, M.D., Vice Chair, Clayton
Greg Morrison, M.D., Secretary, Columbus

Commissioners:
Celina Cunanan, MSN, APRN, CNM, Shaker Heights
Tony Ortiz, M.Ed., Beavercreek
Tia Moretti, LSW, OCPC, Commercial Point
Electra Paskett, Ph.D., Columbus
Diana Gueits, Avon

Directors:
Maureen Corcoran, Director, Ohio Department of Medicaid
Lori Criss, Director, Ohio Department of Mental Health and Addiction Services
Jeffrey Davis, Director, Ohio Department of Developmental Disabilities
Matthew Damschroder, Director, Ohio Dept. of Job and Family Services
Bruce T. Vanderhoff, Director, Ohio Department of Health
Stephanie K. Siddens, Ph.D., Int. Superintendent, Ohio Department of Education

Legislators:
State Senator Stephanie Kunze, District 16
State Senator Cecil Thomas, District 9
State Representative Emilia Sykes, District 34

Department Liaisons:
Jamie Carmichael
Ohio Department of Health
Traci Bell-Thomas
Ohio Department of Medicaid
Joseph Hill
Ohio Department of Mental Health and Addiction Services
Christina May
Ohio Department of Education
LaToya King
Ohio Department of Job and Family Services
Tamara Hairston
Ohio Department of Developmental Disabilities

Commission Staff:
Angela C. Dawson, MS, MRC
Executive Director

Venita O'Bannon
Senior Financial Analyst

Nikki Jenkins,
Program Specialist, MA

Dave Riley
Executive Assistant
UPCOMING FUNDING ANNOUNCEMENTS

FFY 22 State Opioid Response ”Reaching Our Own”

The Ohio Commission on Minority Health announces the availability of the Request For Proposals (RFP) for State Opioid Response ”Reaching Our Own”

The RFP outlining grant requirements will be available on our website www.mih.ohio.gov on March 21, 2022.

The deadline for funding application submission is April 18, 2022.

Minority Health Month 2023

The Ohio Commission on Minority Health announces the availability of the Request For Proposals (RFP) for Minority Health Month 2023.

The RFP outlining grant requirements and prerecorded technical assistance sessions will be available on our website www.mih.ohio.gov on June 13, 2022.

For additional questions contact the Ohio Commission on Minority Health at 77 South High Street, 18th Floor, Columbus, Ohio 43215 (614) 466-4000.

The deadline for funding application submission is July 25, 2022.
We know what matters to you—because it’s what matters to us, too.

That’s why our Medicaid plan is built for members’ whole health—from family and community life to preventive care and behavioral health. And that’s also why we support the Ohio Commission on Minority Health.

Learn more at Humana.com/HealthyOhio.

Humana Healthy Horizons™ in Ohio
Humana Healthy Horizons in Ohio is a Medicaid Product of Humana Health Plan of Ohio, Inc.
GHHLBZSEN_OHMMH
Proud to support the Ohio Commission on Minority Health 2022 Virtual Minority Health Month Kickoff and Awards Ceremony.

Care that lasts a lifetime.

Life is about making connections. Parents, siblings, friends, a spouse, and, yes, even a health system.

Begin your connection today at promedica.org.

Proud to support the Ohio Commission on Minority Health 2022 Virtual Minority Health Month Kickoff and Awards Ceremony.
Every April, the HHS Office of Minority Health (OMH) observes National Minority Health Month to highlight the importance of improving the health of racial and ethnic minorities and reducing health disparities.

OMH is proud to announce the theme for National Minority Health Month 2022:

**Give Your Community a Boost!**

Experiences with racism and discrimination can contribute to mistrust of the healthcare system among racial and ethnic minority groups, leading to mistrust of factual information on vaccines and boosters.

Because of this, the **Give Your Community a Boost!** theme also supports the U.S. Surgeon General’s recommendations on combating COVID-19 and vaccine misinformation at the individual, community, and organizational levels.

This year’s theme focuses on the continued importance of COVID-19 vaccination, including boosters, as one of the strongest tools we have to end the COVID-19 pandemic that has disproportionately affected communities of color.
The Ohio Commission on Minority Health

Good Health Begins With You!®

77 S. High Street, 18th Floor
Columbus, Ohio  43215
Telephone: (614) 466-4000
Fax: (614) 752-9049
Website: www.mih.ohio.gov
Email: minhealth@mih.ohio.gov

Like us on Facebook @ OCMH1987
Follow us on LinkedIn @
Ohio Commission on Minority Health